

## Guernsey Women's Athletics Ranking lists 2018

2019 Island Games standards shown - window opened Jan 1st 2018

### 100 Women Overall 2018

1	12.44	Indi Gallagher	U20	Guernsey	St. Peter Port	19-Jul-18
2	12.46	Hannah Lesbirel	U23	Guernsey	St. Peter Port	16-Aug-18
3	12.49	Jasmine Norman	U20	Guernsey	St. Peter Port	29-Apr-18
4	12.50	Abigail Galpin	U20	Guernsey	Lee Valley	18-Jul-18
5	12.63	Amelia Lees	U17	Guernsey	St. Peter Port	23-Jun-18
6	12.70	Vicky Mann	U20	Guernsey	St. Peter Port	23-Jun-18
12.80 Island Games A std						
7	12.93	Hannah Barrett	U20	Guernsey	St. Peter Port	29-Apr-18
8	13.16	Rhiannon Dowinton	U17	Guernsey	St. Peter Port	19-Jul-18
13.20 Island Games Development std						
9	13.34	Sofia Mella	U17	Guernsey	St. Peter Port	23-Jun-18
10	13.48	Sara Marley	U20	Guernsey	St. Peter Port	29-Apr-18
11	13.57	Caitlin Jackson	U15	Guernsey	St. Peter Port	19-Jul-18
12	13.73	Amy Dallamore	U20	Guernsey	St. Peter Port	26-Jul-18
13	13.91	Megan Lilley	U15	Guernsey	St. Peter Port	23-Jun-18
14	13.95	Amelia Hart	U15	Guernsey	Portsmouth	12-May-18
15	13.97	Macy Ozard	U13	Guernsey	Portsmouth	12-May-18

### 200 Women Overall 2018

1	25.22	Indi Gallagher	U20	Guernsey	St. Peter Port	08-Jul-18
2	25.26	Abigail Galpin	U20	Guernsey	St. Peter Port	08-Jul-18
3	25.31	Hannah Lesbirel	U23	Guernsey	St. Peter Port	08-Jul-18
4	25.64	Jasmine Norman	U20	Guernsey	Portsmouth	13-May-18
5	26.16	Amelia Lees	U17	Guernsey	St. Peter Port	23-Jun-18
26.20 Island Games A std						
6	26.57	Rhiannon Dowinton	U17	Guernsey	St. Peter Port	02-Aug-18
26.90 Island Games Development std						
7	27.25	Vicky Mann	U20	Guernsey	St. Peter Port	27-May-18
8	27.44	Amy Dallamore	U20	Guernsey	St. Peter Port	08-Jul-18
9	27.81	Sofia Mella	U17	Guernsey	Portsmouth	13-May-18
10	27.91	Amelia Hart	U15	Guernsey	St. Peter Port	23-Jun-18
11	27.93	Sara Marley	U20	Guernsey	Portsmouth	13-May-18
12	28.13	Caitlin Jackson	U15	Guernsey	St. Peter Port	08-Jul-18
13	28.20	Eve Walley	U15	Guernsey	Portsmouth	13-May-18
14	28.28	Tilly Beddow	U13	Guernsey	St. Peter Port	23-Jun-18
15	28.31	Olivia Oakley	U17	Guernsey	St. Peter Port	23-Jun-18

### 400 Women Overall 2018

1	56.32	Sophie Porter	U20	Guernsey	Sheffield	24-Feb-18	Is Rec
2	57.38	Indi Gallagher	U20	Guernsey	Birmingham	13-Jul-18	
59.50 Island Games A std							
60.75 Island Games Development std							
3	60.99	Katie Rowe	U23	Guernsey	St. Peter Port	19-Jul-18	
4	68.10	Alice Loveridge		Guernsey	St. Peter Port	16-Aug-18	
5	74.69	Laura Quayle	V35	Guernsey	St. Peter Port	19-Jul-18	

### 800 Women Overall 2018

1	02:15.32	Katie Rowe	U23	Guernsey	Bedford	06-May-18
02:18.50 Island Games A std						
2	02:21.27	Kate Bain	U15	Guernsey	St. Peter Port	02-Aug-18
02:21.50 Island Games Development std						
3	02:25.05	Alice Loveridge		Guernsey	St. Peter Port	09-Sep-18
4	02:26.81	Tilly Beddow	U13	Guernsey	Basingstoke	18-Jul-18
5	02:28.27	Amy Dallamore	U20	Guernsey	St. Peter Port	09-Sep-18
6	02:30.80	Summer Woodhead	U15	Guernsey	St. Peter Port	26-Apr-18
7	02:32.85	Sophie Lanoe	U17	Guernsey	St. Peter Port	08-Jul-18
8	02:39.86	Laura Quayle	V35	Guernsey	St. Peter Port	09-Sep-18
9	02:44.53	Isobelle Lowe	U13	Guernsey	Portsmouth	12-May-18
10	02:46.82	Ruby Hynes	U15	Guernsey	St. Peter Port	27-May-18
11	02:48.94	Talia Godet	U13	Guernsey	St. Peter Port	23-Jun-18

### 1500 Women Overall 2018

1	04:31.49	Sarah Mercier		Guernsey	St. Peter Port	23-Jun-18
2	04:42.16	Louise Perrio	V35	Guernsey	St. Peter Port	16-Aug-18
04:45.00 Island Games A std						
3	04:48.92	Jenny James	V35	Guernsey	St. Peter Port	19-Jul-18
4	04:49.53	Laura McCarthy		Guernsey	St. Peter Port	26-Jul-18
04:55.00 Island Games Development std						
5	04:57.69	Summer Woodhead	U15	Guernsey	Lee Valley	11-Aug-18
6	05:01.19	Kate Bain	U15	Guernsey	St. Peter Port	26-Jul-18
7	05:05.01	Katie Rowe	U23	Guernsey	St. Peter Port	23-Jun-18
8	05:27.30	Vanessa Rodrigues		Guernsey	St. Peter Port	16-Aug-18
9	05:34.29	Laura Quayle	V35	Guernsey	St. Peter Port	19-Jul-18
10	06:02.23	Isobelle Lowe	U13	Guernsey	St. Peter Port	23-Jun-18
11	06:08.85	Sarah Creber	U13	Guernsey	St. Peter Port	23-Jun-18

### 3000 Women Overall 2018

1	09:42.4	Sarah Mercier		Guernsey	St. Peter Port	08-Jul-18
2	09:48.7	Louise Perrio	V35	Guernsey	St. Peter Port	08-Jul-18
3	10:17.8	Jenny James	V35	Guernsey	St. Peter Port	08-Jul-18
4	10:58.3	Laura McCarthy+		Guernsey	Milton Keynes	11-Aug-18
5	11:54.5	Vanessa Rodrigues		Guernsey	St. Peter Port	08-Jul-18
6	12:04.1	Laura Quayle	V35	Guernsey	St. Peter Port	08-Jul-18

### 5000 Women Overall 2018

1	16:50.32	Sarah Mercier		Guernsey	Milton Keynes	11-Aug-18
2	16:57.65	Louise Perrio	V35	Guernsey	Milton Keynes	11-Aug-18
3	18:08.20	Jenny James	V35	Guernsey	St. Peter Port	26-Apr-18
4	18:08.27	Laura McCarthy		Guernsey	Milton Keynes	11-Aug-18
18:10.00 Island Games A std						
18:50.00 Island Games Development std						
5	19:47.50	Nikki Neal	V45	Guernsey	St. Peter Port	26-Apr-18
6	19:52.00	Vanessa Rodrigues		Guernsey	St. Peter Port	02-Aug-18
7	20:35.87	Megan Chapple	U23	Guernsey	St. Peter Port	19-Jul-18
8	20:46.81	Laura Quayle	V35	Guernsey	St. Peter Port	02-Aug-18

### 10000 Women Overall 2018

1	35:02.55	Sarah Mercier		Guernsey	Catford	02-Sep-18	Is Rec
2	36:35.71	Louise Perrio	V35	Guernsey	St. Peter Port	30-Sep-18	
3	37:18.63	Jenny James	V35	Guernsey	Catford	02-Sep-18	
	38:35.00	Island Games A std					
	39:45.00	Island Games Development std					
4	39:46.70	Laura McCarthy		Guernsey	Catford	02-Sep-18	
5	43:24.40	Laura Quayle	V35	Guernsey	St. Peter Port	23-Aug-18	

### 3000SCW Women Overall 2018

12:00.00	Island Games A std				
12:40.00	Island Games Development std				

No performances found

### 100HW Women Overall 2018

1	15.52	Rhiannon Dowinton	U17	Guernsey	St. Peter Port	23-Jun-18
	15.80	Island Games A std				
	16.40	Island Games Development std				

### 400HW Women Overall 2018

67.00	Island Games A std				
69.00	Island Games Development std				

No performances found

### HJ Women Overall 2018

Ranl Perf	Name		Club	Venue	Date	
1	1.60	Alice Hunt	U17	Guernsey	St. Peter Port	23-Jun-18
	1.57	Island Games A std				
	1.53	Island Games Development std				
2	1.40	Rhiannon Dowinton	U17	Guernsey	St. Peter Port	14-Jun-18
3	1.36	Phoebe Page	U15	Guernsey	St. Peter Port	16-Aug-18
4	1.30	Suzanna Druce		Guernsey	St. Peter Port	14-Jun-18
5	1.25	Tilly Beddow	U13	Guernsey	St. Peter Port	23-Jun-18
5	1.25	Aideen Le Prevost	U13	Guernsey	St. Peter Port	23-Jun-18
7	1.05	Lola Wakefield	U13	Guernsey	St. Peter Port	03-May-18

### PV Women Overall 2018

3.40	Island Games A std (not a confirmed event for Gibraltar 2019)				
3.00	Island Games Development std (not a confirmed event for Gibraltar 2019)				

No performances found

### LJ Women Overall 2018

1	5.62	Sophie Porter	U20	Guernsey	Sheffield	28-Jan-18
2	5.14	Abigail Galpin	U20	Guernsey	St. Peter Port	26-Jul-18
	5.05	Island Games A std				
3	5.01	Rhiannon Dowinton	U17	Guernsey	St. Peter Port	03-May-18
	4.85	Island Games Development std				
4	4.82	Alice Hunt	U17	Guernsey	St. Peter Port	26-Jul-18
5	4.52	Vicky Hancock	U15	Guernsey	St. Peter Port	14-Jun-18
6	4.49	Sofia Mella	U17	Guernsey	Portsmouth	13-May-18
7	4.32	Megan Lilley	U15	Guernsey	St. Peter Port	08-Jul-18
8	4.19	Melissa Hunt	U13	Guernsey	St. Peter Port	23-Jun-18

9	4.05	India Hilgeland Wilki	U13	Guernsey	St. Peter Port	23-Jun-18
10	4.04	Phoebe Page	U15	Guernsey	St. Peter Port	03-May-18
11	4.03	Ella Duckworth	U15	Guernsey	St. Peter Port	14-Jun-18
12	3.98	Tilly Beddow	U13	Guernsey	St. Peter Port	26-Jul-18
13	3.95	Aideen Le Prevost	U13	Guernsey	St. Peter Port	09-Sep-18
14	3.93	Amelie Carpentier	U13	Guernsey	St. Peter Port	09-Sep-18
15	3.88	Mia Le Tissier	U13	Guernsey	St. Peter Port	09-Sep-18

### TJ Women Overall 2018

10.70 Island Games A std						
1	10.57	Alice Hunt	U17	Guernsey	St. Peter Port	27-May-18
10.40 Island Games Development std						
2	10.11	Sofia Mella	U17	Guernsey	St. Peter Port	09-Sep-18
3	9.17	Vicky Hancock	U15	Guernsey	Portsmouth	12-May-18

### SP4K Women Overall 2018

10.30 Island Games A std						
9.75 Island Games Development std						
1	7.26	Kylie Robilliard		Guernsey	Loughborough	11-Jul-18
2	6.14	Sia Banbury	U20	Guernsey	St. Peter Port	26-Jul-18

### DT1K Women Overall 2018

31.25 Island Games A std						
28.00 Island Games Development std						
1	21.40	Caitlin Torode	U17	Guernsey	St. Peter Port	14-Jun-18
2	18.79	Megan Vaudin	U15	Guernsey	St. Peter Port	02-Aug-18
3	17.63	Phoebe Page	U15	Guernsey	St. Peter Port	19-Jul-18
4	12.53	Sia Banbury	U20	Guernsey	St. Peter Port	03-May-18
5	12.10	Bethany Powell	U15	Guernsey	St. Peter Port	19-Jul-18

### HT4K Women Overall 2018

1	42.69	Sia Banbury	U20	Guernsey	Portsmouth	12-May-18	Is Rec
34.50 Island Games A std (not a confirmed event for Gibraltar 2019)							
33.00 Island Games Development std (not a confirmed event for Gibraltar 2019)							

### JT600 Women Overall 2018

Ranl Perf	Name	Club	Venue	Date		
1	33.52	Rebecca Le Tissier	U20 Guernsey	St. Peter Port	09-Sep-18	
32.50 Island Games A std (not a confirmed event for Gibraltar 2019)						
30.00 Island Games Development std (not a confirmed event for Gibraltar 2019)						
2	26.55	Debbie Doherty	V45 Guernsey	St. Peter Port	23-Jun-18	
3	19.51	Ellie Brouard	U20 Guernsey	St. Peter Port	26-Jul-18	

### 5K Road Women Overall 2018

1	17:06	Louise Perrio	V35	Guernsey	Hyde Park	16-Feb-18
2	17:08	Sarah Mercier		Guernsey	Barrowford	11-Mar-18
3	17:50	Jenny James	V35	Guernsey	Castel	17_Aug-18
18:10.00 Island Games A std						
18:50.00 Island Games Development std						
4	19:14	Summer Woodhead	U13	Guernsey	Footes Lane	30-Mar-18
5	19:49	Nikki Neal	V45	Guernsey	Footes Lane	30-Mar-18
6	20:22	Katie Rowe	U23	Guernsey	Footes Lane	30-Mar-18

7	20:36	Sabrina Amy	V35	Guernsey	Castel	17-Aug-18
8	20:41	Vanessa Rodrigues		Guernsey	Castel	17-Aug-18
9	20:53	Mel Nicolle	V35	Guernsey	Footes Lane	30-Mar-18
10	20:57	Elaine Graham	V40	Guernsey	Footes Lane	30-Mar-18
11	21:15	Kate Bain	U13	Guernsey	Footes Lane	30-Mar-18
12	21:17	Laura Quayle	V35	Guernsey	Castel	17-Aug-18
13	21:20	Magda Puzio		Guernsey	Castel	07-Jun-18
14	21:33	Chantal Green		Guernsey	Footes Lane	30-Mar-18
15	21:35	Pippa Inderwick			Footes Lane	30-Mar-18

### 10K Road Women Overall 2018

1	36:37:00	Louise Perrio	V35	Guernsey	Vale	25-Feb-18
	38:35:00	Island Games A std				
2	38:36:00	Jenny James	V35	Guernsey	Castel	02-Apr-18
	39:45:00	Island Games Development std				
3	41:16:00	Nikki Neal	V45	Guernsey	Castel	02-Apr-18
4	41:53:00	Liz Dudin	V35	Guernsey	Pembroke	25-Nov-18
5	42:02:00	Mel Nicolle	V35	Guernsey	Pembroke	25-Nov-18
6	42:51:00	Helen Hadjam	V40	Herne Hill	Cheam	20-May-18
7	43:07:00	Alice Loveridge		Guernsey	Castel	02-Apr-18
8	43:36:00	Elaine Graham	V40	Guernsey	Castel	02-Apr-18
9	45:36:00	Kristin Dowling	V35	Guernsey	Pembroke	25-Nov-18
10	46:12:00	Helen Herve		Guernsey	Castel	02-Apr-18
11	46:23:00	Vicky Carre	V40	Guernsey	Pembroke	25-Nov-18
12	46:29:00	Emma Beardsell	V40	Guernsey	Castel	02-Apr-18
13	46:29:00	Abbie Swain		Guernsey	Pembroke	25-Nov-18
14	48:34:00	Gemma Le Sauvage	V35	Guernsey	Vale	25-Feb-18
15	48:47:00	Karen Farman	V40	Guernsey	Pembroke	25-Nov-18

### HM Women Overall 2018

1	78:12:00	Louise Perrio	V35	Guernsey	Manchester	14-Oct-18	Is Rec
2	83:36:00	Jenny James	V35	Guernsey	Manchester	14-Oct-18	
3	84:24:00	Laura McCarthy		Guernsey	Manchester	14-Oct-18	
4	85:13:00	Ulrike Maisch	V40	Guernsey	St. Peter Port	17-Jun-18	
	1:27:00	Island Games A std					
5	87:42:00	Liz Dudin		Guernsey	Bournemouth	08-Apr-18	
	1:29:30	Island Games Development std					
6	94:41:00	Mel Nicolle		Guernsey	St. Peter Port	17-Jun-18	
7	96:42:00	Helen Hadjam	V40	Herne Hill	Greenwich	04-Mar-18	
8	96:46:00	Elaine Graham	V40	Guernsey	St. Peter Port	17-Jun-18	
9	97:48:00	Vicky Carre	V40	Guernsey	St. Peter Port	17-Jun-18	
10	97:53:00	Megan Chapple		Guernsey	St. Peter Port	17-Jun-18	
11	99:57:00	Laura Quayle	V35	Guernsey	St. Peter Port	17-Jun-18	
12	1:40:45	Vanessa Rodrigues		Guernsey	St. Peter Port	17-Jun-18	
13	1:43:12	Emma Beardsell	V40	Guernsey	Manchester	14-Oct-18	
14	1:44:44	Chelsea Lamb-Martel			St. Peter Port	17-Jun-18	
15	1:45:29	Anna Phillips	V40	Guernsey	St. Peter Port	17-Jun-18	

### Marathon Women Overall 2018

1	02:59:03	Ulrike Maisch	V40	Guernsey	Jersey	07-Oct-18
2	03:27:50	Mel Nicolle	V35	Guernsey	Jersey	07-Oct-18
3	03:34:43	Vicky Carre	V40	Guernsey	Chicago	07-Oct-18

4	03:35:18	Vanessa Rodrigues		Guernsey	London	22-Apr-18
5	03:45:55	Mel Bichard	V55	Guernsey	Chicago	07-Oct-18
6	03:53:25	Elaine Donaldson		Guernsey	Manchester	08-Apr-18
7	03:56:03	Emma Beardsell	V40	Guernsey	London	22-Apr-18
8	03:59:02	Anna Phillips	V40	Guernsey	London	22-Apr-18
9	04:03:05	Alice Loveridge		Guernsey	London	22-Apr-18
10	04:16:49	Ali Lihou	V40	Guernsey	Denmark	13-May-18
11	04:18:04	Jeanne Svejstrup	V40	Guernsey	Denmark	13-May-18
12	04:18:49	Laura Guilbert		Guernsey	London	22-Apr-18
13	04:25:05	Becky Mauger		Guernsey	Brighton	08-Apr-18
14	04:25:08	Chelsea Lamb Martel		Guernsey	St Peter Port	26-Aug-18
15	04:36:33	Lara De Carteret		Guernsey	London	22-Apr-18