

Name	Club	Cat	5K	FC	10K	FINAL	
Jacob O'Hara	City Of Portsmouth AC	MSEN		2	1	1	4
William Woodcock	Victoria Park Harriers and Tower Hamlets AC	MSEN		3	2	3	8
Richard Bartram	Guernsey AC	MSEN		6	3	4	13
Ed Mason	Guernsey AC	MSEN		7	4	6	17
Michael Batiste	Guernsey AC	MSEN		13	5	14	32
Adam O'Hara	City Of Portsmouth AC	MV40		10	7	15	32
Samuel Galpin	Guernsey AC	MU20		12	9	16	37
Sam Lesley	Guernsey AC	MSEN		16	10	13	39
Andrew Mcarthur	Guernsey AC	MSEN		18	12	18	48
James Travers	Guernsey AC	MSEN		21	8	20	49
Alex Hurrell		MSEN		17	14	23	54
Shane Huxster	Guernsey AC	MSEN		19	19	17	55
Michael Long		MV35		24	15	21	60
Mark Halls	Brighton & Hove AC	MV55		23	16	24	63
Sean Galpin	Guernsey AC	MV50		32	13	25	70
Ryan Whatling	City Of Portsmouth AC	MSEN		25	21	27	73
Ben Foote	Guernsey AC	MSEN		22	27	26	75
Rob Byrne		MSEN		34	20	33	87
Louise Perrio	Guernsey AC	FV35		38	22	31	91
David Mosley		MSEN		29	28	35	92
Nick Hynes	Guernsey AC	MV50		43	23	36	102
Peter Holmes		MU20		39	29	44	112
Darren Troalic	Guernsey AC	MSEN		46	33	41	120
Mark Goodison	Totley AC	MV60		55	31	46	132
Mike Peters	Overton	MV55		47	24	67	138
Peter Bird	Saint Edmund Pacers	MV45		49	36	54	139
Mark Pizzey	Guernsey AC	MV45		56	38	51	145
Mel Nicolle	Guernsey AC	FV35		51	45	50	146
Dan Hunter	Guernsey AC	MV40		64	35	49	148
Ryan De Jersey		MV35		62	42	45	149
Megan Chapple	Guernsey AC	FSEN		63	34	53	150
Emily Squire	Guernsey AC	FV40		66	39	62	167
Amy Critchlow	Guernsey AC	FV35		65	40	63	168
Mike Way	Guernsey AC	MV45		67	48	58	173
Rob Gregson	Guernsey AC	MV50		70	51	61	182
Reggie Ball	City Of Portsmouth AC	MV65		69	52	71	192
Steve Smith	Guernsey AC	MV50		81	50	75	206
Daniel Reoch-Brehaut		MV40		73	55	79	207
Neil Walford	Brighton & Hove AC	MV50		88	60	85	233
Emma Beardsell	Guernsey AC	FV45		93	57	87	237
Nicola Holmes		FV40		90	63	89	242
Matthew Jamieson	Guernsey AC	MV40		97	64	82	243
Jason Powers	Guernsey AC	MV45		92	67	86	245
Jez Le Tissier	Guernsey AC	MV50		95	65	93	253
Robert Morgan	Saint Edmund Pacers	MV55		106	66	83	255
Laura Quayle	Guernsey AC	FV35		85	58	115	258
Ruairi Harnden	Guernsey AC	MSEN		105	69	88	262
Carl Gardner		MV35		99	71	92	262
Pippa Inderwick		FSEN		108	68	95	271
Brett Bewey	Guernsey AC	MV40		112	76	94	282
Ian Graham	Bournemouth Athletic Club	MV70		109	72	101	282
Vicki Joyce	Guernsey AC	FV45		113	73	97	283
Simon Luxon		MV35		119	75	106	300
James Woolrich		MSEN		87	61	154	302
Elsbeth Haile		FSEN		124	85	104	313
Peter Jay	Saint Edmund Pacers	MV55		132	82	100	314
Katie Watson		FSEN		123	80	112	315
Amanda Purser	City Of Portsmouth AC	FV45		118	91	110	319
Jonathan Dorey		MV60		134	87	108	329
Anna Fawcett		FV45		127	92	113	332
Danny Joyce		MV50		122	83	129	334
Alison Gavey	Guernsey AC	FV50		141	86	117	344
Eloise Bird	Saint Edmund Pacers	FV50		138	90	119	347
Trevor Jefferies		MV75		142	94	121	357
Maggie Marsh	Portsmouth Joggers	FV50		150	95	126	371
Rosy Williams	Guernsey AC	FSEN		110	105	161	376
Jenny Morgan	Saint Edmund Pacers	FV60		136	101	140	377
Antony Veillard		MV50		148	99	130	377
Darren Loveridge		MSEN		146	98	135	379
Nicola Smith		FV35		133	93	163	389
Zara Torode		FV35		154	106	137	397
Lisa Evans	Guernsey AC	FV50		155	103	144	402
Helen Craig		FV55		161	102	142	405
David Brooks	Veterans AC	MV75		156	119	138	413
Laura Clayton	Guernsey AC	FV35		169	110	146	425
Geoffrey Scott	Poole Runners	MV70		174	109	150	433
Heather Rose		FSEN		171	113	152	436

Angie Underdown	Saint Edmund Pacers	FV50	175	116	156	447
Cressida Goodison	Totley AC	FV55	178	114	160	452
Robert Burton	Plymstock Road Runners	MV55	180	117	162	459
Raymond Scholes	Guernsey AC	MV70	181	118	164	463