Guernsey Women's Athletics Rankings lists 2024 Vs. Island Games standards

23-Dec-24

100 Women Guernsey 2024

1	11.83	Abi Galpin		Guernsey	Sportcity	29-Jun-24
2	12.69	Edie Dorrian	U17	Guernsey	St. Peter Port	28-Apr-24
	12.75	Island Games A Standard				
3	12.73	Emily Pike	U20	Guernsey	St. Peter Port	19-May-24
4	12.80	Amelie Van Heerden	U15	Guernsey	St. Peter Port	19-May-24
5	12.83	Rhiannon Dowinton	U23	Guernsey	St. Peter Port	04-Aug-24
6	12.93	Tilly Beddow	U20	Guernsey	St. Peter Port	28-Apr-24
	13.00	Island Games B Standard				
7	13.07	Amelia Hart	U23	Guernsey	Sportcity	04-May-24
8	13.31	Sofia Mella	U23	Guernsey	St. Peter Port	01-Sep-24
9	13.33	Carrie Dowding	U20	Guernsey	St. Peter Port	04-Aug-24
10	13.36	Aimee Lilley	U20	Guernsey	St. Peter Port	04-Aug-24
11	13.65	Daisy Le Page	U13	Guernsey	St. Peter Port	04-Aug-24
12	13.68	Joselyn Ford	U15	Guernsey	St. Peter Port	04-Aug-24
13	13.69	Nikola Vagule	U15	Guernsey	Winchester	14-Apr-24
14	13.70	Amelie Carpentier	U20	Guernsey	St. Peter Port	01-Sep-24
15	13.75	Olivia Whitmore	U15	Guernsey	Winchester	14-Apr-24

200 Women Guernsey 2024

1	23.95	Abi Galpin		Guernsey	St. Peter Port	19-May-24
	25.90	Island Games A Standard				
2	26.48	Emily Pike	U20	Guernsey	Eton	09-Jun-24
3	26.59	Amelie Van Heerden	U15	Guernsey	St. Peter Port	06-Jun-24
	26.70	Island Games B Standard				
4	26.88	Amelia Hart	U23	Guernsey	Sportcity	05-May-24
5	27.36	Edie Dorrian	U17	Guernsey	Winchester	14-Apr-24
6	28.55	Olivia Whitmore	U15	Guernsey	St. Peter Port	23-Jun-24
7	28.75	Orla Montgomery	U15	Guernsey	St. Peter Port	19-May-24
8	28.77	Taya Smit	U15	Guernsey	St. Peter Port	23-Jun-24
9	28.79	Joselyn Ford	U15	Guernsey	St. Peter Port	23-Jun-24
10	28.83	Aimee Lilley	U20	Guernsey	St. Peter Port	06-Jun-24
11	28.98	Eloise Scholes	U23	Guernsey	Sportcity	05-May-24
12	29.48	Rosie White	U15	Guernsey	St. Peter Port	06-Jun-24
13	29.53	Nikola Vagule	U15	Guernsey	Portsmouth	12-May-24
14	29.63	Amity Horton	U13	Guernsey	St. Peter Port	23-Jun-24
15	29.81	Caitlin Tucker	U13	Guernsey	Portsmouth	12-May-24

400 Women Guernsey 2024

1	54.74	Abi Galpin		Guernsey	Oslo, NOR	18-Jun-24
	59.50	Island Games A Standard				
	60.70	Island Games B Standard				
2	62.19	Emily Pike	U20	Guernsey	St. Peter Port	01-Sep-24
3	64.80	Emma Etheredge		Guernsey	Ewell	12-Jun-24

800 Women Guernsey 2024

1	02:11.67	Darcey Hodgson	U17	Guernsey	St. Peter Port	23-Jun-24
2	02:13.19	Kate Bain	U20	Guernsey	Loughborough	22-Jun-24
	02:18.50	Island Games A Standard				
	02:21.00	Island Games B Standard				
3	02:22.52	Emma Etheredge		Guernsey	Eton	08-Jun-24
4	02:23.82	Grace King	U15	Guernsey	St. Peter Port	05-Jul-24
5	02:24.75	Orla Montgomery	U15	Guernsey	Portsmouth	12-May-24
6	02:26.59	Eloise Scholes	U23	Guernsey	St. Peter Port	04-Aug-24
7	02:32.90	Helen Hadjam	V45	Jersey	St. Clement	20-Jun-24
8	02:33.50	Ulrike Maisch	V45	Guernsey	St. Peter Port	19-May-24
9	02:33.80	Theodora Murray	U15	Guernsey	Portsmouth	12-May-24
10	02:34.20	Caitlin Tucker	U13	Guernsey	Portsmouth	06-May-24
11	02:46.25	Indi Warren	U15	Guernsey	St. Peter Port	23-Jun-24
12	02:46.83	Poppy Hyland	U15	Guernsey	St. Peter Port	23-Jun-24
13	02:46.93	Lexi Fletcher	U15	Guernsey	St. Peter Port	23-Jun-24
14	02:48.37	Imogen Torode	U13	Guernsey	St. Peter Port	19-May-24
15	02:49.37	Willow Warren	U13	Guernsey	St. Peter Port	19-May-24

1500 Women Guernsey 2024

1	04:39.86	Kate Bain	U20	Guernsey	Cardiff	27-Jan-24
	04:48.00	Island Games A Standard				
2	04:52.88	Emma Etheredge		Guernsey	Wimbledon	29-May-24
	04:53.00	Island Games B Standard				
3	04:53.70	Darcey Hodgson	U17	Guernsey	St. Peter Port	18-Apr-24
4	04:55.85	Grace King	U15	Guernsey	St. Clement	07-Jul-24
5	05:00.71	Orla Montgomery	U15	Guernsey	St. Peter Port	18-Apr-24
6	05:06.54	Ulrike Maisch	V45	Guernsey	St. Peter Port	28-Apr-24
7	05:13.61	Abbie Swain		Guernsey	St. Peter Port	28-Apr-24
8	05:14.23	Theodora Murray	U15	Guernsey	Portsmouth	11-May-24
9	05:28.22	Indi Warren	U15	Guernsey	St. Peter Port	06-Jun-24
10	05:36.17	Eleanor Jamieson	U17	Guernsey	St. Peter Port	06-Jun-24
11	05:40.22	Lexi Fletcher	U15	Guernsey	St. Peter Port	06-Jun-24
12	05:42.29	Poppy Hyland	U15	Guernsey	St. Peter Port	06-Jun-24
13	05:44.70	Erin Greenfield	U13	Guernsey	St. Peter Port	06-Jun-24
14	05:48.33	Lara Veillard	U17	Guernsey	St. Peter Port	01-Sep-24
15	05:51.17	Imogen Torode	U13	Guernsey	St. Peter Port	28-Apr-24

3000 Women 2022

1	10:53.68	Emma Etheredge		Guernsey	Portsmouth	07-Apr-24
2	11:26.64	Vanessa King	V35	Guernsey	St. Peter Port	23-Jun-24
3	12:15.70	Eleanor Jamieson	U17	Guernsey	St. Peter Port	23-Jun-24
4	13:44.03	Jeanne Svejstrup	V50	Guernsey	St. Peter Port	23-Jun-24
5	14:41.86	Alison Gavey	V55	Guernsey	St. Peter Port	23-Jun-24

5000 Women Guernsey 2024

	18:20.00	Island Games A Standard				
	18:40.00	Island Games B Standard				
1	18:43.18	Emma Etheredge		Guernsey	Battersea Park	26-Apr-24
2	19:16.72	Abbie Swain		Guernsey	St. Peter Port	06-Jun-24
3	19:30.39	Vanessa King	V35	Guernsey	St. Peter Port	05-Jul-24
4	22:14.91	Eve Bott	U23	Guernsey	St. Peter Port	05-Jul-24
5	23:05.10	Rebecca Whitmore	V45	Guernsey	St. Peter Port	05-Jul-24
6	23:40.18	Jeanne Svejstrup	V50	Guernsey	St. Peter Port	06-Jun-24
7	25:27.27	Alison Gavey	V55	Guernsey	St. Peter Port	06-Jun-24
8	25:40.48	Tracy Rist	V40	Guernsey	St. Peter Port	05-Jul-24
9	28:27.48	Jayne Golborne	V50	Guernsey	St. Peter Port	06-Jun-24
10	29:26.83	Kirsty Furley	V45	Guernsey	St. Peter Port	05-Jul-24

5K Road Women Guernsey 2024 Provisional 9 Dec 24

1	17:35	Nat Whitty	V35		Easter/L'Eree-Vazor	29-Mar-24
2	17:50	Nicole Petit			Easter/L'Eree-Vazor	29-Mar-24
3	18:11	Ulrike Maisch	V45		Easter/L'Eree-Vazor	29-Mar-24
	18:20.00	Island Games A Standard				
4	18:29	Emma Etheredge			Easter/L'Eree-Vazor	29-Mar-24
	18:40.00	Island Games B Standard				
5	18:46	Grace King	U13		Seaside-Quayside	21-Apr-24
6	18:52	Abbie Swain			Easter/L'Eree-Vazor	29-Mar-24
7	19:03	Vanessa King	V35		Easter/L'Eree-Vazor	29-Mar-24
8	19:08	Sarah Eagles	V45		Battersea	25-Feb-24
9	19:29	Chloe Truffitt			Victoria Park	25-Feb-24
10	19:42	Kate Bain	U20		Easter/L'Eree-Vazor	29-Mar-24
11	19:50	Lindsay Sword			L'Eree	29-Feb-24
12	19:54	Amy Critchlow	V40		Easter/L'Eree-Vazor	29-Mar-24
13	19:57	Laura Cornelius			Easter/L'Eree-Vazor	29-Mar-24
14	19:59	Hannah Kennedy	U17		L'Eree	29-Feb-24
15	20:38	Caroline Barby	V35		Easter/L'Eree-Vazor	29-Mar-24

10000 Women Guernsey 2024

	39:40.00	Island Games B Standard				
	39:40.00	Island Games B Standard				
1	00:39:57	Vanessa King	V35	Guernsey	St. Peter Port	04-Aug-24
2	00:48:48	Jeanne Svejstrup	V50	Guernsey	St. Peter Port	04-Aug-24

10K Road Women Guernsey 2024

1	37:06:00	Natalie Whitty	V35	Easter	01-Apr-24
	38:50.00	Island Games A Standard			
2	38:59	Ulrike Maisch	V45	Easter	01-Apr-24
3	39:36	Emma Etheredge		Easter	01-Apr-24
4	39:40	Abbie Swain		Imperial-Gr Rocque:	24-May-24
	39:40.00	Island Games B Standard			
5	40:05	Vanessa King	V35	Easter	01-Apr-24
6	41:15	Laura Cornelius		Easter	01-Apr-24
7	41:44	Nicole Petit		Easter	01-Apr-24
8	41:55	Vicky Carre	V45	Imperial-Gr Rocque:	24-May-24
9	44:54	Kate Bain	U20	Easter	01-Apr-24
10	44:55	Laura Guilbert		Imperial-Gr Rocque:	24-May-24
11	46:26	Rosie Williams		Easter	01-Apr-24
12	46:34	Eleanor Jamieson	U17	Imperial-Gr Rocque:	24-May-24
13	48:21	Dewi Clatworthy	V50	Easter	01-Apr-24
14	48:23	Becky Mitterdorfer		Easter	01-Apr-24
15	48:37	Jeanne Svejstrup	V50	Easter	01-Apr-24

HM Women Guernsey 2024

1	79:16	Natalie Whitty	V35	Manchester	13-Oct-24
2	81:34	Megan Chapple		Sydney, AUS	05-May-24
	85:30	Island Games A Standard			
3	86:02	Sarah Eagles	V45	Manchester	13-Oct-24
4	87:04	Ulrike Maisch	V45	St. Peter Port	15-Sep-24
5	87:05	Sophie Cowley		Hampton Court	18-Feb-24
6	88:23	Vanessa King	V35	St. Peter Port	15-Sep-24
	88:30	Island Games B Standard			
7	90:48	Lindsay Sword		St. Peter Port	15-Sep-24
8	92:10	Abbie Swain		St. Peter Port	15-Sep-24
9	93:25	Vicky Carre	V45	Gloucester	31-Mar-24
10	96:07	Caroline Barby	V35	St. Peter Port	15-Sep-24
11	01:39:57	Laura Guilbert		Great North Run	08-Sep-24
12	01:41:36	Amy Critchlow	V45	St. Peter Port	15-Sep-24
13	01:41:52	Vicki Joyce	V50	Bath	17-Mar-24
14	01:43:26	Colette Jackson	V45	St. Peter Port	15-Sep-24
15	01:44:35	Amy Woollaston	V40	St. Peter Port	15-Sep-24

Mar Women Guernsey 2024

Ranl	Perf	Name		Venue	Date
1	03:02:29	Sophie Cowley		Chicago	13-Oct-24
2	03:03:50	Vanessa King	V35	London	21-Apr-24
3	03:13:28	Laura Cornelius		Manchester	14-Apr-24
4	03:22:31	Lindsay Sword		St. Peter Port	14-Apr-24
5	03:30:28	Laura Guilbert		Jersey	06-Oct-24
6	03:41:23	Vicki Joyce	V50	Boston MA, USA	15-Apr-24
7	03:43:02	Susie Armstrong		St. Peter Port	14-Apr-24
8	03:49:07	Dewi Clatworthy	V40	St. Peter Port	14-Apr-24
9	03:55:28	Carolyn Le Cocq		St. Peter Port	14-Apr-24
10	04:00:30	Cynthia Munemo	V40	St. Peter Port	14-Apr-24
11	04:03:54	Jeanne Svejstrup	V50	Chicago	13-Oct-24
12	04:16:59	Alison Gavey	V55	St Peters Port	14-Apr-24
13	04:19:07	Rosie Williams		Berlin, GER	29-Sep-24
14	04:22:39	Anna Tyson	V45	London	21-Apr-24
15	04:30:33	Ali Lihou	V45	Berlin, GER	29-Sep-24

2000SCW Women Guernsey 2024

100HW Women Guernsey 2024

1	14.98	Rhiannon Dowinton	U23	Guernsey	St. Peter Port	01-Sep-24
	16.00	Island Games A Standard				
2	16.26	Vicky Hancock	U23	Guernsey	St. Peter Port	01-Sep-24
	17.00	Island Games B Standard				

400HW Women Guernsey 2024

	68.50	Island Games A Standard				
	70.50	Island Games B Standard				

HJ Women Guernsey 2024

Ranl	Perf	Name		Club	Venue	Date
1	1.56	Nikola Vagule	U15	Guernsey	St. Peter Port	19-May-24
	1.55	Island Games A Standard				
2	1.54	Lauren Gilchrist	U17	Guernsey	St. Peter Port	01-Sep-24
	1.52	Island Games B Standard				
3	1.48	Caitlin Tucker	U13	Guernsey	Tonbridge	26-Aug-24
4	1.40	Emily Pike	U20	Guernsey	St. Peter Port	11-Jul-24
5	1.30	Charlotte Tucker	U13	Guernsey	St. Peter Port	23-Jun-24
5	1.30	Indi Warren	U15	Guernsey	St. Peter Port	11-Jul-24
7	1.25	Grace King	U15	Guernsey	St. Peter Port	11-Jul-24
8	1.21	Katrine Louise Svejstru	U13	Guernsey	St. Peter Port	01-Sep-24
8	1.21	Jazzy Le Cheminant	U13	Guernsey	St. Peter Port	01-Sep-24
10	1.20	Daisy Le Page	U13	Guernsey	St. Peter Port	06-Jun-24
11	1.16	Amity Horton	U13	Guernsey	St. Peter Port	01-Sep-24
12	1.15	Willow Warren	U13	Guernsey	St. Peter Port	19-May-24
12	1.15	Charlotte Holland	U13	Guernsey	St. Peter Port	11-Jul-24
14	1.11	Erin Greenfield	U13	Guernsey	St. Peter Port	01-Sep-24
15	1.00	Annabel Grafton	U13	Guernsey	St. Peter Port	23-Jun-24
15	1.00	Ruby King	U13	Guernsey	St. Peter Port	11-Jul-24

PV Women Guernsey 2024

No performances found

LJ Women Guernsey 2024

	5.15	Island Games A Standard				
1	5.06	Vicky Hancock	U23	Guernsey	Jordanstown	03-Feb-24
	5.00	Island Games B Standard				
2	4.98	Amelie Carpentier	U20	Guernsey	St. Peter Port	04-Aug-24
3	4.95	Sofia Mella	U23	Guernsey	Norwich	23-Jun-24
4	4.73	Emily Pike	U20	Guernsey	St. Peter Port	23-May-24
5	4.57	Holly Drake		Guernsey	Lee Valley	03-Feb-24
6	4.38	Taya Smit	U15	Guernsey	St. Peter Port	23-Jun-24
7	4.14	Edie Dorrian	U17	Guernsey	Winchester	14-Apr-24
8	4.05	Caitlin Tucker	U13	Guernsey	Portsmouth	12-May-24
8	4.05	Daisy Le Page	U13	Guernsey	St. Peter Port	04-Aug-24
10	3.85	Indi Warren	U15	Guernsey	St. Peter Port	04-Aug-24
11	3.83	Amity Horton	U13	Guernsey	St. Peter Port	23-Jun-24
11	3.83	Willow Warren	U13	Guernsey	St. Peter Port	04-Aug-24
13	3.79	Nikola Vagule	U15	Guernsey	St. Peter Port	28-Apr-24
14	3.78	Victoria Jackson	U15	Guernsey	St. Peter Port	04-Aug-24
15	3.75	Chloe Wooldridge	U13	Guernsey	St. Peter Port	04-Aug-24

TJ Women Guernsey 2024

1	10.89	Sofia Mella	U23	Guernsey	Norwich	12-May-24
	10.60	Island Games A Standard				
2	10.52	Vicky Hancock	U23	Guernsey	Belfast	06-Apr-24
	10.10	Island Games B Standard				
3	10.01	Amelie Carpentier	U20	Guernsey	Lee Valley	04-Feb-24
4	9.68	Holly Drake		Guernsey	St. Peter Port	18-Apr-24
5	8.79	Lauren Gilchrist	U17	Guernsey	St. Peter Port	18-Apr-24

SP4K Women Guernsey 2024

	10.25	Island Games A Standard				
	9.25	Island Games B Standard				
1	7.05	Amelie Carpentier	U20	Guernsey	St. Peter Port	07-May-24

DT1K Women Guernsey 2024

1	18.88	Bethany Powell	U20	Guernsey	St. Peter Port	01-Sep-24
2	16.80	Ava Worthington	U15	Guernsey	St. Clement	07-Jul-24
3	15.69	Amelie Van Heerden	U15	Guernsey	St. Clement	07-Jul-24
4	14.49	Lexi Fletcher	U15	Guernsey	St. Peter Port	23-Jun-24

HT4K Women Guernsey 2024

JT600 Women Guernsey 2024

Ranl	Perf	Name		Club	Venue	Date
	32.25	Island Games A Standard				
	30.00	Island Games B Standard				
1	15.69	Kate Bain	U20	Guernsey	St. Peter Port	04-Aug-24