# Performance & Development Athlete Support

A home edition of the NatWest International Island Games is a key driver for all involved in the sport. Therefore, the relevant standards of performance required to win medals or make finals at the Games is a minimum key performance indicator to receive financial support.

Financial support is exclusively available for the purpose of travel/accommodation costs for competitions and training camps. The contributions towards respective levels of competition has been raised for 2023 in recognition of the rising costs of travel for athletes. These generous contributions will only be offered where there is evidence of forward-planning by athletes to attain reasonable flight and accommodation costs.

Support is offered to athletes at four distinct levels, two of which are specific to supporting Island Games preparation. Athletes on Island Games tiers may spend any proportion of their allocated funds before The Games, with a maximum 20% of their annual ceiling to be available post-Games (i.e. £100 & £40 respectively). The annual ceilings of amount available to athletes is in brackets below:

## • Elite (£900)

The highest level of support is for athletes who are competing at, or close to, national level and be within reach of Commonwealth Games selection. As a guide, young athletes should be achieving in excess of 950 points on World Athletics performance tables. More senior athletes will be expected to achieve closer to 1,000 points and thus be firmly at national and Commonwealth Games level.

#### Potential (£500)

 Athletes between the ages of 14 and 19 who are showing potential to become 'elite' performers by the definition given above.

#### Island Games Podium (£500)

 Athletes who have a realistic chance to achieve a top-3 finish at the 2023 Island Games. This can be based upon recent trends of performances required for a top-3 finish or on previous performances of the athlete at recent Games.

### • Island Games A Standard (£200)

 Athletes who have achieved performances equivalent to an A Standard for the 2023 Island Games.

### Financial Support will be attributed as follows:

- National Championships (not including Welsh, Scottish, Northern Irish, British Universities', or any other event where there is not an appropriate entry standard): 75%
- All other UK events excluding Hampshire XC or T&F: 66.6%
- Hampshire or Jersey competitions: 50%
- Overseas competitions: 66.6%-75% to be agreed in advance depending upon the event
- Overseas training camps: 30% upon an acceptable review and debrief of the trip

#### Athlete requirements to access funding

- Athletes (and their coaches) are to engage in open dialogue and share training and performance information with the Development Team of Tom Druce and Lee Merrien.
- Athletes will instigate 'catch-up' meetings with Tom or Lee, ideally on a quarterly basis.
   Travel reimbursements will be agreed or otherwise during these meetings. All reimbursements will be post the event (unless financial difficulties dictate otherwise.
   Such occurrences will be dealt with in a sensitive manner)

- Athletes are to make themselves available for local Track & Field Meets and/or out-ofstadium events whenever possible.
- Athletes must disclose with a month's notice at least two dates that they will compete
  locally (if this is simply not possible, this must be flagged at the earliest opportunity).
   This is to allow the club to engage in marketing of events by promoting the appearances
  of high-profile athletes, including potential head-to-heads.
- Athletes are to engage in regular volunteering for club events and/or activities. In practical terms, this will involve volunteering for multiple races at the Easter Festival as well as the Half Marathon as a bare minimum.
  - Volunteering is not just limited to marshalling at endurance events, the Development Team can advise of different opportunities
- Finally, athletes are to adhere to the athletes' code of conduct at all times

Funding will unfortunately be refused or delayed if these requirements are not evidenced by claiming athletes.

Any athletes with other forms of income stemming from their status as an athlete will have to declare this as this this will change the amount of funding afforded to them by the club.

All athlete communication regarding Performance and Development Athlete Support should be made to Tom Druce via email tom.druce@guernseyathletics.org.gg

# **Endurance Squad Support**

The Endurance Squad Support funding stream will sit alongside the Performance & Development Athlete Support. The aim is to facilitate the fielding of strong Guernsey teams in various team-based endurance events across the calendar, and to develop squad depth for these events.

A pre-agreed number of subsidies of 50% up to the value of £75 will be made available for team members to draw upon for each agreed event that a Guernsey team is attending.

Endurance Director Chris Gillman and Endurance Head Coach Paul Ingrouille will select teams based primarily on current form from the published longlist Endurance Squad list. Athletes not on the squad list may be added based on current form or invited to supplement specific teams.

The subsidy cannot be claimed in conjunction with funding from Performance & Development Athlete Support. In that scenario (and on an event-by-event basis), it is the athlete's decision which funding stream to draw upon.

Where an individual athlete qualifies for both Performance/Development Support and Endurance Squad Support, they may only claim up to £150 per annum from the latter. The £150 can only be claimed for relay events.

The identified events for which Endurance Squad Support will be allocated are as follows:

- Hampshire XC
- Eastleigh 10k
- Southern Road Relays
- National Road Relays
- National XC Relays

All athlete communication regarding Endurance Squad Support should be made to Paul Ingrouille via email ingrouille 1@me.com