

Intertrust Athletics Games Timetable 16th July 2016



Intertrust
* 52
ATHLETICS
GAMES

Time	Track	Field	QuadKids
13:00	Sprint hurdles	Triple Jump	Long Jump / Howler
13:20	400m		
13:45	1500m (men plus juniors)	Long Jump	Long Jump / Howler (rotation)
14:10	Mile (women plus juniors*)		
14:45		High Jump / Women & Junior Javelin	Sprints
15:30	100m round 1 (Elite)		
15:45		Men's Javelin (Elite)	
16:00			Endurance
16:45	100m final (Elite)		

QuadKids detailed timetable

13:00	U9 / U11 Boys Howler	Javelin throw area
	U9 / U11 Girls Long Jump	"Green area" Long Jump
	U7 combined group Howler	High Jump end of infield
13:45	U9 / U11 Girls Howler	Javelin throw area
	U9 / U11 Boys Long Jump	"Green area" Long Jump
	U7 combined group Long jump	"Green area" Long Jump
14:45	Under 7 boys sprints	50m
	Under 7 girls sprints	50m
14:55	Under 9 boys sprints	50m
	Under 9 girls sprints	50m
15:05	Under 11 boys sprints	75m
	Under 11 girls sprints	75m
16:00	Under 7 boys endurance	300m
16:05	Under 7 girls endurance	300m
16:10	Under 9 boys endurance	400m
16:15	Under 9 girls endurance	400m
16:20	Under 11 boys endurance	600m
16:25	Under 11 girls endurance race one	600m
16:30	Under 11 girls endurance race two (if needed)	600m