

10,000m Results
Sunday 30th September 2018

Position	Bib No.	Event Name		Club/Affiliation	Age	Time
		Surname	First Name			
		10,000m				
1	309	Perrio	Louise	Guernsey	W	36:35.71
2	161	Ingrouille	Jamie	Guernsey	M	37:18.02
3	136	Gillman	Chris	Guernsey	M	37:24.01
4	246	Galpin	Sean	Guernsey	M50	37:47.04
5	114	Lihou	Adrian	Guernsey	M45	38:07.11
6	372	Travers	James	Guernsey	M	38:12.11
7	370	Bell	Gareth	Guernsey	M40	38:21.96
8	371	Bodkin	Will	Guernsey	M	38:38.70
9	8	Coffey	George	Guernsey	U20M	39:45.75
10	337	Blake	Danny	Guernsey	M40	40:59.23
11	134	Way	Michael	Guernsey	M45	43:40.64
DNF	262	Quayle	Laura	Guernsey	W	