

## 10k

Position	Name	Club	Category	Time	Age Grading
1	Julie Lawlor		FV75	0:51.41	94.29
2	Mark Goodison	Totley AC	MV60	0:41.34	79.90
3	Reggie Ball	City Of Portsmouth AC	MV65	0:45.12	76.38
4	Trevor Jefferies		MV75	0:53.12	75.83
5	Ian Graham	Bournemouth Athletic Club	MV70	0:49.33	74.55
6	Timothy Hatton	Guernsey AC	MV60	0:44.54	74.40
7	Jenny Morgan	Saint Edmund Pacers	FV60	0:57.30	71.05
8	Jonathan Dorey		MV60	0:50.23	65.56
9	Geoffrey Scott	Poole Runners	MV70	1:00.44	62.54
10	Kevin Le Noury	Sarnia Walking Club	MV60	0:54.07	61.28
11	Alun Williams	Guernsey AC	MV60	0:56.13	58.55
12	Raymond Scholes	Guernsey AC	MV70	1:10.46	54.41