Guernsey Women's rankings 2016 to date Compiled 22-Dec-16

100 Women Overall 2016 Guernsey Island AAC

1	12.67	Indi Gallagher	U17	Guernsey	St. Peter Port	16-Jul-16
2	12.70	Hannah Lesbirel	U23	Guernsey	St. Peter Port	31-Jul-16
3	12.78	Abigail Galpin	U17	Guernsey	Gateshead	08-Jul-16
4	12.79	Jasmine Norman	U17	Guernsey	St. Peter Port	16-Jul-16
	12.80	Island Games A std				
5	13.02	Hannah Barrett	U17	Guernsey	St. Peter Port	05-Jun-16
6	13.07	Vicky Mann	U17	Guernsey	St. Peter Port	16-Jul-16
7	13.11	Maya Le Tissier	U15	Guernsey	St. Peter Port	25-Jun-16
	13.20	Island Games Development std				
8	13.21	Amelia Lees	U15	Guernsey	St. Peter Port	25-Jun-16
9	13.48	Amy Dallamore	U17	Guernsey	St. Peter Port	31-Jul-16
10	13.50	Rhiannon Dowinton	U15	Guernsey	St. Peter Port	16-Jul-16
11	13.56	Sarah Winchester	U17	Guernsey	St. Peter Port	19-Jul-16
12	13.89	Alice Hunt	U15	Guernsey	St. Peter Port	31-Jul-16
13	14.00	Amelia Hart	U13	Guernsey	St. Peter Port	16-Jul-16
14	14.01	Abigail Tardivel	U15	Guernsey	Portsmouth	14-May-16
15	14.07	Sophie Lanoe	U15	Guernsey	St. Peter Port	05-Jun-16

200 Women Overall 2016 Guernsey Island AAC

1	25.85	Hannah Lesbirel	U23	Guernsey	St. Peter Port	05-Jun-16
2	26.10	Sophie Porter	U17	Guernsey	St. Peter Port	03-Jul-16
	26.30	Island Games A std				
3	26.43	Indi Gallagher	U17	Guernsey	St. Peter Port	03-Jul-16
4	26.48	Jasmine Norman	U17	Guernsey	St. Peter Port	05-Jun-16
5	26.65	Abigail Galpin	U17	Guernsey	Exeter	28-May-16
6	26.76	Amelia Lees	U15	Guernsey	Dartford	24-Aug-16
	27.00	Island Games Development std				
7	27.06	Hannah Barrett	U17	Guernsey	Ashford	13-Aug-16
8	27.08	Maya Le Tissier	U15	Guernsey	St. Peter Port	25-Jun-16
9	27.84	Sara Marley	U17	Guernsey	Emirates Arena	30-Jan-16
10	28.06	Vicky Mann	U17	Guernsey	St. Peter Port	07-Aug-16
11	28.32	Abigail Tardivel	U15	Guernsey	Lee Valley	13-Feb-16
12	28.98	Sophie Lanoe	U15	Guernsey	St. Peter Port	03-Jul-16
13	29.08	Amelia Hart	U13	Guernsey	St. Peter Port	25-Jun-16
14	29.46	Olivia Oakley	U15	Guernsey	Portsmouth	15-May-16
15	29.98	Eve Walley	U13	Guernsey	Portsmouth	15-May-16

400 Women Overall 2016 Guernsey Island AAC

1	58.71	Indi Gallagher	U17	Guernsey	St. Peter Port	16-Jul-16
2	59.55	Sophie Porter	U17	Guernsey	St. Peter Port	04-Sep-16
3	59.85	Jasmine Norman	U17	Guernsey	Ashford	13-Aug-16
	60.00	Island Games A std				
4	60.69	Rebecca Toll	U17	Guernsey	Ashford	13-Aug-16
	62.00	Island Games Development std				
5	62.42	Amy Dallamore	U17	Guernsey	St. Peter Port	19-Jul-16
6	63.33	Eliza Mason	U15	Guernsey	St. Peter Port	19-Jul-16
7	68.46	Louise Perrio		Guernsey	St. Peter Port	19-Jul-16

800 Women Overall 2016 Guernsey Island AAC

1	02:13.58	Natalie Whitty		Guernsey	St. Peter Port	07-Aug-16
	02:19.00	Island Games A std				
2	02:20.10	Rebecca Toll	U17	Guernsey	St. Peter Port	23-Aug-16
3	02:22.90	Eliza Mason	U15	Guernsey	St. Peter Port	23-Aug-16

	02:23.00	Island Games Development std				
4	02:24.22	Amy Dallamore	U17	Guernsey	Portsmouth	15-May-16
5	02:30.79	Francesca Bown	U17	Guernsey	St. Peter Port	05-Jun-16
6	02:31.79	Kate Bain	U13	Guernsey	St. Peter Port	25-Jun-16
7	02:34.57	Vicky Hancock	U13	Guernsey	Portsmouth	15-May-16
8	02:34.91	Indi Gallagher	U17	Guernsey	St. Peter Port	25-Jun-16
9	02:35.10	Mel Nicolle		Guernsey	St. Peter Port	23-Aug-16
10	02:35.92	Amelia Lees	U15	Guernsey	Lee Valley	10-Jan-16
11	02:41.74	Daisy Dorrity	U15	Guernsey	St. Peter Port	03-Jul-16
12	02:41.93	Summer Woodhead	U13	Guernsey	St. Peter Port	03-Jul-16
13	02:44.21	Sorcha Chisholm	U15	Guernsey	St. Peter Port	03-Jul-16
14	02:52.91	Antonia Barton	U15	Guernsey	St. Peter Port	25-Jun-16
15	02:55.81	Lily Whiteman	U13	Guernsey	St. Peter Port	05-Jun-16

1500 Women Overall 2016 Guernsey Island AAC

1	04:28.22	Natalie Whitty		Guernsey	Bedford	31-Jul-16
	04:45.00	Island Games A std				
2	04:52.53	Louise Perrio		Guernsey	St. Peter Port	07-Jun-16
	04:55.00	Island Games Development std				
3	04:59.01	Jenny James	V35	Guernsey	St. Peter Port	07-Jun-16
4	05:05.26	Francesca Bown	U17	Guernsey	St. Peter Port	07-Jun-16
5	05:10.82	Eliza Mason	U15	Guernsey	St. Peter Port	25-Jun-16
6	05:15.37	Chantal Green		Guernsey	St. Peter Port	07-Jun-16
7	05:22.73	Vicky Hancock	U13	Guernsey	St. Peter Port	25-Jun-16
8	05:25.70	Summer Woodhead	U13	Guernsey	St. Peter Port	04-Sep-16
9	05:29.10	Amy Dallamore	U17	Guernsey	St. Peter Port	17-Apr-16
10	05:33.59	Kate Bain	U13	Guernsey	St. Peter Port	04-Sep-16
11	05:38.49	Renee Hubert	U17	Guernsey	St. Peter Port	25-Jun-16
12	05:57.75	Daisy Dorrity	U15	Guernsey	St. Peter Port	07-Jun-16
13	06:03.46	Harriet Bonner	U15	Guernsey	St. Peter Port	25-Jun-16
14	06:06.01	Phoebe Page	U13	Guernsey	St. Peter Port	31-Jul-16
15	06:09.16	Charlotte Matthew	U13	Guernsey	St. Peter Port	07-Jun-16

3000 Women Overall 2016 Guernsey Island AAC

1	09:52.21	Natalie Whitty		Guernsey	St. Peter Port	04-Aug-16
2	10:42.01	Jenny James	V35	Guernsey	St. Peter Port	04-Aug-16
3	11:09.38	Chantal Green		Guernsey	St. Peter Port	04-Aug-16
4	11:17.91	Mel Nicolle		Guernsey	St. Peter Port	04-Aug-16
5	11:21.02	Eliza Mason	U15	Guernsey	St. Peter Port	04-Aug-16
6	11:41.67	Francesca Bown	U17	Guernsey	St. Peter Port	20-May-16
7	11:50.13	Amy Dallamore	U17	Guernsey	St. Peter Port	03-May-16

5000 Women Overall 2016 Guernsey Island AAC

1	17:28.50	Louise Perrio		Guernsey	St. Peter Port	30-Jun-16
2	17:51.85	Sarah Mercier		Guernsey	St. Peter Port	03-May-16
Road	18:23:00	Laura McCarthy		Guernsey	Footes Lane	25-Mar-16
	18:30.00	Island Games A std				
3	18:44.20	Laura McCarthy		Guernsey	St. Peter Port	30-Jun-16
4	18:52.00	Jenny James	V35	Guernsey	St. Peter Port	30-Jun-16
	18:55.00	Island Games Development std				
5	19:01.44	Chantal Green		Guernsey	St. Peter Port	03-May-16
6	19:29.93	Kate Wilesmith		Guernsey	St. Peter Port	20-May-16
7	20:24.36	Mel Nicolle		Guernsey	St. Peter Port	20-May-16
8	20:53.60	Sabrina Amy	V35	Guernsey	St. Peter Port	30-Jun-16
9	21:44.78	Emma Beardsell	V40	Guernsey	St. Peter Port	20-May-16
10	22:37.65	Chloe Masterton		Guernsey	St. Peter Port	20-May-16

11	26:45.72	Catherine Sinclair-St	V50	Guernsey	St. Peter Port	20-May-16
12	28:56.76	Ruth Whitton	V40	Guernsey	St. Peter Port	20-May-16

10000 Women Overall 2016 Guernsey Island AAC

Road	36:36:00	Sarah Mercier		Guernsey	St Peter Port	28-Mar-16
1	37:55.90	Louise Perrio		Guernsey	Parliament Hill	21-May-16
	38:35.00	Island Games A std				
	39:45.00	Island Games Development std				

3000SCW Women Overall 2016 Guernsey Island AAC

	12:00.00	Island Games A std				
	12:40.00	Island Games Development std				

No performances found

100HW Women Overall 2016 Guernsey Island AAC

	16.00	Island Games A std				
	16.40	Island Games Development std				

No performances found

400HW Women Overall 2016 Guernsey Island AAC

	67.00	Island Games A std				
	69.00	Island Games Development std				

No performances found

HJ Women Overall 2016 Guernsey Island AAC

Rank	Perf	Name		Club	Venue	Date
	1.57	Island Games A std				
1	1.56	Alice Hunt	U15	Guernsey	St. Peter Port	25-Jun-16
	1.53	Island Games Development std				
2	1.52	Eve Bott	U15	Guernsey	St. Peter Port	16-Jul-16
3	1.43	Rebecca Toll	U17	Guernsey	Emirates Arena	30-Jan-16
4	1.40	Eliza Mason	U15	Guernsey	St. Peter Port	16-Jul-16
5	1.38	Rhiannon Dowinton	U15	Guernsey	Portsmouth	02-May-16
6	1.32	Katie Riley	U20	Guernsey	St. Peter Port	25-Jun-16
7	1.25	Lily Whiteman	U13	Guernsey	St. Peter Port	25-Jun-16
7	1.25	Maisie Webster	U13	Guernsey	St. Peter Port	04-Sep-16
9	1.17	Vicky Hancock	U13	Guernsey	Portsmouth	02-May-16
10	1.10	Megan Lilley	U13	Guernsey	St. Peter Port	25-Jun-16

PV Women Overall 2016 Guernsey Island AAC

	3.40	Island Games A std				
	3.00	Island Games Development std				

No performances found

LJ Women Overall 2016 Guernsey Island AAC

1	5.33	Sophie Porter	U17	Guernsey	St. Peter Port	03-Jul-16
	5.05	Island Games A std				
2	5.01	Sarah Waters	U20	Guernsey	Emirates Arena	30-Jan-16
3	4.98	Abigail Galpin	U17	Guernsey	St. Peter Port	25-Jun-16
4	4.94	Alice Hunt	U15	Guernsey	St. Peter Port	01-May-16
5	4.89	Rhiannon Dowinton	U15	Guernsey	St. Peter Port	07-Aug-16
	4.85	Island Games Development std				
6	4.18	Sophie Lanoe	U15	Guernsey	St. Peter Port	25-Jun-16
7	4.15	Sorcha Chisholm	U15	Guernsey	St. Peter Port	05-Jun-16
8	4.03	Vicky Hancock	U13	Guernsey	St. Peter Port	25-Jun-16
9	4.02	Eve Walley	U13	Guernsey	St. Peter Port	16-Jul-16

10	3.92	Katie Riley	U20	Guernsey	St. Peter Port	25-Jun-16
11	3.77	Lillie Cochrane	U13	Guernsey	Portsmouth	15-May-16
11	3.77	Amelia Hart	U13	Guernsey	St. Peter Port	16-Jul-16
13	3.56	Summer Woodhead	U13	Guernsey	St. Peter Port	01-May-16
14	3.45	Phoebe Page	U13	Guernsey	St. Peter Port	03-Jul-16
15	3.36	Megan Lilley	U13	Guernsey	St. Peter Port	03-Jul-16

TJ Women Overall 2016 Guernsey Island AAC

	10.70	Island Games A std				
	10.50	Island Games Development std				
1	10.42	Alice Hunt	U15	Guernsey	St. Peter Port	25-Jun-16
2	9.81	Abigail Galpin	U17	Guernsey	Emirates Arena	30-Jan-16
3	9.74	Sarah Waters	U20	Guernsey	Emirates Arena	30-Jan-16
4	9.66	Eliza Mason	U15	Guernsey	St. Peter Port	25-Jun-16

SP4K Women Overall 2016 Guernsey Island AAC

	10.20	Island Games A std				
	9.80	Island Games Development std				

No performances found

DT1K Women Overall 2016 Guernsey Island AAC

1	34.97	Gemma Tingay		Bristol&West	Lee Valley	03-Jul-16
	31.25	Island Games A std				
	30.00	Island Games Development std				
2	20.68	Kira Avery	U17	Guernsey	St. Peter Port	25-Jun-16
3	20.14	Daisy Whiteman	U15	Guernsey	St. Peter Port	08-May-16
4	16.32	Ellie Brouard	U17	Guernsey	St. Peter Port	25-Jun-16

HT4K Women Overall 2016 Guernsey Island AAC

	34.50	Island Games A std				
	33.50	Island Games Development std				
1	29.00	Gemma Tingay		Bristol&West	Lee Valley	03-Jul-16

JT600 Women Overall 2016 Guernsey Island AAC

Rank	Perf	Name		Club	Venue	Date
1	42.57	Gemma Tingay		Bristol&West	Stoke Gifford	05-Jun-16
2	39.33	Zoe Fitch	U20	Guernsey	St. Peter Port	05-Jun-16
	32.00	Island Games A std				
	30.50	Island Games Development std				
3	29.30	Rebecca Le Tissier	U17	Guernsey	St. Peter Port	04-Sep-16
4	29.17	Debbie Doherty	V45	Guernsey	St. Peter Port	31-Jul-16

5k Road Women Overall 2016 Guernsey Island AAC

1	17.36	Sarah Mercier		Guernsey	Saumarez Park	24-Jun-16
2	17.39	Louise Perrio		Guernsey	Saumarez Park	23-Sep-16
3	18.23	Laura McCarthy		Guernsey	Footes Lane	25-Mar-16
4	19.01	Rebecca Le Maitre		Guernsey	Footes Lane	25-Mar-16
5	19.03	Chantal Green		Guernsey	Footes Lane	25-Mar-16
6	19.22	Jenny James	V35	Guernsey	Footes Lane	25-Mar-16
7	20.03	Sabrina Amy	V35	Guernsey	Footes Lane	25-Mar-16
8	20.06	Mel Nicolle		Guernsey	Footes Lane	25-Mar-16
9	20.10	Francesca Bown	U17	Guernsey	Saumarez Park	26-Aug-16
10	20.15	Amy Critchlow		Guernsey	Footes Lane	25-Mar-16
11	20.17	Kate Wilesmith		Guernsey	Footes Lane	25-Mar-16

12	20.19	Liz Dudin		Guernsey	Footes Lane	25-Mar-16
13	20.29	Eliza Mason	U15	Guernsey	Saumarez Park	23-May-16
14	20.46	Summer Woodhead	U13	Guernsey	Saumarez Park	23-Sep-16
15	20.54	Amy Dallamore	U15	Guernsey	Footes Lane	25-Mar-16

10K Women Overall 2016 Guernsey Island AAC

1	36:36:00	Sarah Mercier		Guernsey	St Peter Port	28-Mar-16
2	40:38:00	Chantal Green		Guernsey	Vale	06-Mar-16
3	40:42:00	Jenny James	V35	Guernsey	Vale	06-Mar-16
4	42:53:00	Kate Wilesmith		Guernsey	St Peter Port	28-Mar-16
5	43:00:00	Liz Dudin		Guernsey	St Peter Port	28-Mar-16
6	43:14:00	Mel Nicolle		Guernsey	St Peter Port	28-Mar-16
7	43:30:00	Sabrina Amy	V35	Guernsey	St Peter Port	28-Mar-16
8	46:10:00	Anna Phillips	V35	Guernsey	St Peter Port	28-Mar-16
9	46:58:00	Caroline E Creed	V45	Guernsey	Vale	06-Mar-16
10	47:06:00	Gemma Le Sauvage	V35	Guernsey	Vale	06-Mar-16
11	47:16:00	Jocelyn McLellan		Guernsey	St Peter Port	28-Mar-16
12	47:17:00	Nicole Petit		Guernsey	Castel	11-Sep-16
13	47:20:00	Chloe Masterton		Guernsey	Vale	06-Mar-16
14	47:32:00	Elaine Graham		Guernsey	Castel	11-Sep-16

HM Women Overall 2016 Guernsey Island AAC

1	1:25:24	Ulrike Maisch	V35	Guernsey	St. Peter Port	19-Jun-16
	1:27:00	Island Games A std				
2	1:28:28	Laura McCarthy		Guernsey	St. Peter Port	19-Jun-16
	1:19:30	Island Games Development std				
3	1:30:46	Liz Dudin		Guernsey	St. Peter Port	19-Jun-16
4	1:31:52	Jenny James	V35	Guernsey	Reading	03-Apr-16
5	1:34:19	Louise Smith		Guernsey	St. Peter Port	19-Jun-16
6	1:39:49	Megan Chapple		Guernsey	St. Peter Port	19-Jun-16
7	1:40:06	Sabrina Amy	V35	Guernsey	St. Peter Port	19-Jun-16
8	1:40:33	Helene Herve		Guernsey	St. Peter Port	19-Jun-16
9	1:40:40	Frances Le Tissier		Guernsey	St. Peter Port	19-Jun-16
10	1:47:44	Gemma Le Sauvage	V35	Guernsey	Gosport	20-Nov-16

Mar Women Overall 2016 Guernsey Island AAC

1	2:56:49	Ulrike Maisch	V35	Guernsey	St Peter Port	28-Aug-16
2	3:31:10	Anna Tyson		Guernsey	London	24-Apr-16
3	3:40:38	Emma Beardsell	V40	Guernsey	Manchester	10-Apr-16
4	3:42:29	Mel Bichard	V50	Guernsey	Boston MA, USA	18-Apr-16
5	3:42:40	Hannah McHugh		Guernsey	Berlin	25-Sep-16
6	3:57:46	Emily Torode		Guernsey		28-Aug-16
7	4:09:56	Alice Loveridge		Guernsey	Manchester	10-Apr-16
8	4:10:45	Vicky Carre		Guernsey	Jersey	02-Oct-16
9	4:10:55	Jenny Keeping		Guernsey	Brighton	24-Apr-16
10	4:18:07	Sarah Holland		Guernsey	London	24-Apr-16
11	4:25:47	Lara De Carteret		Guernsey	London	24-Apr-16
12	4:28:24	Nikki Scott		Guernsey	Amsterdam	16-Oct-16
13	4:30:06	Laurelle May		Guernsey	Berlin	25-Sep-16
14	4:32:13	Teresa Merrien		Guernsey	London	24-Apr-16
15	4:35:20	Katie Elward		Guernsey	St Peter Port	28-Aug-16