Guernsey Women's Athletics Rankings lists 2022 Vs. Island Games standards

100 Women Guernsey 2022

1	11.79	Abi Galpin	U23	Guernsey	Chelmsford	30-Apr-22	Gsy Record
2	12.58	Rhiannon Dowinton	U23	Guernsey	St. Peter Port	21-Aug-22	
3	12.59	Hannah Lesbirel		Guernsey	St. Peter Port	24-Jul-22	
4	12.75	Emily Pike	U17	Guernsey	St. Peter Port	24-Apr-22	
	12.80	Island Games A Standard					
5	12.81	Isabelle Lowe	U17	Guernsey	St. Peter Port	10-Jul-22	
6	12.82	Edie Dorrian	U15	Guernsey	St. Peter Port	24-Jul-22	
7	12.87	Amelia Hart	U20	Guernsey	St. Peter Port	21-Aug-22	
8	12.99	Tilly Beddow	U17	Guernsey	St. Peter Port	25-Aug-22	
9	13.13	Aimee Lilley	U17	Guernsey	St. Peter Port	10-Jul-22	
10	13.20	Macy Ozard	U17	Guernsey	St. Peter Port	19-May-22	
	13.20	Island Games B Standard					
11	13.31	Vicky Hancock	U20	Guernsey	St. Peter Port	10-Jul-22	
12	13.45	Carrie Dowding	U17	Guernsey	St. Peter Port	24-Jul-22	
13	13.58	Amelie Van Heerden	U13	Guernsey	St. Peter Port	08-May-22	
14	13.64	Amelie Carpentier	U17	Guernsey	St. Peter Port	04-Sep-22	
15	13.70	Louisa Hughes	U17	Guernsey	St. Peter Port	24-Apr-22	

200 Women Guernsey 2022

1	23.82	Abi Galpin	U23	Guernsey	St. Peter Port	26-May-22	Gsy Record
	25.90	Island Games A Standard					
2	25.91	Isabelle Lowe	U17	Guernsey	St. Peter Port	26-May-22	
3	26.25	Amelia Hart	U20	Guernsey	St. Peter Port	21-Aug-22	
4	26.74	Rhiannon Dowinton	U23	Guernsey	Portsmouth	15-May-22	
	26.80	Island Games B Standard					
5	26.91	Kate Bain	U20	Guernsey	St. Peter Port	08-May-22	
6	26.94	Emily Pike	U17	Guernsey	St. Peter Port	21-Aug-22	
7	27.07	Edie Dorrian	U15	Guernsey	St. Peter Port	30-Jun-22	
8	27.15	Vicky Hancock	U20	Guernsey	St. Peter Port	26-May-22	
9	27.53	Aimee Lilley	U17	Guernsey	St. Peter Port	08-May-22	
10	28.15	Amelie Van Heerden	U13	Guernsey	Kingston	24-Jul-22	
11	28.4	Amelie Carpentier	U17	Guernsey	St. Peter Port	26-May-22	
12	28.88	Sophie Lanoe	U20	Guernsey	Crawley	15-May-22	
13	29.67	Eleanor Jamieson	U15	Guernsey	St. Peter Port	08-May-22	
14	30.85	Orla Montgomery	U13	Guernsey	Portsmouth	15-May-22	
15	31.22	Nikola Vagule	U13	Guernsey	St. Peter Port	30-Jun-22	

400 Women Guernsey 2022

1	55.22	Abi Galpin	U23	Guernsey	St. Peter Port	10-Jul-22	Gsy Record
2	58.17	Kate Bain	U20	Guernsey	St. Peter Port	19-Jun-22	
3	58.95	Isabelle Lowe	U17	Guernsey	Chelmsford	14-Aug-22	
	59.50	Island Games A Standard					
4	60.21	Rebecca Toll		Guernsey	St. Peter Port	04-Sep-22	
	60.75	Island Games B Standard					
5	64.02	Nicole Petit		Guernsey	St. Peter Port	10-Jul-22	
6	68.98	Penny Freeman		Guernsey	St. Peter Port	09-Jun-22	

800 Women Guernsey 2022

1	02:13.31	Kate Bain	U20	Guernsey	Eltham	20-Jul-22	Gsy U20 Record
2	02:15.85	Darcey Hodgson	U15	Guernsey	Horspath	10-Sep-22	Gsy U15 Record
	02:18.50	Island Games A Standard					
3	02:21.21	Nicole Petit		Guernsey	St. Peter Port	10-Jul-22	
	02:21.50	Island Games B Standard					
4	02:22.70	Emma Etheredge		Guernsey	Watford	07-Sep-22	Alderney
5	02:23.85	Rebecca Toll		Guernsey	St. Peter Port	21-Aug-22	
6	02:33.01	Orla Montgomery	U13	Guernsey	St. Peter Port	17-Jun-22	
7	02:38.33	Penny Freeman		Guernsey	St. Peter Port	10-Jul-22	
8	02:38.50	Eleanor Jamieson	U15	Guernsey	St. Peter Port	10-Jul-22	
9	02:46.93	Theodora Murray	U13	Guernsey	Portsmouth	14-May-22	
10	02:50.49	Rosie White	U13	Guernsey	Portsmouth	14-May-22	
11	02:52.01	Indi Warren	U13	Guernsey	Portsmouth	14-May-22	
12	02:54.67	Lara Veillard	U15	Guernsey	St. Peter Port	26-May-22	
13	03:01.25	Taya Smit	U13	Guernsey	St. Peter Port	21-Aug-22	
14	03:13.53	Lexi Fletcher	U13	Guernsey	St. Peter Port	21-Aug-22	
15	03:14.64	Jess Merrien	U13	Guernsey	St. Peter Port	21-Aug-22	

1500 Women Guernsey 2022

	04:47.00	Island Games A Standard					
1	04:47.73	Nicole Petit		Guernsey	St. Peter Port	24-Jul-22	
2	04:50.21	Emma Etheredge		Guernsey	Wimbledon	01-Jun-22	Alderney
	04:55.00	Island Games B Standard					
3	05:08.13	Ulrike Maisch	V45	Guernsey	St. Peter Port	09-Jun-22	
4	05:14.60	Orla Montgomery	U13	Guernsey	St. Peter Port	09-Jun-22	
5	05:22.41	Laura Quayle	V40	Guernsey	St. Peter Port	08-May-22	
6	05:24.80	Helen Hadjam	V40	Jersey	St. Clement	26-Apr-22	
7	05:25.72	Penny Freeman		Guernsey	St. Peter Port	24-Jul-22	
8	05:33.63	Eleanor Jamieson	U15	Guernsey	St. Peter Port	08-May-22	
9	05:44.62	Theodora Murray	U13	Guernsey	Portsmouth	15-May-22	
10	05:47.07	Indi Warren	U13	Guernsey	Portsmouth	15-May-22	
11	06:51.48	Jess Merrien	U13	Guernsey	St. Peter Port	04-Sep-22	

3000 Women 2022

1	10:42.89	Nicole Petit		Guernsey	Portsmouth	15-May-22
2	11:29.40	Helen Hadjam	V40	Jersey	St. Clement	05-May-22
3	12:03.80	Laura Quayle	V40	Guernsey	St. Clement	02-Apr-22

5000 Women Guernsey 2022

	18:10.00	Island Games A Standard				
1	18:27.94	Nicole Petit		Guernsey	St. Peter Port	19-May-22
	18:50.00	Island Games B Standard				
2	18:53.64	Susie Armstrong		Roundhay	St. Peter Port	21-Aug-22
3	19:27.87	Chloe Truffitt		Guernsey	St. Peter Port	17-Jun-22
4	20:01.89	Laura Quayle	V40	Guernsey	St. Peter Port	21-Aug-22
5	20:22.51	Caroline Barby		Guernsey	St. Peter Port	21-Aug-22
6	20:57.42	Rosie Williams		Guernsey	St. Peter Port	21-Aug-22
7	21:02.63	Sarah Eagles	V40	Guernsey	St. Peter Port	17-Jun-22
8	21:52.33	Jocelyn McLellan	V45	Guernsey	St. Peter Port	17-Jun-22
9	21:56.94	Mel Nicolle	V35	Guernsey	St. Peter Port	17-Jun-22
10	23:04.28	Emma Beardsell	V45	Guernsey	St. Peter Port	17-Jun-22
11	23:54.50	Jeanne Svejstrup	V45	Guernsey	St. Peter Port	17-Jun-22
12	24:23.87	Susie Sloman	V45	Guernsey	St. Peter Port	17-Jun-22
13	24:47.34	Pip Bain	V45	Guernsey	St. Peter Port	17-Jun-22

5K Road Women Guernsey 2022

1	17:31:00	Megan Chapple		Guernsey	Battersea	03-Aug-22
2	17:40:00	Natalie Whitty	V35	Guernsey	Saumarez Park	14-Oct-22
2	17:59:00	Sarah Mercier		Guernsey	L'Eree - Vazon	27-Mar-22
3	18:00:00	Jenny James	V40	Guernsey	L'Eree - Vazon	15-Apr-22
	18:10.00	Island Games A Standard				
5	18:28.00	Chloe Truffitt		Guernsey	L'Eree - Vazon	15-Apr-22
6	18:50.00	Nicole Petit		Guernsey	L'Eree - Vazon	15-Apr-22
	18:50.00	Island Games B Standard				
7	20:07.00	Liz Dudin		Guernsey	Saumarez Park	14-Oct-22
8	20:17.00	Caroline Barby		Guernsey	L'Eree - Vazon	15-Apr-22
9	20:27.00	Laura Quayle	V40	Guernsey	L'Eree - Vazon	15-Apr-22
10	20:42.00	Mel Nicolle	V35	Guernsey	L'Eree - Vazon	27-Mar-22
11	20:48.00	Rosie Williams		Guernsey	L'Eree - Vazon	15-Apr-22
12	20:59.00	Kate Bain	U20	Guernsey	Saumarez Park	14-Oct-22
13	21:36.00	Tania Shires	V45	Guernsey	L'Eree - Vazon	27-Mar-22
14	21:47.00	Talia Godet	U15	Guernsey	L'Eree - Vazon	27-Mar-22
15	21:52.00	Lara Veillard	U13	Guernsey	L'Eree - Vazon	15-Apr-22

10000 Women Guernsey 2022

	38:35.00	Island Games A Standard				
1	38:44.8	Nicole Petit		Guernsey	St. Peter Port	25-Aug-22
	39:40.00	Island Games B Standard				

10K Road Women Guernsey 2022

1	37:30	Megan Chapple		Guernsey	Northside	18-Apr-22
	38:35	Island Games A Standard				
2	39:08	Natalie Whitty	V35		Guernsey	20-Feb-22
3	39:19	Nicole Petit			Castel	18-Apr-22
	39:40	Island Games B Standard				
4	39:45	Emma Etheredge		Guernsey	Eastleigh	20-Mar-22
5	41:01	Sarah Eagles	V40		KGV	11-Sep-22
6	41:38	Susie Armstrong			KGV	11-Sep-22
7	42:30	Mel Nicolle	V35		Guernsey	20-Feb-22
8	42:46	Laura Quayle	V40		Eastleigh	20-Mar-22
9	43:06	Amy Critchlow	V40		Castel	18-Apr-22
10	43:07	Summer Woodhead	U17		Eastleigh	20-Mar-22
11	43:46	Abbie Swain			KGV	11-Sep-22
12	45:06	Tania Shires	V45		Guernsey	20-Feb-22
13	46:07	Vicki Joyce	V45		Guernsey	20-Feb-22
14	47:14	Lottie Smith	U20		Guernsey	20-Feb-22
15	48:57	Anna Tyson	V45		Eastleigh	20-Mar-22

HM Women Guernsey 2022

1	82:50	Natalie Whitty	V35		Munich, GER	09-Oct-22
2	83:34	Megan Chapple			Battersea	12-Nov-22
3	84:11	Jenny James	V40		Valencia, ESP	23-Oct-22
	85:40	Island Games A Standard				
4	86:08	Ulrike Maisch	V45		St. Peter Port	18-Sep-22
5	88:11	Sarah Eagles	V40		St. Peter Port	18-Sep-22
6	88:54	Liz Dudin	V35		Gosport	20-Nov-22
	89:00	Island Games B Standard				
7	92:59	Rosie Williams			St. Peter Port	18-Sep-22
8	93:15	Caroline Barby			St. Peter Port	18-Sep-22
9	96:56	Abbie Swain			Lisbon	09-Oct-22
10	97:59	Mel Nicolle	V35		St. Peter Port	18-Sep-22
11	01:40:48	Dana Ujhazyova	V40		St. Peter Port	18-Sep-22
12	01:41:00	Sabrina Amy	V40		St. Peter Port	18-Sep-22
13	01:41:20	Laura Guilbert	V35		St. Peter Port	18-Sep-22
14	01:41:28	Colette Jackson	V45		St. Peter Port	18-Sep-22
15	01:43:18	Luisa Scilironi			St. Peter Port	18-Sep-22

Mar Women 2022 Guernsey

Rank	Perf	Name			Venue	Date
1	03:11:46	Susie Armstrong			London	02-Oct-22
2	03:36:23	Alicia Munro			St Peter Port	03-Apr-22
3	03:40:32	Laura Guilbert			St Peter Port	03-Apr-22
4	03:46:27	Vicki Joyce	V45		London	02-Oct-22
5	03:57:56	Sarah Wright	V45		St Peter Port	03-Apr-22
6	04:01:07	Michelle House			Berlin	25-Sep-22
7	04:06:18	Liz Mills			London	02-Oct-22
8	04:06:33	Emma Downes			London	02-Oct-22
9	04:09:33	Liz Mahy			St Peter Port	03-Apr-22
10	04:15:51	Nicky Mills			London	02-Oct-22
11	04:16:30	Jeanne Svejstrup	V45		London	02-Oct-22
12	04:18:41	Emma Wilkins			London	02-Oct-22
13	04:43:25	Katy Hodgetts			London	02-Oct-22
14	04:48:31	Carol Lanyon			London	02-Oct-22
15	04:48:52	Kathryn Pentland			London	02-Oct-22

2000SCW Women Guernsey 2022

	07:30.00	Island Games A Standard				
	07:50.00	Island Games B Standard				

100HW Women Guernsey 2022

1	14.72	Rhiannon Dowinton	U23	Guernsey	St. Peter Port	19-Jun-22
	15.80	Island Games A Standard				
2	16.00	Vicky Hancock	U20	Guernsey	St. Peter Port	19-Jun-22
	16.40	Island Games B Standard				

400HW Women Guernsey 2022

	67.00	Island Games A Standard				
	69.00	Island Games B Standard				

HJ Women Guernsey 2022

Rank	Perf	Name		Club	Venue	Date	
	1.56	Island Games A Standard					
	1.52	Island Games B Standard					
1	1.50	Alice Hunt	U23	Guernsey	Portsmouth	14-May-22	
2	1.45	Lauren Gilchrist	U15	Guernsey	Portsmouth	14-May-22	
3	1.42	Darcey Hodgson	U15	Guernsey	Portsmouth	02-May-22	
4	1.30	Nikola Vagule	U13	Guernsey	St. Peter Port	09-Jun-22	
5	1.25	Olivia Whitmore	U13	Guernsey	St. Peter Port	08-May-22	
6	1.20	Amelie Van Heerden	U13	Guernsey	St. Peter Port	09-Jun-22	

PV Women Guernsey 2022

No performances found

LJ Women Guernsey 2022

1	5.92	Abi Galpin	U23	Guernsey	St. Peter Port	21-Aug-22	Island Record
2	5.16	Vicky Hancock	U20	Guernsey	St. Peter Port	10-Jul-22	
	5.15	Island Games A Standard					
3	4.91	Sofia Mella	U23	Guernsey	St. Peter Port	10-Jul-22	
	4.90	Island Games B Standard					
4	4.79	Holly Drake		Guernsey	St. Peter Port	19-Jun-22	
5	4.72	Amelie Carpentier	U17	Guernsey	St. Peter Port	24-Apr-22	
6	4.41	Darcey Hodgson	U15	Guernsey	Portsmouth	02-May-22	
7	4.28	Alice Hunt	U23	Guernsey	Portsmouth	15-May-22	
8	4.00	Eleanor Jamieson	U15	Guernsey	St. Peter Port	19-May-22	
8	4.00	Amelie Van Heerden	U13	Guernsey	St. Peter Port	10-Jul-22	
10	3.88	Sophie Jehan	U13	Guernsey	Portsmouth	15-May-22	
11	3.86	Olivia Whitmore	U13	Guernsey	St. Peter Port	19-May-22	
12	3.82	Nikola Vagule	U13	Guernsey	St. Peter Port	19-May-22	
13	3.81	Orla Montgomery	U13	Guernsey	St. Peter Port	21-Aug-22	
14	3.60	Lauren Gilchrist	U15	Guernsey	St. Peter Port	21-Aug-22	
15	3.49	Taya Smit	U13	Guernsey	St. Peter Port	19-Jun-22	

TJ Women Guernsey 2022

1	10.76	Vicky Hancock	U20	Guernsey	St. Peter Port	08-May-22
2	10.75	Sofia Mella	U23	Guernsey	Portsmouth	14-May-22
	10.70	Island Games A Standard				
3	10.53	Holly Drake		Guernsey	St. Peter Port	30-Jun-22
	10.40	Island Games B Standard				
4	9.91	Amelie Carpentier	U17	Guernsey	St. Peter Port	24-Jul-22
5	8.87	Lauren Gilchrist	U15	Guernsey	St. Peter Port	26-May-22

SP4K Women Guernsey 2022

	10.50	Island Games A Standard				
	9.80	Island Games B Standard				
1	8.56	Jen Lindfield		Guernsey	St. Peter Port	26-May-22
2	7.98	Daisy Travers		Guernsey	St. Peter Port	26-May-22
3	7.84	Ulrike Maisch	V45	Guernsey	St. Peter Port	26-May-22
4	5.06	Bethany Powell	U20	Guernsey	St. Peter Port	24-Apr-22
5	4.94	Jeanne Svejstrup	V45	Guernsey	St. Peter Port	26-May-22
6	4.08	Kellie Creed	U15	Guernsey	St. Peter Port	04-Sep-22

DT1K Women Guernsey 2022

	32.00	Island Games A Standard				
	30.00	Island Games B Standard				
1	24.15	Jen Lindfield		Guernsey	St. Peter Port	21-Aug-22
2	21.45	Bethany Powell	U20	Guernsey	St. Peter Port	08-May-22

HT4K Women Guernsey 2022

1	44.27	Sia Banbury	U23	Guernsey	St. Peter Port	24-Apr-22
	36.00	Island Games A Standard				
	33.50	Island Games B Standard				

JT600 Women Guernsey 2022

Ranl	Perf	Name		Club	Venue	Date
1	32.78	Ali Higgins		Guernsey	St. Peter Port	19-Jun-22
	32.00	Island Games A Standard				
2	31.54	Rebecca Le Tissier	U23	Guernsey	St. Peter Port	24-Jul-22
3	30.74	Ulrike Maisch	V45	Guernsey	St. Peter Port	08-May-22
	30.00	Island Games B Standard				
4	19.36	Bethany Powell	U20	Guernsey	St. Peter Port	26-May-22