

Guernsey Athletics Coach/Athlete Structure 2018

Performance	<p>Dale Garland</p> <p>400m hurdles (400m)</p> <p>Field events in consultation with ADO on athlete-centred basis</p>		<p>Tom Druce</p> <p><i>Athletics Development Officer (ADO)</i></p> <p><i>Coach/Athlete Structure co-ordinator</i></p> <p>Sprints</p>		<p>Lee Merrien</p> <p>Middle Distance/ Long Distance in consultation with ADO on athlete- centred basis</p>	<p>Alan Rowe</p> <p>Middle Distance Long Distance (including non- performance seniors)</p> <p>Assisted by Paul Ingrouille and Chris O'Neil (both of whom may assist other endurance groups)</p>
Development	<p>Sara Queripel & Lydia Banbury</p>	<p>Dave Legg</p> <p>Long Jump Triple Jump</p>	<p>Nick Marley</p> <p><i>Junior T&F section Director</i></p> <p>Sprint Hurdles (Sprints)</p>	<p>Josh Allaway</p> <p>Assisted by Nicola Steele- Moore & Bob Gallagher</p> <p>Sprints</p>	<p>Alun Williams</p> <p>Middle Distance</p>	<p>J-P Bisson</p> <p>Running Fitness/ Middle Distance</p>
Foundation	<p>Throws</p>	<p>Steve Allaway</p> <p>Long Jump High Jump (Sprints)</p>	<p>Tracey Dowinton</p> <p>Sprint Hurdles</p>	<p>Dave Walley</p> <p><i>Foundation section – Power athletes training co- ordinator</i></p> <p>Sprints</p>	<p>Matt Mason</p> <p><i>Foundation section – Endurance athletes training co-ordinator</i></p> <p>Middle Distance</p>	