

Age Graded Result					
Posn	Name	MF	age	Time	AG
1	Julie Lawlor	W70	73	40.59	90.57
2	Ryan Burling	M	23	24.45	86.13
3	Steve Dawes	M	36	25.40	84.54
4	Simon Ingrouille	M40	48	29.40	79.78
5	Chris Travers	M50	56	31.52	79.39
6	Sean Galpin	M50	53	31.05	79.36
7	James De Garis	M	38	27.48	78.90
8	Steve Bienvenu	M	36	27.30	78.85
9	Laura McCarthy	W	33	31.16	77.56
10	Alex Rowe	U20M	18	27.40	77.11
11	James Priest	M	25	27.43	76.91
12	Tom Shaw	M	33	27.52	76.91
13	Rob Gregson	M50	50	32.18	74.51
14	Adrian Lihou	M40	47	31.36	74.31
15	Emily Bookless	W40	41	33.51	74.00
16	Luke Richards	M	30	28.59	73.61
17	Liz Dudin	W	34	33.02	73.56
18	Mark Pizzey	M40	47	32.13	72.89
19	Amy Critchlow	W	38	33.51	72.77
20	Elaine Graham	W40	41	34.48	71.98
21	Gareth Bell	M40	40	31.04	71.62
22	David Woodhead	M40	45	32.20	71.49
23	Richard Stapley	M50	51	34.07	71.13
24	Sammy Galpin	U20M	18	30.01	71.07
25	Sam Lesley	M	23	30.03	70.94
26	Sean Collins	M50	54	35.11	70.72
27	Nick Mann	M	37	31.05	70.13
28	Michael Way	M40	48	33.49	69.99
29	Colin Jeffreys	M	33	30.41	69.85
30	Danny Blake	M40	41	32.16	69.47
31	Alice Loveridge	W	25	34.51	69.44
32	Clint King	M	36	31.17	69.31
33	Paul Hewitt	M40	44	33.11	69.11
34	Paul Moriarty	M	35	31.17	68.99
35	Karen Farman	W40	43	36.51	68.97
36	Ian Bloese	M70	70	41.52	68.79
37	Ali Gavay	W40	49	39.17	68.60
38	Steve Smith	M40	49	34.50	68.52
39	Matt Castle	M	34	31.27	68.36
40	Chris Chalmers	M50	58	37.41	68.33
41	Steve McCracken	M	33	31.30	68.04
42	Ben Foote	M	32	31.33	67.78
43	Richard Hann	M	34	31.50	67.54
44	Jon Shaw	M40	47	32.59	67.46
45	Brian Bougourd	M40	49	35.30	67.23
46	Rob Cornelius	M40	46	34.41	67.18
47	Pete Le Prevost	M	36	32.34	66.58

48	Simon March	M	37	32.45	66.56
49	Mikey Ingrouille	U17M	16	32.44	66.50
50	Craig Allen	M40	44	34.45	66.00
51	Helen Herve	W	31	36.41	65.97
52	Sam Cooper	M	32	32.32	65.73
53	Shane Huxster	M	33	32.40	65.61
54	Richard Wickins	M	32	32.42	65.39
55	Shane De Jersey	M40	40	34.03	65.35
56	Lee Dodd	M40	41	34.18	65.35
57	Amanda Mew	W50	51	42.18	65.21
58	Claire Peach	W	35	37.23	65.18
59	Matt Mason	M40	49	36.53	64.71
60	Gemma Le Sauvage	W	38	38.08	64.60
61	George Nichols	M	24	33.02	64.53
62	Paul Robilliard	M50	56	39.21	64.29
63	Laura Guilbert	W	32	37.44	64.18
64	Vicky Carre	W40	41	39.09	63.98
65	Jeanne Svejstrup	W40	44	40.08	63.83
66	Julie Chester	W40	46	40.55	63.75
67	Quentin Bregg	M	37	34.12	63.74
68	Adam Skinner	M	31	33.32	63.67
69	Toby Mann	M	33	33.47	63.44
70	Rosie Williams	W	26	38.11	63.38
71	Dan Hunter	M40	42	35.39	63.35
72	Ali Lihou	W40	41	39.42	63.10
73	Tom Nichols	M	24	33.48	63.07
74	Katie Lowe	W	35	38.43	62.94
75	Sarah Wright	W40	44	40.49	62.76
76	Alistair Boyce	M40	41	35.55	62.41
77	Rebecca Tostevin	W	31	38.59	62.08
78	James Tipper	M	23	34.28	61.85
79	Shane Toms	M	38	35.31	61.76
80	Julie Sebire	W40	43	41.12	61.69
81	Angela Huettemann	W	28	39.20	61.53
82	Rex Bisson	M40	41	36.38	61.19
83	Jack Crisp	M	31	34.55	61.15
84	Lucy Le Cocq	W	33	39.43	61.06
85	Ray Scholes	M70	73	49.12	60.87
86	Ross Le Brun	M	39	36.17	60.86
87	Sam Ingrouille	W50	50	44.50	60.82
88	Angela Waters	W50	56	49.02	59.72
89	Lisa Ferbrache	W	26	40.47	59.34
90	Rebecca Gregson	W40	46	44.32	58.57
91	Ryan De Jersey	M	34	36.58	58.16
92	Mike Elward	M40	40	38.53	57.22
93	Bob Guilbert	M	35	37.44	57.20
94	Rick Mann	M60	67	48.58	57.05
95	Richard Gibbons	M	31	37.51	56.41
96	Carl Gardner	M	36	38.29	56.34
97	Mike Marks	M	37	38.43	56.31
98	Camilla Smillie	W40	40	44.26	56.04
99	Chris Broad	M	39	39.29	55.93
100	Tim Gilchrist	M	35	38.42	55.77
101	Tom Cutts-Watson	M	39	39.37	55.74
102	Jim Mallett	M	37	39.15	55.54
103	Brett Bewey	M	39	39.59	55.23

104	Matty Lovell	M40	40	40.18	55.21
105	Derek Gilman	M40	49	43.38	54.70
106	Michael Adkins	M	39	40.24	54.66
107	Hannah Williams	W	31	44.45	54.08
108	Alun Williams	M50	58	47.59	53.66
109	Karen Wood	W40	46	48.50	53.41
110	Rob Brehaut	M	Sen	40.31	53.27
111	Will Green	M	36	40.52	53.06
112	Tess Williams	W	29	46.29	52.06
113	Bruce Dovey	M50	50	46.28	51.79
114	Itayi Chibaya	M	31	41.45	51.14
115	Darren Loveridge	M	27	44.21	48.06
116	Jamie McCormack	M	35	48.20	44.66
117	Toby Birch	M50	51	54.22	44.64
	Ed Rocha	M40	40	31.48	TBC