

AGE GRADED RESULTS

Name	MF	age	Time	ag %
1 Julie Lawlor	F	72	52.29	88.38
2 Lee Merrien	M	37	32.31	83.65
3 Sean Galpin	M	52	37.54	80.61
4 Simon Ingrouille	M	47	37.40	77.79
5 Laura McCarthy	F	32	39.58	75.98
6 Jos Ensink	M	52	40.35	75.28
7 Adrian Lihou	M	46	38.53	74.75
8 James De Garis	M	38	36.36	74.73
9 Warwick Helps	M	41	37.40	74.16
10 Louise Smith	F	38	42.39	72.45
11 Chris Dorey	M	61	45.51	72.19
12 Mel Nicolle	F	33	42.54	70.90
13 Aivis Kergalvis	M	31	38.00	70.35
14 Ian Bloese	M	70	51.55	69.63
15 Fabio Teles	M	28	38.35	69.24
16 Shane de Jersey	M	47	43.08	67.93
17 Jacques Mc Eneaney	M	30	40.17	66.32
18 Jason Carre	M	46	43.57	66.14
19 Lan Nguyen	F	37	46.37	66.00
20 Nick Mann	M	36	41.16	65.59
21 Craig Allen	M	43	43.16	65.56
22 Magda Puzio	F	36	46.51	65.42
23 Rob Cornelius	M	44	43.56	65.10
24 Vicly Carre	F	40	48.24	64.53
25 Jon Shaw	M	46	45.09	64.38
26 Rachel Horne	F	26	47.07	64.38
27 Martyn Gaudion	M	50	47.00	63.94
28 Philip Smith	M	37	42.39	63.77
29 Laura Quayle	F	36	48.14	63.55
30 Danny Blake	M	40	43.41	63.45
31 Jon Press	M	38	43.11	63.33
32 Vanessa Rodrigues	F	29	48.14	62.89
33 Richard Angliss	M	27	42.48	62.42
34 Adam Skinner	M	30	43.22	61.61
35 Tony Rowe	M	66	56.29	61.46
36 Sarah Holland	F	38	50.40	60.99
37 Dave Hockey	M	45	47.17	60.98
38 Angela Waters	F	55	59.59	60.74
39 Javan Isabelle	M	42	46.30	60.54
40 Danielle Gavet	F	28	50.11	60.45
41 Chloe Woods	F	22	50.11	60.45
42 Julie Chester	F	45	53.41	60.45
43 Laura Guilbert	F	32	50.22	60.29
44 Rob Toms	M	48	49.23	59.84
45 Pippa Appleton	F	44	54.13	59.30
46 Jeanne Svejstrup	F	43	53.59	59.06
47 Ray Scholes	M	72	63.52	58.01
48 Sam Ingrouille	F	50	59.22	57.72
49 Terry Ashworth	M	61	57.23	57.68
50 Chris Northey	M	26	46.26	57.54

51	John Tomlin	M	43	49.19	57.52
52	Wendy Ensink	F	49	58.54	57.50
53	Rick Mann	M	65	60.45	56.60
54	Rosie Williams	F	25	53.38	56.56
55	Marta Patna	F	28	53.43	56.47
56	Chris James	M	32	47.35	56.25
57	Ross Le Brun	M	38	48.45	56.10
58	Edward Bluett	M	34	48.06	55.89
59	Alun Williams	M	58	57.47	55.73
60	Tony King	M	48	53.18	55.44
61	Darren du Jardin	M	32	48.21	55.36
62	Tonderh Kahum	M	30	48.31	55.07
63	Terry Harnden	M	58	59.16	54.33
64	Debbie Crosland	F	61	61.04	54.20
65	Karen Wood	F	45	59.59	54.10
66	Chantelle Le Cheminant	F	34	56.31	53.91
67	Andrew Le Poidevin	M	32	50.45	52.74
68	Brian Vhiviri	M	30	51.15	52.13
69	Tess Murphy	F	28	59.04	51.35
70	Hannah Williams	F	30	59.04	51.35
71	Itayi Chibaya	M	30	52.08	51.25
72	Steve Wilson	M	24	52.54	50.50
73	Paul James	M	43	56.45	49.99
74	Tom Forman	M	33	54.02	49.60
75	Brady Lesbirel	M	26	54.14	49.26
76	Ruth Whitton	F	47	67.43	48.88
77	David Reed	M	32	56.02	47.77
78	Geoff Scrambler	M	32	56.02	47.77
79	Beverley Falla	F	33	67.42	44.93
80	Steph Black	F	26	74.28	44.45
81	David Buddery	M	33	71.25	37.53