

10K Road Race
22nd April 2019



Result					
Pos	Name	Club	Gender	Category	Time
1	Jacob O'hara	City Of Portsmouth AC	M	SEN	0:33.05
2	Daniel Romeril		M	SEN	0:33.13
3	William Woodcock	Victoria Park Harriers and Tower Hamlets AC	M	SEN	0:33.43
4	Richard Bartram	Guernsey AC	M	SEN	0:34.28
5	Richard Friedrich	Guernsey AC	M	V35	0:34.30
6	Ed Mason	Guernsey AC	M	SEN	0:34.33
7	Carl Holden	Guernsey AC	M	SEN	0:34.55
8	James Faudemer	Jersey Spartans	M	SEN	0:35.17
9	Luke Williams	San Domenico Running Club	M	SEN	0:35.17
10	James Priest	Guernsey AC	M	SEN	0:35.17
11	Sarah Mercier	Guernsey AC	F	SEN	0:35.37
12	Tim Perchard		M	SEN	0:35.43
13	Sam Lesley	Guernsey AC	M	SEN	0:36.42
14	Michael Batiste	Guernsey AC	M	SEN	0:36.56
15	Adam Ohara	City Of Portsmouth AC	M	V40	0:37.07
16	Samuel Galpin	Guernsey AC	M	U20	0:37.17
17	Shane Huxster	Guernsey AC	M	SEN	0:37.19
18	Andrew Mcarthur	Guernsey AC	M	SEN	0:37.21
19	Jenny James	Guernsey AC	F	V35	0:37.22
20	James Travers	Guernsey AC	M	SEN	0:37.31
21	Michael Long		M	V35	0:37.38
22	Marc Guille	Guernsey AC	M	V35	0:37.40
23	Alex Hurrell		M	SEN	0:38.16
24	Mark Halls	Brighton & Hove AC	M	V55	0:38.20
25	Sean Galpin	Guernsey AC	M	V50	0:38.23
26	Ben Foote	Guernsey AC	M	SEN	0:38.24
27	Ryan Whatling	City Of Portsmouth AC	M	SEN	0:38.47
28	Stuart Le Noury	Sarnia Walking Club	M	SEN	0:38.58
29	Tom Becker		M	V40	0:39.01
30	Tom Shaw	Guernsey AC	M	SEN	0:39.14
31	Louise Perrio	Guernsey AC	F	V35	0:39.23
32	Dave Crosland	Guernsey AC	M	V40	0:39.24
33	Rob Byrne		M	SEN	0:39.29
34	Adrian Lihou	Guernsey AC	M	V45	0:39.37
35	David Mosley		M	SEN	0:39.46
36	Nick Hynes	Guernsey AC	M	V50	0:39.49
37	Toby Mann	Guernsey AC	M	SEN	0:40.04
38	Chris Norman		M	SEN	0:40.11
39	Danny Blake	Guernsey AC	M	V40	0:40.17
40	Adam Dorey		M	SEN	0:40.29
41	Darren Troalic	Guernsey AC	M	SEN	0:40.45
42	Becky Le Maitre		F	SEN	0:40.58
43	Ove Svejstrup	Guernsey AC	M	V40	0:41.19
44	Peter Holmes		M	U20	0:41.21
45	Ryan De Jersey		M	V35	0:41.33
46	Mark Goodison	Totley AC	M	V60	0:41.34
47	Munya Munzwembiri		M	SEN	0:41.47
48	Andrew Zabiela	Guernsey AC	M	SEN	0:41.48
49	Dan Hunter	Guernsey AC	M	V40	0:41.48
50	Mel Nicolle	Guernsey AC	F	V35	0:42.02
51	Mark Pizzey	Guernsey AC	M	V45	0:42.11
52	George Nichols	Guernsey AC	M	SEN	0:42.12
53	Megan Chapple	Guernsey AC	F	SEN	0:42.13
54	Peter Bird	Saint Edmund Pacers	M	V45	0:42.15

55	Derek Beatty		M	V35	0:42.53
56	Philip Hugo		M	V45	0:43.04
57	Mia Billins	City Of Portsmouth AC	F	U17	0:43.10
58	Mike Way	Guernsey AC	M	V45	0:42.15
59	Craig Allen	Guernsey AC	M	V45	0:43.21
60	Graham Moyes	Poole Runners	M	V55	0:43.39
61	Rob Gregson	Guernsey AC	M	V50	0:43.41
62	Emily Squire	Guernsey AC	F	V40	0:43.49
63	Amy Critchlow	Guernsey AC	F	V35	0:43.49
64	Daniel Keaveney		M	V40	0:43.59
65	Tom Nichols	Guernsey AC	M	SEN	0:44.04
66	Ian Taylor	Guernsey AC	M	V50	0:44.13
67	Mike Peters	Overton	M	V55	0:44.14
68	Jason Le Noury	Sarnia Walking Club	M	SEN	0:44.39
69	Alistair Boyle		M	SEN	0:44.41
70	Timothy Hatton	Guernsey AC	M	V60	0:44.54
71	Reggie Ball	City Of Portsmouth AC	M	V65	0:45.12
72	Ben Barnes		M	SEN	0:45.16
73	Nanine Lourens		F	SEN	0:45.16
74	Nathan Ward		M	V40	0:45.23
75	Steve Smith	Guernsey AC	M	V50	0:45.34
76	Annabel Matthews-smith	Southend On Sea AC	F	SEN	0:45.35
77	Paul Evans		M	V45	0:46.06
78	Iain Bailey		M	V35	0:46.07
79	Daniel Reoch-brehaut		M	V40	0:46.19
80	Stuart Mauger		M	V50	0:46.35
81	Sam Chick		M	SEN	0:46.41
82	Matthew Jamieson	Guernsey AC	M	V40	0:46.47
83	Robert Morgan	Saint Edmund Pacers	M	V55	0:46.49
84	Paul Domaille	Guernsey AC	M	V55	0:46.50
85	Neil Walford	Brighton & Hove AC	M	V50	0:47.04
86	Jason Powers	Guernsey AC	M	V45	0:47.14
87	Emma Beardsell	Guernsey AC	F	V45	0:47.33
88	Ruairi Harnden	Guernsey AC	M	SEN	0:47.48
89	Nicola Holmes		F	V40	0:47.57
90	Warren Mauger		M	V45	0:48.19
91	Alex Wickens		M	V35	0:48.21
92	Carl Gardner		M	V35	0:48.22
93	Jez Le Tissier	Guernsey AC	M	V50	0:48.27
94	Brett Bewey	Guernsey AC	M	V40	0:48.27
95	Pippa Inderwick		F	SEN	0:48.30
96	Dave Hockey	Guernsey AC	M	V45	0:48.36
97	Vicki Joyce	Guernsey AC	F	V45	0:48.58
98	Martin Boyde		M	V40	0:49.11
99	Rob Grierson		M	SEN	0:49.14
100	Peter Jay	Saint Edmund Pacers	M	V55	0:49.30
101	Ian Graham	Bournemouth Athletic Club	M	V70	0:49.33
102	Darren Pipet	Guernsey AC	M	V35	0:49.36
103	Stacie Bourgaize		F	SEN	0:49.39
104	Elsbeth Haile		F	SEN	0:49.41
105	Matthew Chick		M	V35	0:49.52
106	Simon Luxon		M	V35	0:49.52
107	Becky Mauger	Guernsey AC	F	SEN	0:50.00
108	Jonathan Dorey		M	V60	0:50.23
109	Gareth Ashmead		M	V55	0:50.34
110	Amanda Purser	City Of Portsmouth AC	F	V45	0:50.36
111	Paul Ferbrache	Guernsey AC	M	V55	0:50.48
112	Katie Watson		F	SEN	0:50.58
113	Anna Fawcett		F	V45	0:51.09
114	Julie Lawlor		F	V75	0:51.41
115	Laura Quayle	Guernsey AC	F	V35	0:51.41
116	Darren Smith		M	V40	0:51.41
117	Alison Gavey	Guernsey AC	F	V50	0:51.56

118	Ashleigh Morris		F	SEN	0:52.52
119	Eloise Bird	Saint Edmund Pacers	F	V50	0:52.58
120	Tony King		M	V50	0:53.09
121	Trevor Jefferies		M	V75	0:53.12
122	Ken Wrigley		M	V50	0:53.59
123	Coralie Benton		F	SEN	0:54.01
124	Kevin Le Noury	Sarnia Walking Club	M	V60	0:54.07
125	John Dedman	Guernsey AC	M	V45	0:54.22
126	Maggie Marsh	Portsmouth Joggers	F	V50	0:54.52
127	Francis Snoding		M	V50	0:55.06
128	Alec Bain		M	V45	0:55.14
129	Danny Joyce		M	V50	0:55.32
130	Antony Veillard		M	V50	0:55.57
131	Steve Hubert		M	V45	0:55.59
132	Matty Lovell	Guernsey AC	M	V40	0:55.59
133	Julianne Doherty		F	SEN	0:56.11
134	Alun Williams	Guernsey AC	M	V60	0:56.13
135	Darren Loveridge		M	SEN	0:56.13
136	Elizabeth Arklie		F	SEN	0:56.22
137	Zara Torode		F	V35	0:56.29
138	David Brooks	Veterans AC	M	V75	0:56.40
139	Monique Search		F	SEN	0:57.16
140	Jenny Morgan	Saint Edmund Pacers	F	V60	0:57.30
141	Sharon Finn-Davey		F	V45	0:57.42
142	Helen Craig		F	V55	0:57.44
143	Catherine Sinclair-Scott		F	V50	0:57.57
144	Lisa Evans	Guernsey AC	F	V50	0:58.20
145	Andrew Harper		M	V40	0:58.26
146	Laura Clayton	Guernsey AC	F	V35	0:59.07
147	Jason Bradley		M	V45	0:59.38
148	David Reed	Guernsey AC	M	SEN	1:00.26
149	Lisa Ozanne		F	V45	1:00.33
150	Geoffrey Scott	Poole Runners	M	V70	1:00.44
151	Richard Pratt		M	SEN	1:02.01
152	Heather Rose		F	SEN	1:02.09
153	Daniel Noyon		M	SEN	1:02.24
154	James Woolrich		M	SEN	1:02.25
155	Michael Le Page		M	SEN	1:02.25
156	Angie Underdown	Saint Edmund Pacers	F	V50	1:02.37
157	Lauri Warlow		F	SEN	1:02.55
158	Nicola Koyupinar		F	V50	1:03.11
159	Helen Gilchrist		F	V50	1:03.52
160	Cressida Goodison	Totley AC	F	V55	1:04.04
161	Rosy Williams	Guernsey AC	F	SEN	1:05.35
162	Robert Burton	Plymstock Road Runners	M	V55	1:08.50
163	Nicola Smith		F	V35	1:10.45
164	Raymond Scholes	Guernsey AC	M	V70	1:10.46
165	Claire Jay		F	V55	1:19.52

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