Chertsey House Series - Race 3

Seaside to Quayside 5k, 30th Mar 2025

Rank	Name	Category	Club	GunTime	Age grade %
1	Matthew Jamieson	M45-49	Guernsey Athletics	16:08	88.84%
2	Simon Ingrouille	M55-59	Guernsey Athletics	17:26	87.28%
3	Rick Weston	M35-39	Guernsey Athletics	15:19	87.05%
4	Graham Merfield	M60-64	Guernsey Athletics	18:38	86.76%
5	Peter Amy	M40-44	Guernsey Athletics	16:46	83.00%
6	Sarah Eagles	F45-49		18:56	82.83%
7	Chris Gillman	M40-44	Guernsey Athletics	16:26	82.35%
8	Grace King	F10-14		18:57	82.23%
9	Jack Rees	M15-19	Guernsey Athletics	15:38	82.20%
10	Danny Blake	M45-49		17:39	81.21%
11	Ethan Woodhead	M20-24	Guernsey Athletics	16:00	80.31%
12	Sean Galpin	M60-64	Guernsey Athletics	19:51	79.93%
13	James Priest	M30-34	Guernsey Athletics	16:07	79.73%
14	Sarah Roe	F30-34		18:34	79.71%
15	Nicole Petit	F30-34		18:32	79.50%
16	Harry Nimmo	M20-24	Giffnock North	16:15	79.08%
17	Mark Jeffreys	M30-34	Guernsey Athletics	16:34	78.47%
18	Eleanor Jamieson	F15-19	Guernsey Athletics	19:04	78.23%
19	Jon Osborn	M40-44		17:55	77.67%
20	Paul Hewitt	M50-54	Guernsey Athletics	19:05	77.29%
21	Jack Castleman	M35-39		17:10	77.18%
22	Steve Bienvenu	M40-44		17:56	77.14%
23	Lindsay Sword	F25-29		19:08	77.00%
24	Ben Langlois	M35-39	Guernsey Athletics	17:20	76.44%
25	Abbie Swain	F30-34	Guernsey Athletics	19:36	75.26%
26	Jamie Ingrouille	M25-29	Guernsey Athletics	17:06	75.15%
27	Shane Gaudion	M50-54		19:39	75.06%
28	Elizabeth Dudin	F40-44	Guernsey Athletics	20:29	74.94%
29	Alfie Roger	M10-14		18:01	74.93%
30	Fraser Bourgaize	M10-14		18:03	74.79%
31	David Crosland	M45-49	Guernsey Athletics	18:48	74.73%
32	Darren Smith	M35-39	Guernsey Athletics	17:59	74.61%
33	Freddie Furley	M10-14		17:50	74.58%
34	Max Stafford-Bell	M10-14	Guernsey Athletics	18:27	74.53%
35	Craig Allen	M50-54	Guernsey Athletics	19:49	74.43%
36	Mikey Ingrouille	M20-24	Guernsey Athletics	17:26	73.71%
37	Paul Jackson	M55-59		21:23	73.27%
38	Piers Dereham	M50-54		20:22	73.24%
39	James Roe	M35-39		18:06	73.20%
40	Steve Manklow	M50-54		20:09	73.20%
41	George Nichols	M30-34	Guernsey Athletics	17:34	73.15%
42	Daniel Brehaut	M45-49	Guernsey Athletics	19:46	73.02%

43	Matt Osborn	M35-39	Guernsey Athletics	17:58	72.73%
44	Jon Sexton	M50-54	Guernsey Athletics	20:17	72.72%
45	Theodora Murray	F10-14	Guernsey Athletics	21:34	72.26%
46	Lee Smith	M40-44	Guernsey Athletics	18:56	71.48%
47	Noah Davy	M15-19		17:59	71.46%
48	Joseph Truelove	M50-54	Guernsey Athletics	21:10	70.87%
49	Indi Warren	F10-14	Guernsey Athletics	22:01	70.78%
50	Jeanne Svejstrup	F50-54	Guernsey Athletics	23:35	70.74%
51	Tom Shaw	M40-44		19:11	70.55%
52	Alison Gavey	F55-59	Guernsey Athletics	25:05	70.50%
53	Jason Powers	M50-54	Guernsey Athletics	21:29	69.82%
54	Shay Le Poidevin	M15-19		19:03	69.82%
55	Tom O'Neil	M30-34		18:39	69.71%
56	Stuart Le Noury	M35-39	Guernsey Athletics	19:18	69.52%
57	Kate Collenette	F25-29		21:18	69.17%
58	John De Carteret	M50-54		21:47	68.86%
59	Jamie Trebert	M20-24		18:40	68.84%
60	Paul Williams	M40-44		20:13	68.84%
61	Daniel O'Brien	M30-34		18:42	68.72%
62	Thomas Gavey	M15-19	Guernsey Athletics	18:43	68.66%
63	Trevor Jefferies	M70+	Guernsey Athletics	32:47	68.63%
64	Joshua Pailing	M10-14	Guernsey Athletics	19:45	68.35%
65	Jack Domaille	M30-34		18:56	68.31%
66	Emma Downes	F45-49		22:58	68.29%
67	James Woolrich	M35-39	Guernsey Athletics	19:22	67.47%
68	Marc Isabelle	M35-39		19:55	67.36%
69	Ben Grayland	M15-19		19:27	67.27%
70	Samuel Goddard	M20-24		19:11	66.99%
71	Joe Le Page	M30-34	Guernsey Athletics	19:19	66.95%
72	Dewi Clatworthy	F35-39		22:23	66.72%
73	Gemma Le Sauvage	F45-49	Guernsey Athletics	23:43	66.62%
74	Gregory Josey	M55-59	Guernsey Athletics	23:01	66.62%
75	Bradley Travers	M25-29		19:18	66.58%
76	Cynthia Munemo	F40-44		22:57	66.45%
77	Russell Isabelle	M40-44		21:07	65.51%
78	Sam Hunkin	M30-34		19:49	65.26%
79	Jon Downes	M50-54	Guernsey Triathlon	22:59	65.26%
80	Tony King	M55-59		23:30	65.25%
81	Chris Oneil	M30-34		19:44	65.12%
82	Jon Le Tocq	M40-44		21:00	65.08%
83	Gashirai Masvikeni	M35-39	Guernsey Athletics	20:18	64.86%
84	Andrew Sexton	M45-49		22:06	64.86%
85	Michael Adkins	M45-49	Guernsey Athletics	22:00	64.39%
86	Taylor Quate	M25-29		19:58	64.36%
87	Lucy James	F35-39		23:18	64.31%
88	Grace Dovey	F25-29		23:03	63.92%
89	Lisa Evans	F55-59		27:48	63.61%
90	Rob Grierson	M40-44	Guernsey Athletics	21:17	63.59%

91	Seán Davidson	M50-54		23:49	62.98%
92	Chirs Young	M40-44		22:05	62.26%
93	Rosie Broughton	F25-29		23:48	61.90%
94	Jade Packham	F25-29		23:49	61.86%
95	Kelly Gaudion	F45-49		25:24	61.75%
96	Morgan Sales	M20-24		20:56	61.39%
97	Rick Mann	M70+		30:12	61.09%
98	Amanda Skyrme	F35-39		24:36	60.91%
99	Rebecca Toll	F25-29		24:13	60.84%
100	Paul Heathcote	M50-54		25:07	60.58%
101	Jody Warren	M45-49		23:40	60.56%
102	Andrew Le Poidevin	M35-39	Guernsey Athletics	22:31	60.10%
103	Sam Sexton	F50-54	Guernsey Athletics	27:29	59.98%
104	Emilia Sexton	F10-14	Guernsey Athletics	26:28	59.82%
105	Sienna Le Poidevin	F10-14		26:28	59.82%
106	Mike Brehaut	M50-54		25:13	59.81%
107	Jordon Fletcher	M25-29		21:38	59.40%
108	Wayne Topley	M40-44		22:55	59.05%
109	Ying Yu Cheng	F20-24		25:01	58.89%
110	Emma Shearer	F50-54	Guernsey Athletics	28:46	58.63%
111	Sam Masterman	M25-29		22:04	58.23%
112	Ollie Blake	M15-19		22:37	57.85%
113	Des Gorman	M55-59	Guernsey Athletics	26:36	57.64%
114	Richard Tostevin	M65-69		28:49	57.55%
115	Joanna Jeffreys	F30-34		25:47	57.40%
116	Paul Salazar	M40-44		24:09	56.59%
117	Ruairi Harnden	M30-34	Guernsey Athletics	22:54	56.11%
118	Itayi Chibaya	M35-39		23:52	55.87%
119	Paul James	M50-54	Guernsey Athletics	26:25	55.84%
120	Tess Murphy	F35-39		26:53	55.36%
121	Aubrey Gouws	M35-39		24:09	55.21%
122	Graham Hall	M60-64		29:21	55.08%
123	Zara Stafford-Bell	F15-19		27:37	54.92%
124	Brett Bewey	M45-49		25:54	54.70%
125	Ratidzo Ruskwa	F35-39	Guernsey Athletics	27:08	54.67%
126	Peter Steininger	M55-59		28:49	53.96%
127	Andy Chandler	M25-29		24:00	53.54%
128	Lucy Le Lacheur	F35-39		28:21	52.85%
129	Jacques Mahy	M25-29		24:19	52.84%
130	Marcia Rosamond	F45-49		30:18	52.70%
131	Laura Clayton	F40-44	Guernsey Athletics	29:38	52.47%
132	Gareth Bell	M45-49	Guernsey Athletics	27:38	51.57%
133	Grace Atkinson	F35-39		29:06	51.32%
134	Will Dereham	M20-24		25:52	49.68%
135	Sabastian Mutasa	M30-34		27:20	47.01%
136	Bonnie Lawes	F45-49		34:36	46.15%
137	Thomas Malagodi	M30-34		27:58	45.95%
138	Michael Ellis	M50-54		32:58	45.50%

139	Hannah Crocker	F35-39	36:26	40.71%
140	Kanyarat Chaiyaprapa	F25-29	39:16	37.52%