Guernsey Men's Athletics Rankings lists 2020

as at 15/12/2020

Original 2021 Island Games standards shown now defunct.

100 Men Overall 2020

Rank	Perf	Name		Club	Venue	Date
1	10.88	Joshua Allaway		Guernsey	St. Peter Port	02-Aug-20
2	11.09	Tom Druce		Guernsey	St. Peter Port	14-Jun-20
	11.15	Island Games A Standard				
3	11.29	Lucas Rive	U23	Guernsey	St. Peter Port	10-Sep-20
4	11.45	Joshua Duke	U20	Guernsey	St. Peter Port	16-Jul-20
	11.45	Island Games B Standard				
5	11.63	Sam Wallbridge		Guernsey	St. Peter Port	13-Sep-20
6	11.65	Chris Bain	U20	Guernsey	St. Peter Port	13-Sep-20
7	11.82	Alex Falla	U17	Guernsey	St. Peter Port	02-Aug-20
8	11.91	Tim Ap Sion	U15	Guernsey	St. Peter Port	02-Aug-20
9	12.03	Ben Stevens	U17	Guernsey	St. Peter Port	28-Jun-20
10	12.14	Josh Avery	U17	Guernsey	St. Peter Port	10-Sep-20
11	12.25	James Goubert	U17	Guernsey	St Peter Port	06-Aug-20
12	12.31	Sam Lesley		Guernsey	St. Peter Port	13-Sep-20
13	12.62	Henry Lister	U17	Guernsey	St. Peter Port	16-Jul-20
14	12.63	Gian-Luca Robilliard	U17	Guernsey	St. Peter Port	13-Sep-20
15	12.66	Isaac Powers	U20	Guernsey	St. Peter Port	13-Sep-20

200 Men Overall 2020

1	21.83	Joe Chadwick	U20	Guernsey	Sheffield (i)	23-Feb-20
2	22.45	Peter Curtis	U23	Guernsey	St. Peter Port	23-Aug-20
	22.70	Island Games A Standard				
	23.20	Island Games B Standard				
3	23.42	Chris Bain	U20	Guernsey	St. Peter Port	23-Aug-20
4	24.13	Alex Falla	U17	Guernsey	St. Peter Port	23-Aug-20
5	24.35	Ben Stevens	U17	Guernsey	St. Peter Port	23-Aug-20
6	24.89	Tim Ap Sion	U15	Guernsey	St. Peter Port	23-Aug-20
7	25.24	James Goubert	U17	Guernsey	St. Peter Port	23-Aug-20
8	27.26	Chris Chalmers	V60	Guernsey	St. Peter Port	02-Aug-20
9	28.66	Bertie Beddow	U13	Guernsey	St. Peter Port	13-Sep-20
10	29.38	Arthur Aylmer	U15	Guernsey	St. Peter Port	02-Aug-20
11	30.44	Tyrese Kelly	U13	Guernsey	St. Peter Port	16-Jul-20

400 Men Overall 2020

1	50.12	Chris Bain	U20	Guernsey	St. Peter Port	10-Sep-20
2	50.30	Joe Chadwick	U20	Guernsey	Cardiff(i)	19-Jan-20
	50.60	Island Games A Standard				
3	50.71	Sam Wallbridge		Guernsey	St. Peter Port	10-Sep-20
4	51.46	Lucas Rive	U23	Guernsey	St. Peter Port	10-Sep-20
5	51.74	Dale Garland	V35	Guernsey	St. Peter Port	10-Sep-20
	51.80	Island Games B Standard.				
6	52.49	Gian-Luca Robilliard	U17	Guernsey	St. Peter Port	10-Sep-20
7	52.56	Joseph Yeaman	U23	Guernsey	St. Peter Port	12-Jul-20
7	52.56	Joshua Duke	U20	Guernsey	St. Peter Port	10-Sep-20
9	52.57	Ben Stevens	U17	Guernsey	St. Peter Port	10-Sep-20
10	54.31	Isaac Powers	U20	Guernsey	St. Peter Port	12-Jul-20
11	54.48	Alex Falla	U17	Guernsey	St. Peter Port	10-Sep-20
12	57.11	Mikey Ingrouille	U20	Guernsey	St. Peter Port	12-Jul-20
13	60.81	Chris Chalmers	V60	Guernsey	St Peter Port	06-Aug-20

800 Men Overall 2020

1	01:53.48	Chris Bain	U20	Guernsey	St. Peter Port	13-Sep-20
2	01:55.96	Alex Rowe	U23	Guernsey	St. Peter Port	28-Jun-20
3	01:56.23	Joseph Yeaman	U23	Guernsey	St. Peter Port	28-Jun-20
	01:57.75	Island Games A Standard				
4	01:57.99	Sam Lesley		Guernsey	St. Peter Port	23-Aug-20
5	01:58.40	Isaac Powers	U20	Guernsey	St. Peter Port	23-Aug-20
6	01:58.68	Richard Thorburn	U23	Southampton	Southampton	05-Sep-20
7	01:59.56	Gian-Luca Robilliard	U17	Guernsey	St. Peter Port	28-Jun-20
	02:00.00	Island Games B Standard				
8	02:01.91	James Priest		Guernsey	St. Peter Port	16-Jul-20
9	02:03.46	Henry Lister	U17	Guernsey	St. Peter Port	16-Jul-20
10	02:04.05	William Bodkin		Guernsey	St. Peter Port	16-Jul-20
11	02:09.46	Jack Le Tissier	U17	Guernsey	St. Peter Port	02-Aug-20
12	02:12.82	Mikey Ingrouille	U20	Guernsey	St. Peter Port	28-Jun-20
13	02:13.99	Darren Troalic		Guernsey	St. Peter Port	23-Aug-20
14	02:15.86	George Montgomery	U15	Guernsey	St. Peter Port	16-Jul-20
15	02:16.67	Jack Riley	U15	Guernsey	St. Peter Port	16-Jul-20

1500 Men Overall 2020

1	04:00.64	Alex Rowe	U23	Guernsey	St Peter Port	06-Aug-20
	04:02.00	Island Games A Standard				
2	04:02.44	Sam Lesley		Guernsey	St. Peter Port	26-Jul-20
3	04:03.84	Luke Williams		San Domenico	Swansea	20-Sep-20
4	04:04.29	William Bodkin		Guernsey	St. Peter Port	26-Jul-20
5	04:04.59	Chris Bain	U20	Guernsey	St Peter Port	06-Aug-20
	04:08.00	Island Games B Standard				
6	04:08.74	James Priest		Guernsey	St. Peter Port	26-Jul-20
7	04:14.63	Richard Bartram	U23	Guernsey	St. Peter Port	12-Jul-20
8	04:17.25	Isaac Powers	U20	Guernsey	St. Peter Port	30-Aug-20
9	04:22.10	Henry Lister	U17	Guernsey	St. Peter Port	30-Aug-20
10	04:30.17	Jack Le Tissier	U17	Guernsey	St. Peter Port	30-Aug-20
11	04:32.84	Chris Gillman	V35	Guernsey	St Peter Port	06-Aug-20
12	04:33.24	Darren Troalic		Guernsey	St Peter Port	06-Aug-20
13	04:34.56	Lee Garland	V45	Guernsey	St. Peter Port	30-Aug-20
14	04:44.20	Toby Mann	V35	Guernsey	St. Peter Port	12-Jul-20
15	04:46.30	George Montgomery	U15	Guernsey	St. Peter Port	30-Aug-20

3000 Men Overall 2020

1	08:46.85	Luke Williams		San Domenico	Aberdare	29-Aug-20

5000 Men Overall 2020

1	15:37.13	William Bodkin		Guernsey	St. Peter Port	23-Aug-20
2	15:37.31	Richard Friedrich	V35	Guernsey	St. Peter Port	12-Jul-20
	15:40.00	Island Games A Standard				
3	15:49.83	James Priest		Guernsey	St. Peter Port	12-Jul-20
4	15:58.91	Michael Wilesmith		Guernsey	St. Peter Port	12-Jul-20
	16:10.00	Island Games B Standard				
5	16:22.67	Nick Mann	V40	Guernsey	St. Peter Port	12-Jul-20
6	16:23.37	Alex Rowe	U23	Guernsey	St. Peter Port	23-Aug-20
7	16:26.03	George Mason		Guernsey	St. Peter Port	12-Jul-20
8	17:12.27	Sam Lesley		Guernsey	St. Peter Port	12-Jul-20
9	17:43.93	Isaac Bate	U23	Guernsey	St. Peter Port	23-Aug-20
10	17:47.95	Samuel Galpin	U23	Guernsey	St. Peter Port	12-Jul-20
11	17:50.02	Ben Foote	V35	Guernsey	St. Peter Port	12-Jul-20
12	17:50.11	Lee Garland	V45	Guernsey	St. Peter Port	12-Jul-20
13	17:51.25	Warwick Helps	V40	Guernsey	St. Peter Port	23-Aug-20
14	17:59.07	Darren Troalic		Guernsey	St. Peter Port	23-Aug-20
15	18:06.87	Tom Shaw	V35	Guernsey	St. Peter Port	12-Jul-20

10000 Men Overall 2020

1	32:19.50	William Bodkin		Guernsey	St. Peter Port	24-Sep-20
2	32:33.00	James Priest		Guernsey	St. Peter Port	24-Sep-20
	33:00.00	Island Games A Standard				
	33:40.00	Island Games B Standard				
3	35:40.90	Richard Thorburn	U23	Southampton	St. Peter Port	24-Sep-20
4	35:44.50	Samuel Galpin	U23	Guernsey	St. Peter Port	24-Sep-20
5	36:44.90	Ben Wilen		Guernsey	St. Peter Port	24-Sep-20
6	37:15.10	David Crosland	V40	Guernsey	St. Peter Port	24-Sep-20
7	37:25.50	Ben Foote	V35	Guernsey	St. Peter Port	24-Sep-20
8	37:39.10	Toby Mann	V35	Guernsey	St. Peter Port	24-Sep-20
9	38:41.20	Samual Goddard	U20	Guernsey	St. Peter Port	24-Sep-20
10	39:08.60	James De Garis	V40	Guernsey	St. Peter Port	24-Sep-20
11	39:12.60	Tom Nichols		Guernsey	St. Peter Port	24-Sep-20
12	39:37.20	Adrian Lihou	V50	Guernsey	St. Peter Port	24-Sep-20
13	39:39.20	Munyaradzi Munzwembiri		Guernsey	St. Peter Port	24-Sep-20
14	39:45.30	Adam Dorey	V45	Guernsey	St. Peter Port	24-Sep-20
15	39:47.00	Clint King	V35	Guernsey	St. Peter Port	24-Sep-20

3000SC Men Overall 2020

	10:00.00	Island Games A Standard				
	10:20.00	Island Games B Standard				
1	10:49.0	Lee Garland	V45	Guernsey	St. Peter Port	13-Sep-20

110H Men Overall 2020

	15.60	Island Games A Standard				
	16.00	Island Games B Standard				

400H Men Overall 2020

1	49.66	Alastair Chalmers [Bı	U23	Guernsey	Sportcity	05-Sep-20
2	52.00	Peter Curtis	U23	Guernsey	Sportcity	05-Sep-20
3	54.30	Sam Wallbridge		Guernsey	St Peter Port	06-Aug-20
	56.40	Island Games A Standard				
	58.50	Island Games B Standard				

HJ Men Overall 2020

	1.87	Island Games A Standard				
1	1.80	Dale Garland	V35	Guernsey	St. Peter Port	26-Jul-20
	1.80	Island Games B Standard				
2	1.69	Tim Ap Sion	U15	Guernsey	St. Peter Port	28-Jun-20
3	1.60	Josh Avery	U17	Guernsey	St. Peter Port	23-Aug-20
4	1.21	Arthur Aylmer	U15	Guernsey	St. Peter Port	02-Aug-20
5	1.20	Tyrese Kelly	U13	Guernsey	St. Peter Port	26-Jul-20

PV Men Overall 2020 No performances found

LJ Men Overall 2020

1	7.09	Jordan Kelly	U23	Guernsey	Emirates Arena(i)	26-Jan-20
	6.70	Island Games A Standard				
2	6.36	Dale Garland	V35	Guernsey	St. Peter Port	13-Sep-20
	6.30	Island Games B Standard				
3	6.19	Jon Guille		Guernsey	St. Peter Port	30-Jul-20
4	5.92	Tim Ap Sion	U15	Guernsey	St. Peter Port	13-Sep-20
5	5.85	James Bougourd		Guernsey	St. Peter Port	30-Jul-20
6	5.72	Josh Avery	U17	Guernsey	St. Peter Port	30-Jul-20
7	4.43	Bertie Beddow	U13	Guernsey	St. Peter Port	02-Aug-20
8	4.08	Charlie Hynes	U13	Guernsey	St. Peter Port	30-Jul-20
9	3.96	Arthur Aylmer	U15	Guernsey	St. Peter Port	30-Jul-20
10	3.94	Tyrese Kelly	U13	Guernsey	St. Peter Port	30-Jul-20

TJ Men Overall 2020

	13.55	Island Games A Standard				
1	13.20	Jon Guille		Guernsey	St. Peter Port	30-Aug-20
	13.00	Island Games B Standard				

SP7.26K Men Overall 2020

	12.50	Island Games A Standard				
	11.80	Island Games B Standard				
1	10.57	Dale Garland	V35	Guernsey	St. Peter Port	30-Jul-20
2	9.70	James Bougourd		Guernsey	St. Peter Port	30-Jul-20

DT2K Men Overall 2020

	40.00	Island Games A Standard				
	37.00	Island Games B Standard				
1	35.41	Thomas Brierley	U23	Guernsey	St. Peter Port	30-Aug-20
2	33.95	James Bougourd		Guernsey	St. Peter Port	02-Aug-20
3	25.70	Dale Garland	V35	Guernsey	St. Peter Port	23-Aug-20

HT7.26K Men Overall 2020

	44.00	Island Games A Standard				
	41.50	Island Games B Standard				
1	37.84	James Bougourd		Guernsey	St. Peter Port	12-Jul-20
2	23.42	Jon Guille		Guernsey	St. Peter Port	23-Aug-20

JT800 Men Overall 2020

1	56.69	James Bougourd		Guernsey	St. Peter Port	14-Jun-20
	53.00	Island Games A Standard				
	49.00	Island Games B Standard				
2	48.10	Dale Garland	V35	Guernsey	St. Peter Port	26-Jul-20
3	43.32	Jon Guille		Guernsey	St. Peter Port	14-Jun-20
4	42.83	Josh Avery	U17	Guernsey	St. Peter Port	26-Jul-20

5K Road Men Overall 2020

1	15:29	William Bodkin			L'Eree-Vazon	13-Aug-20
2	15:40	Sam Lesley			L'Eree-Vazon	13-Aug-20
	15:40.00	Island Games A Standard				
3	15:46	James Priest			L'Eree-Vazon	13-Aug-20
	16:10.00	Island Games B Standard				
4	16:51	Carl Holden	V35		Saumarez Park	15-Mar-20
5	17:07	Samual Galpin	U23		L'Eree-Vazon	13-Aug-20
6	17:08	Nick Mann	V35		Saumarez Park	15-Mar-20
7	17:16	Isaac Bate	U23		L'Eree-Vazon	13-Aug-20
8	17:26	Chris Gillman			Saumarez Park	15-Mar-20
9	17:27	Darren Smith			L'Eree-Vazon	13-Aug-20
10	17:31	Graham Merfield	V55		L'Eree-Vazon	13-Aug-20
11	17:35	Ciaran Slattery			L'Eree-Vazon	13-Aug-20
12	17:40	Ben Foote	V35		L'Eree-Vazon	13-Aug-20
13	17:45	Ben Wilen			L'Eree-Vazon	13-Aug-20
14	17:46	Fabio Teles			L'Eree-Vazon	13-Aug-20
15	17:47	Richard Hann	V35		L'Eree-Vazon	13-Aug-20

10K Road Men Overall 2020

1	33:10	William Bodkin		Castel	13-Sep-20
	33:10	Island Games A Standard			
2	33:27	James Priest		Castel	13-Sep-20
	33:40	Island Games B Standard			
3	33:50	Michael Wilesmith		Pembroke Bay	02-Aug-20
4	34:41	Nick Mann	V40	Pembroke Bay	02-Aug-20
5	35:41	Sam Lesley		Pembroke	23-Feb-20
6	36:03	Samuel Galpin	U20	Pembroke Bay	02-Aug-20
7	36:07	Darren Troalic		Castel	13-Sep-20
8	36:55	Ciaran Slattery		Castel	13-Sep-20
9	37:02	Andrew Mcarthur		Kew	13-Sep-20
10	37:21	Graham Merfield	V55	Pembroke Bay	02-Aug-20
11	37:25	Chris Norman		Castel	13-Sep-20
12	37:35	Isaac Bate	U20	Pembroke Bay	02-Aug-20
13	37:41	Carl Holden	V35	Pembroke	23-Feb-20
14	37:44	Samuel Hamperl		Pembroke Bay	02-Aug-20
15	37:59	David Crosland	V40	Castel	13-Sep-20
15	38:22	Richard Moore	V35	Pembroke Bay	02-Aug-20

HM Men Overall 2020

1	67:43	Luke Williams		Bath	15-Mar-20
2	72:35	William Bodkin		St Peter Port	06-Sep-20
	73:00	Island Games A Standard			
3	74:05	Nick Mann	V40	St Peter Port	06-Sep-20
4	76:15	Samuel Galpin	U23	St Peter Port	06-Sep-20
	76:20	Island Games B Standard			
5	76:26	Tony Clarkson	V40	Ras Al Khaimah, UAI	21-Feb-20
6	77:08	Darren Troalic		St Peter Port	06-Sep-20
7	77:14	Matt Dorrian	V40	St Peter Port	06-Sep-20
8	77:52	Carl Holden	V35	Farnborough	26-Jan-20
9	78:14	Graham Merfield	V55	St Peter Port	06-Sep-20
10	78:57	Jamie Ingrouille		St Peter Port	06-Sep-20
11	81:05	Ben Wilen		St Peter Port	06-Sep-20
12	81:52	Isaac Bate	U23	St Peter Port	06-Sep-20
13	81:53	James Travers		St Peter Port	06-Sep-20
14	82:27	David Crosland	V40	St Peter Port	06-Sep-20
15	82:32	Chris Norman		St Peter Port	06-Sep-20

Marathon Men Overall 2020

1	2:41:55	Richard Friedrich	V35	St. Peter Port	25-Oct-20
2	2:42:51	Tony Clarkson	V40	Dubai, UAE	24-Jan-20
3	2:45:56	Nick Mann	V40	St. Peter Port	25-Oct-20
4	2:54:57	Graham Merfield	V55	St. Peter Port	25-Oct-20
5	3:04:45	Ryan Martel		St. Peter Port	25-Oct-20
6	3:05:52	Carl Blewett	V35	St. Peter Port	25-Oct-20
7	3:09:22	Fabio Teles		St. Peter Port	25-Oct-20
8	3:11:47	Marc Guille	V35	St. Peter Port	25-Oct-20
9	3:16:14	Ben Foote	V35	St. Peter Port	25-Oct-20
10	3:16:51	Samual Goddard	U20	St. Peter Port	25-Oct-20
11	3:17:15	Ben Langlois		St. Peter Port	25-Oct-20
12	3:20:13	Ryan De Jersey	V35	St. Peter Port	25-Oct-20
13	3:21:57	Dave Costen	V45	St. Peter Port	25-Oct-20
14	3:23:13	Matthew Jamieson	V40	St. Peter Port	25-Oct-20
15	3:24:01	Adrian Lihou	V50	St. Peter Port	25-Oct-20