



The Fort Group
Summer Series
5k in the Park
07 June 2018

Result

Pos	Name	Cat	Time
1	Alex Rowe	U20M	0:16.30
2	Dan Galpin	U23M	0:16.31
3	Peter Amy	SM	0:16.40
4	James de Garis	SM	0:16.57
5	Carl Holden	SM	0:17.05
6	James Gower	V40	0:17.06
7	Chris Way	U23M	0:17.35
8	Joe Yeaman	U20M	0:17.38
9	Rich Hann	SM	0:17.39
10	Sammy Galpin	U20M	0:17.43
11	Simon Ingrouille	V40	0:17.44
12	Louise Perrio	VW35	0:17.47
13	Isaac Powers	U17B	0:17.56
14	Adrian Lihou	V40	0:18.03
15	Colin Jeffreys	SM	0:18.08
16	Ben Foote	SM	0:18.15
17	Tom Shaw	SM	0:18.17
18	Gareth Bell	V40	0:18.20
19	Fabio Telles	SM	0:18.26
20	Ian Scholes	V40	0:18.29
21	Nick Mann	SM	0:18.30
22	Andy Hatton	SM	0:18.31
23	Pete Le Prevost	SM	0:18.55
24	Andrew McArthur	SM	0:18.56
25	Steve Manklow	V40	0:19.00
26	Danny Blake	V40	0:19.15
27	James Littlewood	V40	0:19.27
28	Ethan Woodhead	U17B	0:19.32
29	Tom Nichols	SM	0:19.33
30	Mikey Ingrouille	U17B	0:19.48
31	David Woodhead	V40	0:19.51
32	Anton Goovaerts	U17B	0:20.05
33	Dan Golding	SM	0:20.10
34	Michael Way	V40	0:20.53
35	Ian Merrien	V40	0:20.56
36	Craig Allen	V40	0:21.14
37	Chris O'Neill	V60	0:21.20
38	Magda Puzio	VW35	0:21.20
39	Laura Quayle	VW35	0:21.23
40	Rio Gaudion	U15B	0:21.28
41	Shane Gaudion	V40	0:21.29
42	Jason Connolly	V40	0:22.08
43	Helene Herve	SW	0:22.10
44	Abbie Swain	SW	0:22.45
45	Richards Gibbons	SM	0:22.50
46	Brett Bewey	V40	0:23.12
47	Gina Rowe	VW45	0:23.25
48	Sarah Dorey	SW	0:23.26
49	Ruari Harnden	SM	0:23.33
50	Paul Ferbrache	V50	0:23.36
51	Rosie Williams	SW	0:23.39
52	Amber Helps	VW35	0:24.06

53 Jez Le Tissier	V50	0:24.17
54 Mike Brehaut	V40	0:24.51
55 Paul James	V40	0:25.35
56 Derek Gilman	V40	0:26.22
57 Lauren Paul	SW	0:26.37
58 Terry Harnden	V60	0:26.56
59 Sam Ingrouille	VW45	0:27.12
60 Berni Gilman	VW45	0:27.36
61 Tess Murphy	SW	0:28.26
62 Vicki Le Poidevin	SW	0:29.30
63 Kelly Gaudion	VW35	0:29.32
64 Sammy Falla	SW	0:29.42
65 Grace Thoumine	SW	0:29.44
66 Julia Dando	VW55	0:29.56

