

Chertsey House Dental Series - Race 3
5k Road Race - Seaside to Quayside, 21st Apr 2024

Rank	Name	Category	Club	GunTime	Age grade %
1	Graham Merfield	M60-64	Guernsey Athletics	18:23	87.04%
2	Matthew Jamieson	M45-49	Guernsey Athletics	16:26	86.71%
3	Ulrike Maisch	F45-49	Guernsey Athletics	18:42	85.38%
4	Rick Weston	M35-39	Guernsey Athletics	15:37	84.85%
5	Grace King	F10-14	Guernsey Athletics	18:46	84.37%
6	Steve Dawes	M40-44	Guernsey Athletics	16:56	81.20%
7	Terry Garnham	M60-64		20:06	81.09%
8	Nick Mann	M40-44	Guernsey Athletics	17:07	80.82%
9	Danny Blake	M45-49	Guernsey Athletics	17:50	79.91%
10	Sean Galpin	M55-59	Guernsey Athletics	19:44	79.39%
11	Andrew Zabiela	M35-39	Guernsey Athletics	16:59	79.00%
12	Christian Gillman	M35-39	Guernsey Athletics	16:59	79.00%
13	Andrew Mcarthur	M35-39	Hercules Wimbledon	16:50	78.71%
14	Jack Rees	M15-19	Guernsey Athletics	16:34	78.27%
15	Toby Mann	M35-39	Guernsey Athletics	17:15	77.78%
16	Vicky Carre	F45-49	Guernsey Athletics	20:43	77.72%
17	Paul Hewitt	M50-54	Guernsey Athletics	18:51	77.54%
18	Mark Jeffreys	M30-34	Guernsey Athletics	16:58	76.23%
19	Paul Sloman	M50-54		19:24	76.03%
20	James De Garis	M45-49	Guernsey Athletics	18:29	76.01%
21	Indi Warren	F10-14	Guernsey Athletics	20:50	76.00%
22	Abbie Swain	F30-34	Guernsey Athletics	19:28	75.77%
23	James Stafford-Bell	M10-14	Guernsey Athletics	18:15	75.34%
24	Nicolas Ackermann	M15-19	Guernsey Athletics	17:08	75.00%
25	Jon Downes	M50-54	Track 352	19:56	74.83%
26	Craig Allen	M50-54	Guernsey Athletics	19:32	74.83%
27	Jon Sexton	M45-49	Guernsey Athletics	19:41	74.26%
28	Mikey Ingrouille	M20-24	Guernsey Athletics	17:22	73.99%
29	Tom Nichols	M30-34	Guernsey Athletics	17:30	73.43%
30	David Strawbridge	M55-59		21:12	73.35%
31	Liz Dudin	F40-44		20:48	73.32%
32	Chris Kilzer	M50-54		20:35	73.28%
33	Joseph Truelove	M50-54	Guernsey Athletics	20:23	73.18%
34	Ben Langlois	M35-39	Guernsey Athletics	18:02	73.01%
35	Stew Hume	M30-34		17:38	72.87%
36	Sean Murphy	M45-49	Gsy Tri Club	19:32	72.53%

37	Jeanne Svejstrup	F50-54	Guernsey Athletics	22:46	72.40%
38	Gashirai Masvikeni	M30-34	Guernsey Athletics	18:03	72.39%
39	Tom McGahy	M35-39		18:23	72.08%
40	Orla Montgomery	F10-14	Guernsey Athletics	21:59	72.02%
41	Mickey Haimes	M25-29		17:51	71.99%
42	Daniel Brehaut	M45-49	Guernsey Athletics	20:02	71.55%
43	Lee Smith	M35-39	Guernsey Athletics	18:48	71.37%
44	Stuart Le Noury	M35-39	Guernsey Athletics	18:44	71.17%
45	Michael Way	M50-54	Guernsey Athletics	21:17	70.87%
46	Robert Green	M65-69	Guernsey Athletics	23:58	70.79%
47	Simon March	M40-44		19:38	70.46%
48	Laura Guilbert	F35-39		21:23	70.38%
49	Alison Gavey	F55-59	Guernsey Athletics	24:52:00	70.11%
50	Eleanor Jamieson	F15-19	Guernsey Athletics	21:44	69.79%
51	George Nichols	M30-34	Guernsey Athletics	18:26	69.71%
52	Tom Shaw	M35-39		19:18	69.52%
53	Trevor Jefferies	M70+	Guernsey Athletics	31:30:00	69.31%
54	Christine Maguire	F60-64	Guernsey Athletics	28:32:00	68.05%
55	Alfie Roger	M10-14		20:14	67.96%
56	Grace Smith	F25-29		21:41	67.95%
57	Dewi Clatworthy	F35-39		21:55	67.91%
58	Lexi Fletcher	F10-14		23:22	67.76%
59	Daniel Jamieson	M10-14	Guernsey Athletics	20:24	67.40%
60	Steve Le Flem	M45-49		20:54	67.22%
61	Joe Le Page	M30-34	Guernsey Athletics	19:11	66.99%
62	Lewis Newman	M25-29		19:12	66.93%
63	Alex Thornton de Mauroy	M35-39		19:35	66.72%
64	Andrew Le Poidevin	M35-39		20:12	66.42%
65	Stuart Mauger	M55-59		23:33	66.03%
66	Rory Richards	M35-39		19:52	65.77%
67	Shay Le Poidevin	M10-14		20:32	65.75%
68	Liz Mahy	F50-54		25:14:00	65.32%
69	Zoe Fletcher	F30-34		22:35	65.31%
70	Ben O'Brien	M35-39		20:37	65.08%
71	Hayley Warren	F45-49		24:42:00	64.64%
72	Michael Adkins	M45-49	Guernsey Athletics	21:48	64.45%
73	Cynthia Munemo	F35-39		23:37	64.08%
74	Lisa Evans	F55-59	Guernsey Athletics	27:24:00	63.63%
75	Sean Davidson	M50-54		23:32	63.39%
76	Nathan Ward	M45-49		22:12	63.29%
77	Sarah Ozanne	F45-49		25:47:00	63.09%
78	Chris Oneil	M30-34		20:23	63.04%
79	Sam Sexton	F45-49	Guernsey Athletics	26:14:00	62.01%
80	Rick Mann	M70+		29:36:00	61.37%
81	Eden Smith	F10-14	Guernsey Athletics	25:54:00	61.13%
82	Max Roger	M10-14		22:32	61.02%
83	Mike Brehaut	M50-54		24:46:00	60.57%
84	Jez Le Tissier	M55-59	Guernsey Athletics	25:34:00	60.37%
85	Oliver Blake	M15-19		22:05	60.23%

86	Tom Oneil	M30-34	Guernsey Athletics	21:40	59.69%
87	Chris Dodd	M55-59	Guernsey Athletics	26:16:00	59.20%
88	Danny Fox	M50-54		24:53:00	58.74%
89	Laura Halford	F30-34		25:26:00	57.93%
90	Alun Williams	M65-69	Guernsey Athletics	28:52:00	57.45%
91	Evelien Harrison	F40-44		27:02:00	57.09%
92	Andrew Sexton	M45-49	Guernsey Athletics	25:08:00	57.03%
93	Glen Irven	M55-59		27:11:00	56.77%
94	Ratidzo Ruskwa	F30-34		26:08:00	56.63%
95	Amanda Skyrme	F35-39		26:34:00	56.21%
96	Angus Morgan	M25-29		22:56	56.03%
97	Thomas Hasyn	M45-49		25:17:00	56.03%
98	Catherine Griggs	F55-59	Guernsey Athletics	33:15:00	54.64%
99	Joanna Jeffreys	F30-34		27:32:00	53.57%
100	Ryan Gallienne	M25-29		24:10:00	53.17%
101	Lucy Le Lacheur	F35-39		28:25:00	52.55%
102	Dinarte Fernandes	M40-44		26:05:00	51.88%
103	Sam Tickner	M30-34		24:53:00	51.64%
104	Sian Ogier	F55-59		34:17:00	51.58%
105	Laura Clayton	F40-44		30:00:00	51.44%
106	Elizabeth Arklie	F35-39		29:11:00	51.17%
107	Paulo Virissimo	M25-29		25:30:00	50.39%
108	Georgia Mclaughlin	F25-29		33:36:00	43.85%
109	Courtney Raineri-Marsh	F25-29		34:32:00	42.66%
110	N.N. 300			24:24:00	0.00%