

Guernsey Athletics Vazon Mile - Under 6 Minute Race

8th August 2024

Pl.	Bib	Name	Category	Club	GunTime
1.	445	Nicolas Ackermann	M15-19	Guernsey Athletics	04:37
2.	458	Ethan Woodhead	M20-24	Guernsey Athletics	04:41
3.	425	Louis Graham	M25-29		04:45
4.	402	Christian Gillman	M40-44	Guernsey Athletics	04:46
5.	407	Mikey Ingrouille	M20-24	Guernsey Athletics	04:48
6.	421	Matthew Jamieson	M45-49	Guernsey Athletics	04:48
7.	416	Thomas Gavey	M15-19	Guernsey Athletics	04:51
8.	414	Ben Langlois	M35-39	Guernsey Athletics	04:59
9.	423	Jamie Ingrouille	M25-29	Guernsey Athletics	05:00
10.	449	Tom Nichols	M30-34	Guernsey Athletics	05:02
11.	460	James Adam	M30-34		05:07
12.	162	Danny Legg	M35-39	Guernsey Athletics	05:10
13.	438	Natalie Whitty	F35-39	Guernsey Athletics	05:10
14.	156	Jason Le Prevost	M35-39	Guernsey Athletics	05:11
15.	3	Simon Ingrouille	M50-54	Guernsey Athletics	05:11
16.	403	Darren Smith	M35-39	Guernsey Athletics	05:11
17.	447	George Nichols	M30-34	Guernsey Athletics	05:13
18.	34	Matt Sirett	M50-54		05:15
19.	437	Sam Hunkin	M30-34		05:16
20.	430	Tristan Brown	M30-34	Guernsey Athletics	05:18
21.	426	Sam Cooper	M35-39		05:19
22.	466	Kate Bain	F15-19	Guernsey Athletics	05:22
23.	8	Graham Merfield	M60-64	Guernsey Athletics	05:23
24.	401	Gashirai Masvikeni	M35-39	Guernsey Athletics	05:26
25.	410	Taylor Quate	M25-29		05:28
26.	440	Samuel Goddard	M20-24		05:30
27.	52	Jon Downes	M50-54		05:32
28.	464	Donal Lyons	M45-49	Guernsey Athletics	05:32
29.	419	Daniel Jamieson	M10-14	Guernsey Athletics	05:33
30.	435	Shay Le Poidevin	M10-14	Guernsey Athletics	05:40
31.	409	Ryan Gilson	M20-24		05:44
32.	451	Craig Allen	M50-54		05:48
33.	20	Joseph Truelove	M50-54	Guernsey Athletics	05:49
34.	470	Toby Blake	M10-14	Guernsey Athletics	05:57
35.	456	Angus Morgan	M25-29		06:06