

1	Ryan Burling	MSEN	Gsy AC	15.15	61	Nikki Neal	FV45	Gsy AC	19.49
2	Richard Bartram	MU20	Gsy AC	16.12	62	Anton Goovaerts	MU17	Gsy AC	19.51
3	Dan Galpin	MU20	Gsy AC	16.13	63	Chris Ledgard	MV45	Grt Western Runners	19.55
4	James Griggs	MSEN	Coventry Godiva	16.15	64	David Woodhead	MV45		20.02
5	Alex Rowe	MU20	Gsy AC	16.19	65	William Mason	MV40		20.06
6	Eleanor Davis	FSEN	Bristol & West	16.29	66	Adam Skinner	MSEN		20.07
7	James Priest	MSEN	Gsy AC	16.37	67	Jason Carre	MV45		20.13
8	David Holmes	MV35	Jersey Tri Club	16.46	68	Mathew Le Huray	MV40		20.15
9	James De Garis	MV35	Gsy AC	16.52	69	Jos Ensink	MV50	Gsy AC	20.20
10	Tom Shaw	MSEN	Gsy AC	16.59	70	Ryan Moroney	MU13	Gsy AC	20.22
11	Adam O'Hara	MV35	City of Portsmouth	17.10	71	Katie Rowe	FU20	Gsy AC	20.22
12	Sammy Galpin	MU20	Gsy AC	17.29	72	David Keogh	MV50	Somer AC	20.24
13	Chris Bain	MU15	Gsy AC	17.30	73	Ryan De Jersey	MSEN		20.25
14	Isaac Powers	MU17	Gsy AC	17.34	74	Katie King	FSEN	St Edmunds Pacers	20.26
15	Sam Lesley	MSEN	Gsy AC	17.41	75	Hary Tough	MU15		20.29
16	Louise Perio	FV35	Gsy AC	17.43	76	Richard Stapley	MV50	Gsy AC	20.31
17	Simon Ingrouille	MV45	Gsy AC	17.44	77	Michael Way	MV45	Gsy AC	20.33
18	Ross Stevenson	MV35		17.46	78	Craig Allen	MV40	Gsy AC	20.37
19	Richard Batchelor	MV40	Aldershot F&D	17.49	79	Sabrina Amy	FV35		20.38
20	James Body	MSEN		17.53	80	Alice Loveridge	FSEN	Gsy AC	20.39
21	Adrian Lihou	MV45	Gsy AC	17.55	81	Christopher Oneill	MV60	Gsy AC	20.43
22	Marc Guille	MV35		17.59	82	Mark Goodison	MV55		20.45
23	Warwick Helps	MV40	Gsy AC	18.01	83	Toby Grice	MV45	Gsy AC	20.45
24	Jamie Ingrouille	MSEN	Gsy AC	18.04	84	Steve Smith	MV45	Gsy Tri Club	20.47
25	Sean Galpin	MV50	Gsy AC	18.06	85	Zara Hyde Peters	FV55	Coventry Godiva	20.48
26	Jenny James	FV35	Gsy AC	18.07	86	Steve Sarre	MV35	Gsy AC	20.52
27	Zippy Grice	M V40	Aldershot F&D	18.13	87	Melanie Nicolle	FSEN	Gsy AC	20.53
28	Nick Mann	MV35	Gsy AC	18.16	88	Nicola Holmes	FV35	Jersey Tri Club	20.54
29	Charlie Thompson	MSEN		18.29	89	Annabel Matthews-smi	FSEN		20.54
30	Paul Soby	MV45	Plymstock	18.31	90	Andrew Jeanne	MSEN		20.55
31	James Travers	MSEN	Gsy Tri Club	18.33	91	Vail Ringham	MSEN		20.55
32	Maisie Grice	FU20	Aldershot F&D	18.33	92	Elaine Graham	FV40	Gsy AC	20.57
33	Ryan Whatling	MSEN	City of Portsmouth	18.39	93	Guenter Raderschadt	MV50		21.11
34	Will Candy	MSEN		18.40	94	Dan Golding	MSEN		21.12
35	Paul Bleach	MV50	City of Portsmouth	18.42	95	Richard Davis	MV45		21.14
36	Ben Foote	MSEN	Gsy AC	18.43	96	Kate Bain	FU13	Gsy AC	21.15
37	Steve Mccracken	MSEN		18.44	97	Robert Gregson	MV50	Gsy AC	21.18
38	George Coffey	MU20	Gsy AC	18.46	98	Gian-Luca Robilliard	MU13	Gsy AC	21.20
39	Andrew Mcarthur	MSEN	Gsy AC	18.47	99	Steve Roussel	MV50		21.20
40	Adam Thoumine	MSEN		18.49	100	Andrew Zabiela	MSEN		21.21
41	Adam Grogan	MSEN		18.50	101	Laura Quayle	FV35	Gsy AC	21.33
42	Mark Tetlow	M SEN		18.50	102	Chantal Green	FSEN	Gsy AC	21.33
43	Jason James	MSEN	Gsy AC	18.52	103	Pippa Inderwick	FSEN		21.35
44	David Mosley	MSEN		18.53	104	Robert Mills	MV60	Sparkhill Harriers	21.36
45	Adam Dorey	MSEN		18.54	105	Matthew Tardivel	MSEN		21.38
46	Will Thompson	MU20		18.58	106	Daren Lewin	MV40	Gsy AC	21.43
47	Dave Hockey	MV45	Gsy AC	18.59	107	Toby Mann	MSEN		21.45
48	Sam Cooper	MSEN		19.03	108	Hugo Thompson	MU20		21.50
49	Mia Billins	FU17	City of Portsmouth	19.09	109	Andrew Le Poidevin	MSEN		21.56
50	Mark Pizzey	MV45	Gsy AC	19.11	110	Helene Herve	FSEN	Gsy AC	21.58
51	Summer Woodhead	FU13	Gsy AC	19.14	111	Matty Lovell	MV40	Gsy AC	21.59
52	Steve Manklow	MV40		19.21	112	Ross Le Brun	MV35		22.12
53	Danny Blake	MV40	Gsy AC	19.24	113	Abbie Swain	FSEN		22.19
54	Mikey Ingrouille	MU17	Gsy AC	19.26	114	Brett Bewey	MV35	Gsy AC	22.23
55	Paul Hewitt	MV40	Worthing	19.27	115	Gemma Le Sauvage	FV35	Gsy AC	22.28
56	Peter Holmes	MU17	Jersey Tri Club	19.28	116	Jonathan Dorey	MV55		22.32
57	Tom Davies	MV55		19.29	117	Paul Evans	MV45		22.33
58	Peter Bird	MV40	St Edmunds Pacers	19.30	118	William Shaw	MU13		22.34
59	Tom Nichols	MSEN	Gsy AC	19.33	119	Steven Rue	MV65	St Edmunds Pacers	22.36
60	Jonathan Shaw	MV45		19.48	120	Matt Mason	MV45	Gsy AC	22.40

121	Glenn Gallienne	MV45	Gsy AC	22.42	181	Ruairi Hamden	MSEN	26.04	
122	Shaun Goodwin	MV50		22.44	182	Michelle Bewey	FV50	26.08	
123	Gina Rowe	FV50	Gsy AC	22.47	183	Rowena Homan	FV55	26.15	
124	Iryna Scanlan	FV35		22.48	184	Rita Rue	FV55	St Edmunds Pacers	26.18
125	Mike Brehaut	MV45		23.01	185	Sarah Earles	FSEN	26.23	
126	Peter Jay	MV55	St Edmunds Pacers	23.02	186	Sandra Williams	FV55	26.25	
127	Jonny Ferry	MSEN		23.04	187	Zara Torode	FV35	26.30	
128	Tim Gilchrist	MV35		23.08	188	Ros Jinks	FV55	26.38	
129	Chris Dorey	MV60	Gsy AC	23.11	189	Claire Hackney	FV45	26.40	
130	Emily Le Prevost	FSEN		23.15	190	Andy Wright	MV65	26.45	
131	Jenny Morgan	FV60	St Edmunds Pacers	23.17	191	Gordan Frane	MV50	26.48	
132	Mark Palfrey	MV50		23.18	192	Heather Rose	FSEN	26.59	
133	Robert Morgan	MV55	St Edmunds Pacers	23.21	193	Julie Palmer	FV40	27.02	
134	Larry Hughes	MV55		23.23	194	Tracy Hubert	FV35	27.02	
135	Eloise Bird	FV50	St Edmunds Pacers	23.24	195	Peter McGovern	MV60	27.02	
136	Alison Gavey	FV45	Gsy AC	23.30	196	Catherine Bimie	FV50	Gsy AC	27.08
137	Charlotte Matthew	FU15	Gsy AC	23.34	197	Hannah Williams	FSEN	27.09	
138	Ian Graham	MV70	Boumemouth	23.35	198	Samantha Ingrouille	FV50	Gsy AC	27.10
139	Alison Lihou	FV40	Gsy AC	23.40	199	Rachel Dallin	FU15	Gsy AC	27.12
140	Melanie King	FV35		23.41	200	Martin Dean	MV40	27.19	
141	Daniel Reoch-brehaut	MV40		23.52	201	Helen Craig	FV50	27.34	
142	Donna Marie Allan	FV40		23.56	202	Tery Hamden	MV55	Gsy AC	27.34
143	Russell Mead	MV50		23.57	203	Bruce Dovey	MV50	27.35	
144	Polly Bibby	FSEN		24.01	204	Wayne Robert	MSEN	27.36	
145	Emma Hardie	FSEN		24.05	205	Katherine Jane	FV35	27.43	
146	Katie Watson	FSEN		24.07	206	David Yetton	MV60	Portsmouth Joggers	27.50
147	Jeanne Svejstrup	FV40	Gsy AC	24.14	207	Robert Burton	MV55	28.03	
148	Ben Duggan	MSEN		24.23	208	Katy Sodeau	FV50	28.16	
149	Jez Le Tissier	MV50		24.25	209	Rick Mann	MV65	28.41	
150	David Reed	MSEN		24.43	210	Laurel Le Tocq	FV35	28.47	
151	Emile Thompson	MSEN		24.45	211	Jules Dinwoodie	FV55	29.11	
152	Kimberley Carre	FSEN		24.45	212	Olga Le Noury	FV35	29.29	
153	Nicola Smith	FV35		24.48	213	Nicola Koyupinar	FV50	29.47	
154	Rachel Bowden	FSEN		24.49	214	David Brooks	MV75	Veterans AC	29.50
155	Collette Watts	FV35		24.59	215	Sophie Gallienne	FU17	Gsy AC	29.57
156	Maggie Marsh	FV50	Portsmouth Joggers	25.04	216	Suzanne Trustum	FV40	30.21	
157	Wayne Topley	MSEN		25.09	217	Corinne Hardie	FV50	30.41	
158	Leah Mauger	FV35		25.09	218	Sophie Williams	FSEN	30.43	
159	Stephanie Clarke	FSEN		25.09	219	Tess Murphy	FSEN	30.43	
160	Nicola Lewis	FSEN		25.11	220	Peter Beckerleg	MV55	Samia Walking Club	31.17
161	Jess Gallienne	FU20	Gsy AC	25.13	221	Chester Homan	MSEN	31.20	
162	Harriet Hamon	FSEN		25.15	222	Daniel King	MSEN	31.31	
163	Claire Allen	FV40	Gsy AC	25.20	223	Ray Scholes	MV70	Gsy AC	31.32
164	Simon Luxon	MV35		25.20	224	Grace Jenkinson	FSEN	32.53	
165	Kevin Le Noury	MV60	Samia Walking Club	25.24	225	Jordan Smith	MSEN	32.55	
166	Caroline Wallbridge	FV35		25.28	226	Hilary Mann	FV55	Sparkhill Harriers	33.09
167	Helen Soby	FV50	Plymstock	25.29	227	Cressida Goodison	FV55	33.28	
168	Sydney Schreimaier	FU15	Gsy AC	25.32	228	Kim Keogh	FV50	Somer AC	33.29
169	Darren Loveridge	MSEN		25.34	229	Claire Jay	FV50	Stowmarket	34.41
170	Brian Holden	MV65	Gsy AC	25.37	230	Charlie Mason	MU15	35.27	
171	Nick Jenkins	MV45		25.37	231	Alistair Jackson	MV70	Veterans AC	35.31
172	Steven Palmer	MV45		25.40	232	Anna Saunders	FSEN	35.51	
173	Julie Sebire	FV40		25.42	233	Emma Cutts	FSEN	35.52	
174	David Parsons	MV65	Boumemouth	25.46	234	Debbie Brouard	FSEN	36.34	
175	Claire Doonan	FSEN		25.51	235	John Moses	MV50	36.47	
176	Graeme Neal	MV50		25.52	236	Clare Parkinson	FV55	36.47	
177	Stuart Le Noury	MSEN	Samia Walking Club	25.53	237	Jessica Brehaut	FV35	37.53	
178	Joanne Du Feu	FV55		25.54	238	Tracey White	FV45	38.20	
179	Nicky Pledger	FV35		25.59	238	Peter Chittenden	MV80	48.49	
180	Chris Harvey	MV40		25.59					

