

## 2017 Intertrust Track & Field Challenge

Intertrust T&F Challenge 1 - Sun 30th April	Time	Intertrust T&F Challenge 2 - Sun 21st May	Time
400m Hurdles	10:30	Sprint Hurdles	10:30
300m Hurdles	10:35	100m (round 1)	10:45
200m	10:50	400m	11:10
800m	11:10	300m	11:25
100m (non-scoring)	11:45	1 <i>5</i> 00m	11:40
3,000m / 5,000m	12:00	100m (round 2)	12:10
Long Jump	10:30	Shot Putt	10:30
Javelin	11:00	Long Jump	11:00
High Jump	11:45	Discus	11:30
Discus	11:45		
Intertrust T&F Challenge 3 - Sun 16th July	Time	Intertrust T&F Challenge 4 - Sun 6th August	Time
Sprint Hurdles	10:30	100m	10:30
200m	10:50	400m Hurdles	10:55
1 <i>5</i> 00m	11:15	300m Hurdles	11:05
100m (non-scoring)	11:45	800m	11:20
•		200m	11:45
Long Jump	10:30	5,000m	12:10
Javelin .	10:45		
High Jump	11:30	Shot Putt	10:30
,		Discus	11:15
		Triple Jump	11:00
Intertrust T&F Challenge Final - Sun 3rd September	Time	·	
Sprint Hurdles	10:30	For 2017 there will be no series season tickets.	
100m (round 1)	10:45	Per meeting, the cost to compete will be £5 first event,	
400m	11:10	then £2 per additional event. (Same as 2016)	
300m	11:20		
800m	11:30	constitutes one "event").	
100m (round 2)	12:00	Entry is on-the-day only and athletes must arrive at least	
10,000m	12:20	60mins before the scheduled start time of their event	
Long Jump	10:30	Athletes are only eligible to run 2nd round of 100m if:	
Shot Putt	10:45	- They have competed in round 1	
Javelin	11:30	- They have competed in another track event	
High Jump	12:00	- They have competed in a field event which directly	
Triple Jump	12:15	clashed with round 1 of the 100m	
•		Athletes must be clear when filling in their entry sli whether they are entering 1st round, 2nd round or b	

Further rules regarding the series, including points scoring, will be available online and in the club-room during the meetings