

1	Ryan Burling	MSEN	Gsy AC	31.50	61	Ryan De Jersey	MSEN	43.20
2	Dan Galpin	MU20	Gsy AC	34.04	62	Jonathan Shaw	MV45	43.36
3	Andy van Kints	MSEN	Cheltenham	34.16	63	Elaine Graham	FV40 Gsy AC	43.36
4	Richard Bartram	MU20	Gsy AC	34.30	64	Sabrina Amy	FV35	43.37
5	Eleanor Davis	FSEN	Bristol & West	34.43	65	Mark Goodison	MV55	43.45
6	Matthew Dorian	MV40	Guemsey Tri	34.54	66	Tom Stapley	MU17 Gsy AC	43.54
7	Alex Rowe	MU20	Gsy AC	35.00	67	Mark Naftel	MV50	44.04
8	James Griggs	MSEN	Coventry Godiva	35.12	68	Angus Kirby	MV50	44.07
9	James De Garis	MV35	Gsy AC	35.47	69	Melanie Nicolle	FSEN Gsy AC	44.10
10	David Holmes	MV35	Jersey Tri Club	36.07	70	Steve Smith	MV45 Gsy Tri Club	44.16
11	Tom Shaw	MSEN	Gsy AC	36.11	71	Katie King	FSEN St Edmunds Pacers	44.17
12	Adam O'Hara	MV35	City of Portsmouth	36.16	72	Nicola Holmes	FV35 Jersey Tri Club	44.22
13	George Mason	MSEN	Gsy AC	36.43	73	Michael Way	MV45 Gsy AC	44.23
14	Sammy Galpin	MU20	Gsy AC	37.07	74	Steve Roussel	MV50	44.34
15	James Gower	MV40	Gsy AC	37.17	75	Jordan Smith	MSEN	44.40
16	Louise Perio	FV35	Gsy AC	37.45	76	Annabel Matthews-smi	FSEN Southend	44.49
17	Marc Guille	MV35		37.51	77	Guenter Raderschadt	MV50	44.52
18	Richard Batchelor	MV40	Aldershot F&D	37.53	78	Andrew Jeanne	MSEN	45.00
19	Warwick Helps	MV40	Gsy AC	38.02	79	Ian Puttock	MV45 Worthing	45.11
20	James Body	MSEN		38.03	80	Craig Le Lerre	MV35	45.19
21	Chris Bain	MU15	Gsy AC	38.06	81	Robert Gregson	MV50 Gsy AC	45.22
22	Sean Galpin	MV50	Gsy AC	38.09	82	Andrew Le Poidevin	MSEN	45.27
23	Adrian Lihou	MV45	Gsy AC	38.18	83	Nick Mann	MV35 Gsy AC	45.32
24	Jenny James	FV35	Gsy AC	38.36	84	Jos Ensink	MV50 Gsy AC	45.32
25	James Travers	MSEN	Gsy Tri Club	38.39	85	Robert Mills	MV60 Sparkhill Harriers	45.40
26	Charlie Thompson	MSEN		39.15	86	Dave Watson	MV45	45.52
27	Zippy Grice	M V40	Aldershot F&D	39.18	87	Helene Herve	FSEN Gsy AC	46.12
28	David Mosley	MSEN		39.35	88	Emma Beardsell	FV40 Gsy AC	46.29
29	Steve Mccracken	MSEN		39.42	89	Richard Davis	MV45	46.41
30	Fabio Teles	MSEN		39.45	90	Dave Hockey	MV45 Gsy AC	46.47
31	Peter Holmes	MU17	Jersey Tri Club	39.47	91	Pippa Inderwick	FSEN	46.52
32	Hubert Nicolle	MV45		39.52	92	Richard Davey	MV40	47.00
33	Andrew Mcarthur	MSEN	Gsy AC	39.57	93	Wayne Topley	MSEN	47.04
34	Adam Grogan	MSEN		40.03	94	Matthew Tardivel	MSEN	47.04
35	Sean Murphy	MV40	Gsy Tri Club	40.03	95	Carl Gardiner	MV35	47.06
36	George Coffey	MU20	Gsy AC	40.25	96	Steven Rue	MV65 St Edmunds Pacers	47.14
37	Adam Dorey	MSEN		40.26	97	Ian Graham	MV70 Boumemouth	47.29
38	Maisie Grice	FU20	Aldershot F&D	40.26	98	Matty Lovell	MV40 Gsy AC	47.30
39	Sam Cooper	MSEN		40.39	99	Brett Bewey	MV35 Gsy AC	47.41
40	Mark Pizzey	MV45	Gsy AC	40.49	100	Kate Wilsemith	FSEN	47.55
41	Paul Soby	MV45	Plymstock	40.57	101	Zara Hyde Peters	FV55 Coventry Godiva	48.12
42	Paul Hewitt	MV40	Worthing	41.16	102	David McDermont	MSEN	48.23
43	Nikki Neal	FV45	Gsy AC	41.16	103	Andrew Hockey	MV40	48.26
44	Will Thompson	MU20		41.35	104	Jonathan Dorey	MV55	48.27
45	Andrew Watts	MV40	Gsy AC	42.01	105	Richard Gibbons	FSEN	48.34
46	Tom Nichols	MSEN	Gsy AC	42.04	106	Chris Dorey	MV60 Gsy AC	48.40
47	Mia Billins	FU17	City of Portsmouth	42.10	107	Abbie Swain	FSEN	48.44
48	Ryan Whatling	MSEN	City of Portsmouth	42.13	108	Anna Phillips	FV40 Gsy AC	48.45
49	Tom Davies	MV55		42.14	109	Timothy Hatton	MV55	48.45
50	Mark Tetlow	M SEN		42.23	110	Peter Jay	MV55 St Edmonds Pacers	48.48
51	Dan Hunter	MV40	Gsy AC	42.24	111	Shaun Goodwin	MV50	49.02
52	David Costen	MV40		42.27	112	Paul W Ferbrache	MV55	49.10
53	Peter Bird	MV40	St Edmunds Pacers	42.37	113	Ross Le Brun	MV35	49.16
54	Adam Skinner	MSEN		42.40	114	Robert Morgan	MV55 St Edmunds Pacers	49.16
55	Mathew Le Huray	MV40		42.41	115	Iryna Scanlan	FV35	49.22
56	Robert Comelius	MV45	Gsy AC	42.47	116	Alison Lihou	FV40 Gsy AC	49.23
57	Jason Carre	MV45		42.49	117	Katie Watson	FSEN	49.24
58	David Keogh	MV50	Somer AC	43.00	118	Tony King	MSEN	49.34
59	Richard Stapley	MV50	Gsy AC	43.05	119	Angela Huetteman	FSEN	49.48
60	Alice Loveridge	FSEN	Gsy AC	43.07	120	Matt Mason	MV45 Gsy AC	50.06

121 Emma Hardie	FSEN		50.07	181 Rachael Cumberland-d	FV40		58.03
122 Larry Hughes	MV55		50.12	182 Nicky Pledger	FV35		58.38
123 Tim Gilchrist	MV35		50.18	183 Richard Batchelor	MV40	Aldershot F&D	58.38
124 Jenny Morgan	FV60	St Edmunds Pacers	50.19	184 Heather Rose	FSEN		58.52
125 Elisha Wilson	FSEN		50.23	185 Sandra Treleven	FV45		58.58
126 Alison Gavey	FV45	Gsy AC	50.31	186 Samantha Ingrouille	FV50	Gsy AC	59.03
127 Sarah Kelly	FV45		50.34	187 Helen Craig	FV50		59.14
128 Darren Pipet	MSEN		50.38	188 Jason Bradley	MV45		59.19
129 Donna Marie Allan	FV40		50.54	189 Terry Hamden	MV55	Gsy AC	59.26
130 Jonny Ferry	MSEN		51.16	190 John Inderwick	MV50		59.40
131 Polly Bibby	FSEN		51.21	191 Wayne Robert	MSEN		60.03
132 Renee Hubert	FU20	Gsy AC	51.44	192 Katy Sodeau	FV50		60.15
133 Laura Quayle	FV35	Gsy AC	51.46	193 Martin Dean	MV40		60.21
134 Jeanne Svejstrup	FV40	Gsy AC	51.48	194 Lucy Gosselin	FV45		60.25
135 Ben Duggan	MSEN		51.58	195 Robert Burton	MV55	Plymstock	60.27
136 Eloise Bird	FV50	St Edmunds Pacers	52.01	196 Laurel Le Tocq	FV35		60.45
137 Steve Sheridan	MV40		52.11	197 Jules Dinwoodie	FV55		61.01
138 Julie Sebire	FV40		52.37	198 Rick Mann	MV65		61.07
139 Alicia Brucher	FSEN		52.41	199 David Brooks	MV75	Veterans AC	62.03
140 Russell Mead	MV50		52.52	200 Claire Hackney	FV45		62.32
141 Chloe Looijenga	FV35		52.53	201 Nicola Koyupinar	FV50		63.23
142 Helen Soby	FV50	Plymstock	53.02	202 Corinne Hardie	FV50		63.48
143 Rebecca Loveridge	FSEN		53.06	203 Peter Beckerleg	MV55	Samia Walking Club	64.51
144 Darren Loveridge	MSEN		53.09	204 Jamie McCormack	MV45		65.06
145 James Robert	MU20		53.20	205 Ray Scholes	MV70	Gsy AC	66.08
146 Emile Thompson	MSEN		53.23	206 Alison Matthew	FV45		66.34
147 Simon Luxon	MV35		53.41	207 Hilary Mann	FV55	Sparkhill Harriers	68.11
148 Kevin Le Noury	MV60	Samia Walking Club	53.44	208 Kim Keogh	FV50	Somer AC	70.06
149 Stephanie Clarke	FSEN		53.56	209 Toby Birch	MV50		74.04
150 Graeme Neal	MV50		54.04	210 Claire Jay	FV50	Stowmarket	74.57
151 Michelle Bewey	FV50		54.06	211 Alistair Jackson	MV70	Veterans AC	1hr 28:43
152 Stuart Le Noury	MSEN	Samia Walking Club	54.19	212 Peter Chittenden	MV80		1hr 59:35
153 David Parsons	MV65	Boumemouth	54.30				
154 Sandra Williams	FV55		54.36				
155 Nicola Smith	FV35		54.54				
156 Maggie Marsh	FV50	Portsmouth Joggers	55.09				
157 Polly Thompson	FSEN		55.13				
158 Gordan Frane	MV50		55.22				
159 Brian Holden	MV65	Gsy AC	55.23				
160 Joanne Du Feu	FV55		55.27				
161 George Smitherham	MSEN		55.42				
162 Philip Kiddy	MV35		55.44				
163 Emma Wilkins	FSEN		55.58				
164 Rowena Homan	FV55		56.00				
165 Rita Rue	FV55	St Edmunds Pacers	56.01				
166 Zara Torode	FV35		56.07				
167 Catherine Bimie	FV50	Gsy AC	56.10				
168 Ruairi Hamden	MSEN		56.31				
169 Ros Jinks	FV55		56.36				
170 David Druce	MV45		56.56				
171 Catherine Sinclair-stott	FV50		56.57				
172 Ellie Cooper	FSEN		57.09				
173 Debbie Barton	FSEN		57.16				
174 Kerry Marley	FV40		57.16				
175 Rachie McCutcheon	FV45		57.17				
176 Lisa Le Page	FSEN		57.25				
177 Mark Stockreiter	MV40		57.25				
178 Vicki Joyce	FV45	Gsy AC	57.27				
179 Lisa Evans	FV45		57.30				
180 Nick Jenkins	MV45		57.40				

