

Guernsey Athletics Vazon Mile - Overall Results

8th August 2024

Pl.	Bib	Name	Category	Club	GunTime	Race
1	445	Nicolas Ackermann	M15-19	Guernsey Athletics	04:37	Vazon Mile (Sub 6 Min)
2	458	Ethan Woodhead	M20-24	Guernsey Athletics	04:41	Vazon Mile (Sub 6 Min)
3	425	Louis Graham	M25-29		04:45	Vazon Mile (Sub 6 Min)
4	402	Christian Gillman	M40-44	Guernsey Athletics	04:46	Vazon Mile (Sub 6 Min)
5	407	Mikey Ingrouille	M20-24	Guernsey Athletics	04:48	Vazon Mile (Sub 6 Min)
6	421	Matthew Jamieson	M45-49	Guernsey Athletics	04:48	Vazon Mile (Sub 6 Min)
7	416	Thomas Gavey	M15-19	Guernsey Athletics	04:51	Vazon Mile (Sub 6 Min)
8	414	Ben Langlois	M35-39	Guernsey Athletics	04:59	Vazon Mile (Sub 6 Min)
9	423	Jamie Ingrouille	M25-29	Guernsey Athletics	05:00	Vazon Mile (Sub 6 Min)
10	449	Tom Nichols	M30-34	Guernsey Athletics	05:02	Vazon Mile (Sub 6 Min)
11	460	James Adam	M30-34		05:07	Vazon Mile (Sub 6 Min)
12	162	Danny Legg	M35-39	Guernsey Athletics	05:10	Vazon Mile (Sub 6 Min)
13	438	Natalie Whitty	F35-39	Guernsey Athletics	05:10	Vazon Mile (Sub 6 Min)
14	156	Jason Le Prevost	M35-39	Guernsey Athletics	05:11	Vazon Mile (Sub 6 Min)
15	3	Simon Ingrouille	M50-54	Guernsey Athletics	05:11	Vazon Mile (Sub 6 Min)
16	403	Darren Smith	M35-39	Guernsey Athletics	05:11	Vazon Mile (Sub 6 Min)
17	447	George Nichols	M30-34	Guernsey Athletics	05:13	Vazon Mile (Sub 6 Min)
18	431	Grace King	F10-14	Guernsey Athletics	05:15	Vazon Mile (6 Min Plus)
19	34	Matt Sirett	M50-54		05:15	Vazon Mile (Sub 6 Min)
20	437	Sam Hunkin	M30-34		05:16	Vazon Mile (Sub 6 Min)
21	430	Tristan Brown	M30-34	Guernsey Athletics	05:18	Vazon Mile (Sub 6 Min)
22	426	Sam Cooper	M35-39		05:19	Vazon Mile (Sub 6 Min)
23	466	Kate Bain	F15-19	Guernsey Athletics	05:22	Vazon Mile (Sub 6 Min)
24	8	Graham Merfield	M60-64	Guernsey Athletics	05:23	Vazon Mile (Sub 6 Min)
25	401	Gashirai Masvikeni	M35-39	Guernsey Athletics	05:26	Vazon Mile (Sub 6 Min)
26	415	Eloise Scholes	F20-24		05:28	Vazon Mile (6 Min Plus)
27	410	Taylor Quate	M25-29		05:28	Vazon Mile (Sub 6 Min)
28	440	Samuel Goddard	M20-24		05:30	Vazon Mile (Sub 6 Min)
29	52	Jon Downes	M50-54		05:32	Vazon Mile (Sub 6 Min)
30	464	Donal Lyons	M45-49	Guernsey Athletics	05:32	Vazon Mile (Sub 6 Min)
31	419	Daniel Jamieson	M10-14	Guernsey Athletics	05:33	Vazon Mile (Sub 6 Min)
32	435	Shay Le Poidevin	M10-14	Guernsey Athletics	05:40	Vazon Mile (Sub 6 Min)
33	462	Vanessa King	F35-39	Guernsey Athletics	05:41	Vazon Mile (6 Min Plus)
34	409	Ryan Gilson	M20-24		05:44	Vazon Mile (Sub 6 Min)
35	450	Eve Bott	F20-24	Guernsey Athletics	05:45	Vazon Mile (6 Min Plus)
36	91	Paul Sloman	M50-54		05:47	Vazon Mile (6 Min Plus)
37	15	Sean Galpin	M55-59	Guernsey Athletics	05:47	Vazon Mile (6 Min Plus)
38	451	Craig Allen	M50-54		05:48	Vazon Mile (Sub 6 Min)
39	20	Joseph Truelove	M50-54	Guernsey Athletics	05:49	Vazon Mile (Sub 6 Min)
40	469	Orla Montgomery	F10-14		05:53	Vazon Mile (6 Min Plus)
41	441	Indi Warren	F10-14	Guernsey Athletics	05:55	Vazon Mile (6 Min Plus)
42	446	Philip Newman	M40-44		05:56	Vazon Mile (6 Min Plus)
43	470	Toby Blake	M10-14	Guernsey Athletics	05:57	Vazon Mile (Sub 6 Min)
44	467	Matt Mason	M55-59	Guernsey Athletics	06:05	Vazon Mile (6 Min Plus)
45	28	Mark Naftel	M55-59		06:06	Vazon Mile (6 Min Plus)
46	456	Angus Morgan	M25-29		06:06	Vazon Mile (Sub 6 Min)
47	49	Aindre Reece-Sheerin	M65-69 (Wheelchair)		06:16	Vazon Mile (6 Min Plus)
48	459	Ruairi Harnden	M30-34	Guernsey Athletics	06:17	Vazon Mile (6 Min Plus)
49	22	Vicki Joyce	F50-54		06:18	Vazon Mile (6 Min Plus)
50	457	Alec Gibson	M35-39		06:19	Vazon Mile (6 Min Plus)
51	27	Simon Bradbury	M60-64		06:21	Vazon Mile (6 Min Plus)
52	428	Lara Veillard	F15-19	Guernsey Athletics	06:23	Vazon Mile (6 Min Plus)
53	465	Cameron Andrews	M20-24		06:28	Vazon Mile (6 Min Plus)
54	406	Sophie Lanoe	F20-24		06:32	Vazon Mile (6 Min Plus)
55	442	Willow Warren	F10-14	Guernsey Athletics	06:33	Vazon Mile (6 Min Plus)

56	432	Ruby King	F10-14	Guernsey Athletics	06:34	Vazon Mile (6 Min Plus)
57	427	Louise Perrio	F40-44	Guernsey Athletics	06:40	Vazon Mile (6 Min Plus)
58	17	Gregory Josey	M55-59		06:42	Vazon Mile (6 Min Plus)
59	97	Tony King	M55-59		06:47	Vazon Mile (6 Min Plus)
60	1	Stuart Mauger	M55-59		06:48	Vazon Mile (6 Min Plus)
61	26	Jeanne Svejstrup	F50-54		06:50	Vazon Mile (6 Min Plus)
62	436	Sienna Le Poidevin	F10-14	Guernsey Athletics	06:54	Vazon Mile (6 Min Plus)
63	443	Jody Warren	M45-49		06:59	Vazon Mile (6 Min Plus)
64	417	Tracy Rist	F40-44	Guernsey Athletics	07:01	Vazon Mile (6 Min Plus)
65	5	Alison Gavey	F55-59	Guernsey Athletics	07:16	Vazon Mile (6 Min Plus)
66	23	Paul James	M50-54		07:26	Vazon Mile (6 Min Plus)
67	44	Brian Aplin	M60-64		07:33	Vazon Mile (6 Min Plus)
68	452	Paul W Ferbrache	M60-64	Guernsey Athletics	07:36	Vazon Mile (6 Min Plus)
69	444	Ellie Taylor	F25-29		07:38	Vazon Mile (6 Min Plus)
70	98	Richard Tostevin	M60-64		07:44	Vazon Mile (6 Min Plus)
71	38	Paul Heathcote	M50-54		07:50	Vazon Mile (6 Min Plus)
72	10	Simon De La Rue	M50-54		07:52	Vazon Mile (6 Min Plus)
73	29	Lisa Evans	F55-59		07:57	Vazon Mile (6 Min Plus)
74	455	Terry Harnden	M65-69	Guernsey Athletics	08:23	Vazon Mile (6 Min Plus)
75	100	Rick Mann	M70+		08:49	Vazon Mile (6 Min Plus)
76	19	Terry Greening	M70+		08:55	Vazon Mile (6 Min Plus)
77	89	Sam Ingrouille	F55-59		08:59	Vazon Mile (6 Min Plus)
78	18	Alun Williams	M65-69		09:02	Vazon Mile (6 Min Plus)
79	50	Jean Whalley	F65-69		09:03	Vazon Mile (6 Min Plus)
80	9	Trevor Jefferies	M70+		09:06	Vazon Mile (6 Min Plus)
81	94	Rob Elliott	M65-69		10:02	Vazon Mile (6 Min Plus)
82	84	Mick Le Sauvage	M70+		13:40	Vazon Mile (6 Min Plus)