GIAAC
Liberation Day 7m Road Race
9th May 2015
Grandes Rocques-South Side

| pos | Name | Cat | Time |
|---|---|---|---|
| 1 | Jason James | M | 39.40 |
| 2 | Peter Amy | M | 39.46 |
| 3 | Carl Holden | M | 41.58 |
| 4 | Tom Shaw | M | 42.20 |
| 5 | Jim De Garis | M | 42.50 |
| 6 | Tristan Robilliard | M | 42.53 |
| 7 | Sean Galpin | M50 | 42.54 |
| 8 | Steve Bienvenu | M | 43.17 |
| 9 | Clint King | M | 43.18 |
| 10 | Rebecca Le Maitre | W | 44.03 |
| 11 | Fabio Teles | M | 44.05 |
| 12 | Stuart Le Noury | M | 44.25 |
| 13 | Luke Richards | M | 44.31 |
| 14 | Robert Cornelius | M40 | 44.38 |
| 15 | Jerym Brunton | M40 | 45.49 |
| 16 | David Gibson | M | 45.55 |
| 17 | Colin Jeffreys | M | 46.00 |
| 18 | Dominic Heaume | M | 46.35 |
| 19 | Sam Cooper | M | 46.52 |
| 20 | Ben Hall | M | 46.59 |
| 21 | Matt Wadley | M | 47.16 |
| 22 | Ben Foote | M | 47.20 |
| 23 | Mat Le Huray | M40 | 47.23 |
| 24 | Rich Hann | M | 47.40 |
| 25 | Ben Saul | M | 47.44 |
| 26 | Piers Mitchell | M | 47.49 |
| 27 | Craig Le Lerre | M | 48.13 |
| 28 | Adam Dorey | M | 48.45 |
| 29 | Ryan Martin | M | 48.46 |
| 30 | Tom Heenan | M | 49.07 |
| 31 | Michael Way | M40 | 49.14 |
| 32 | Ian Ozanne | M50 | 49.31 |
| 33 | Paul Davies | M50 | 49.51 |
| 34 | Stuart Donur | M40 | 50.05 |
| 35 | Matt Robilliard | M | 50.10 |
| 36 | Chris Dorey | M50 | 50.34 |
| 37 | Steve Smith | M40 | 50.39 |
| 38 | Matt Le Tissier | M | 50.41 |
| 39 | Nigel Le Tissier | M60 | 50.43 |
| 40 | Mel Nicolle | W | 50.54 |
| 41 | Andy Burton | M | 51.11 |
| 42 | Emma Beardsell | W40 | 51.33 |
| 43 | Sean Collins | M50 | 51.36 |
| 44 | Guillaume Saunal | M | 51.39 |
| 45 | Vanessa Rodrigues | W | 52.13 |
| 46 | Richard Angliss | M | 52.19 |
| 47 | Kristin Dowling | W | 52.31 |
| 48 | Lee Dodd | M | 52.35 |
| 49 | Martyn Gaudion | M | 52.38 |
| 50 | Jordan Smith | M | 52.39 |
| 51 | Caroline Creed | W40 | 52.44 |
| 52 | Gareth Ashmead | M50 | 53.35 |
| 53 | Mary Lisle | W | 53.40 |
| 54 | Danielle Gavet | W | 53.40 |

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|---|---|---|---|
| 55 | Stuart Mauger | M40 | 53.56 |
| 56 | Robbie Shankland | M40 | 54.12 |
| 57 | Javan Isabelle | M40 | 54.45 |
| 58 | Carly McIvir | W | 54.48 |
| 59 | Andrew Le Poidevin | M | 54.54 |
| 60 | Amy Hughes | W | 55.12 |
| 61 | Briony Downes | W | 55.12 |
| 62 | Matt Hobbs | M40 | 55.52 |
| 63 | Abbie Swain | W | 55.53 |
| 64 | Robbie Le Messurier | M | 55.55 |
| 65 | Darren Holden | M | 56.16 |
| 66 | Janine Tolcher | W50 | 56.45 |
| 67 | Michelle Slinn | W40 | 57.04 |
| 68 | Marta Vila | W40 | 57.06 |
| 69 | Deborah Durham | W40 | 57.13 |
| 70 | Brian Holden | M60 | 57.26 |
| 71 | Kevin Le Noury | M50 | 57.47 |
| 72 | Ali Gavey | W40 | 57.56 |
| 73 | Mahesh Venkat | M40 | 58.40 |
| 74 | Ali Lihou | W | 58.42 |
| 75 | Nadine Vermeulen | W | 58.55 |
| 76 | Martin Dean | M | 58.14 |
| 77 | Dave Trow | M50 | 58.18 |
| 78 | Richard Walker | M40 | 58.26 |
| 79 | Clive Drydale | M40 | 58.26 |
| 80 | Kate Trow | W40 | 59.48 |
| 81 | Charlotte Ozanne | W50 | 59.56 |
| 82 | Darren Bourgaize | M40 | 59.58 |
| 83 | Sharon Finn-Davey | W40 | 60.02 |
| 84 | Noemmi Gyenes | W | 60.42 |
| 85 | Ian Bloese | M60 | 60.44 |
| 86 | Kate Solway | W | 60.59 |
| 87 | Berni Gilman | W40 | 61.12 |
| 88 | Cath Birnie | W50 | 61.39 |
| 89 | Richard Tostevin | M50 | 62.08 |
| 90 | Alun Williams | M50 | 63.37 |
| 91 | Matthieu Fuscien | M | 63.55 |
| 92 | Catherine Sinclair-Stott | W50 | 64.27 |
| 93 | Wendy Ensink | W40 | 64.27 |
| 94 | Paul Sheward | M40 | 64.53 |
| 95 | Rosie Williams | W | 64.54 |
| 96 | Bex Whitmore | W | 65.16 |
| 97 | Ray Scholes | M70 | 65.19 |
| 98 | Nikki Scott | W40 | 65.21 |
| 99 | Chris Ringham | M50 | 65.52 |
| 100 | Steph Lambourne | W | 66.02 |
| 101 | Paul Devonshire | M50 | 66.32 |
| 102 | Charlotte Dunsterville | W40 | 66.35 |
| 103 | Sam Ingrouille | W40 | 66.37 |
| 104 | Debbie Crosland | W50 | 66.50 |
| 105 | Gill Quigley | W50 | 67.09 |
| 106 | Ruth Whitton | W40 | 67.11 |
| 107 | Terry Harnden | M50 | 67.45 |
| 108 | Paul James | M40 | 67.49 |
| 109 | Pauline Smith | W | 67.52 |
| 110 | Peter McGovern | M50 | 69.46 |
| 111 | Helen Heenan | W | 70.33 |
| 112 | V Smith | M60 | 72.07 |
| 113 | Irma Pretorius | W | 75.34 |
| 114 | Sean Gieseke | M | 75.34 |
| 115 | Adrien Gayral | M | 76.48 |
| 116 | Heleise Humpers | W | 78.43 |
| 117 | Thaakirah Fredricks | W | 83.51 |
| | | | 0.00 |

10k - Official Times

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|---|---|---|---|
| 1 | Jason James | M | 35.06 |
| 2 | Peter Amy | M | 35.09 |
| 3 | Carl Holden | M | 36.58 |
| 4 | Tom Shaw | M | 37.22 |
| 5 | Sean Galpin | M50 | 37.55 |
| 6 | Jim De Garis | M | 37.59 |
| 7 | Tristan Robilliard | M | 38.09 |

| | | | |
|---|---|---|---|
| 1 | Rebecca Le Maitre | W | 38.40 |
| 2 | Mel Nicolle | W | 42.56 |
| 3 | Emma Beardsell | W40 | 45.37 |
| 4 | Vanessa Rodrigues | W | 45.59 |
| 5 | Kristin Dowling | W | 46.32 |
| 6 | Caroline Creed | W40 | 46.46 |