

FNB Cross Country Open (inc. Club Championships)

Les Norgiots, 9th Dec 2023

Senior Men 4 laps/ 8.5km

Pos.	Bib No.	Name	Cat	Time
1	60	Lee Merrien	V40 M	33.59
2	600	Chris Bain	SM M	36.16
3	409	Peter Amy	V40 M	36.47
4	467	Matthew Jamieson	V45 M	37.16
5	495	Carl Holden	V35 M	38.44
6	469	Toby Mann	V35 M	38.58
7	477	Tom Nichols	SEN M	39.01
8	66	Fábio Teles	V35 M	39.05
9	45	Ciaran Slattery	SEN M	39.11
10	450	Mikey Ingrouille	SEN M	39.19
11	460	Mark Jeffreys	SEN M	39.33
12	482	Chris Gillman	V35 M	39.39
13	516	Danny Blake	V45 M	40.16
14	501	Nicolas Ackermann	U20 M	40.26
15	472	Graham Merfield	V60 M	40.35
16	447	Ben Langlois	V35 M	40.50
17	46	Aaron Slattery	SEN M	41.57
18	500	Mickey Haimes	SEN M	42.25
19	449	Daniel Legg	V35 M	42.28
20	505	James Travers	V35 M	44.31
21	423	Robert King	V35 M	44.39
22	436	Steven Marquis	V40 M	45.12
23	52	Jason Le Prevost	V35 M	45.43
24	34	Marc Isabelle	V35 M	45.46
25	402	Sean Galpin	V55 M	46.02
26	489	Joe Le Page	SEN M	46.07
27	44	Mark Naftel	V55 M	46.42
28	428	James Woolrich	SEN M	46.56
29	424	Michael Way	V50 M	47.39
30	441	Jon Sexton	V45 M	47.56
31	448	Daniel Brehaut	V45 M	48.27
32	31	Steve James	V40 M	51.01
33	10	Andy Bell	V45 M	51.16
34	43	Steve Sarre	V40 M	53.18
35	540	Paul Ingrouille	V60 M	53.47

Senior Women 6.4k/ 3 laps

1	434	Nicole Petit	SEN F	31.20
2	541	Kate Bain	U20 F	35.27
3	6	Amy Critchlow	V40 F	35.48
4	86	Louise Smith	V45 F	37.02

U17 & Sportive Race 4.5k/2 laps

1	454	Jack Rees	U17 M	17.47
2	411	Thomas Gavey	U17 M	20.56
3	529	Kiko Rocha	U17 M	21.06
4	466	Eleanor Jamieson	U17 F	23.15
5	427	Steve Smith	V55 M	24.01
6	92	Shane Gaudion	V50 M	24.02
7	519	Hannah Kennedy	U17 F	24.11
8	488	Joseph Truelove	V50 M	24.26
9	58	Steve Le Flem	V45 M	25.12
10	51	Adam Heaume	V40 M	25.26
11	499	Vicki Joyce	V50 F	25.45
12	478	Belinda Smith	V50 F	25.48
13	70	Rob Randell	V45 M	26.01
14	515	Matt Mason	V55 M	26.29
15	455	Michael Adkins	V45 M	26.34
16	18	Jeremy Mew	V55 M	26.50
17	426	Pip Bain	V45 F	26.51
18	431	Jenny Simons	V55 F	27.19
19	9	Dewi Clatworthy	V35 F	27.57
20	7	Emily Squire	V45 F	28.16
21	437	Des Gorman	V55 M	28.36
22	410	Alison Gavey	V55 F	29.02
23	435	Gregory Josey	V50 M	29.36
24	417	Jeanne Svejstrup	V50 F	30.01
25	438	Sam Sexton	V45 F	30.57
26	414	Alec Bain	V50 M	31.10
27	35	Evelien Harrison	V40 F	34.15
28	29	Zoe Marquis	V40 F	35.13
29	462	Paul James	V45 M	35.35
30	457	Rick Mann	V70 M	36.09
31	446	Samantha Ingrouille	V55 F	37.32
32	413	Trevor Jefferies	V80 M	47.02

U15 & 13 2.5k / 1 lap

_1	535	James Stafford-Bell	U15 M	09.52
_2	513	Emil Friedrich	U13 M	10.02
_3	468	Tom Holt	U15 M	10.05
_4	432	Max Roger	U13 M	10.06
_5	536	Max Stafford-Bell	U13 M	10.08
_6	490	Orla Montgomery	U15 F	10.45
_7	433	Alfie Roger	U13 M	10.47
_8	470	Grace King	U13 F	10.47

_9	25	George Speechley	U13 M	11.43
_10	530	Inês Rocha	U15 F	11.44
_11	299	Toby Blake	U13 M	11.52
_12	407	Indi Warren	U13 F	12.07
_13	465	Daniel Jamieson	U15 M	12.14
_14	512	Taya Smit	U13 F	12.38
_15	485	Lexi Fletcher	U13 F	12.46
_16	537	Imogen Torode	U13 F	12.48
_17	406	Eden Smith	U13 F	13.44
_18	486	Jessica Merrien	U13 F	15.22
_19	439	Emilia Sexton	U13 F	16.32