Guernsey Women's Athletics Rankings lists 2023 Vs. Island Games standards

100 Women Guernsey 2023

1	11.77	Abi Galpin		Guernsey	St. Peter Port	25-Jun-23	Gsy Record
2	12.26	Isabelle Lowe	U17	Guernsey	St. Peter Port	28-May-23	
3	12.43	Rebecca Toll		Guernsey	St. Peter Port	28-May-23	
4	12.49	Hannah Lesbirel		Guernsey	Lee Valley	07-Jun-23	
5	12.52	Emily Pike	U20	Guernsey	St. Peter Port	28-May-23	
6	12.55	Tilly Beddow	U20	Guernsey	St. Peter Port	28-May-23	
7	12.66	Edie Dorrian	U17	Guernsey	St. Peter Port	28-May-23	
	12.80	Island Games A Standard					
8	12.94	Amelie Van Heerden	U13	Guernsey	Walton	29-Jul-23	
9	13.11	Rhiannon Dowinton	U23	Guernsey	St. Peter Port	25-Jun-23	
9	13.11	Amelia Hart	U20	Guernsey	St. Peter Port	20-Jul-23	
11	13.15	Aimee Lilley	U17	Guernsey	St. Peter Port	25-Jun-23	
	13.20	Island Games B Standard					
12	13.53	Carrie Dowding	U17	Guernsey	St. Peter Port	28-May-23	
13	13.59	Macy Ozard	U20	Guernsey	St. Peter Port	20-Apr-23	
14	13.61	Amelie Carpentier	U20	Guernsey	St. Peter Port	30-Apr-23	
15	13.63	Vicky Hancock	U20	Guernsey	St. Peter Port	30-Apr-23	

200 Women Guernsey 2023

1	24.02	Abi Galpin		Guernsey	St. Peter Port	12-Jul-23	
2	24.97	Isabelle Lowe	U17	Guernsey	St. Peter Port	11-Jun-23	
3	25.59	Rebecca Toll		Guernsey	St. Peter Port	11-Jun-23	
	25.90	Island Games A Standard					
4	25.92	Sophie Porter	U23	Guernsey	St. Peter Port	20-Apr-23	
5	26.14	Emily Pike	U20	Guernsey	St. Peter Port	20-Apr-23	
6	26.35	Edie Dorrian	U17	Guernsey	St. Peter Port	11-Jun-23	
7	26.78	Amelia Hart	U20	Guernsey	St. Peter Port	03-Sep-23	
	26.80	Island Games B Standard					
8	26.94	Tilly Beddow	U20	Guernsey	St. Peter Port	20-Apr-23	
9	27.02	Darcey Hodgson	U17	Guernsey	St. Peter Port	28-May-23	
10	27.13	Amelie Van Heerden	U13	Guernsey	Portsmouth	14-May-23	
11	27.91	Aimee Lilley	U17	Guernsey	St. Peter Port	11-Jun-23	
12	28.47	Amelie Carpentier	U20	Guernsey	St. Peter Port	11-Jun-23	
13	28.58	Nikola Vagule	U15	Guernsey	St. Peter Port	28-May-23	
14	28.60	Olivia Whitmore	U15	Guernsey	St. Peter Port	28-May-23	
15	29.37	Charlotte Palmer	U15	Guernsey	St. Peter Port	11-Jun-23	

400 Women Guernsey 2023

1	56.43	Sophie Porter	U23	Guernsey	St. Peter Port	10-Jul-23	
2	57.19	Rebecca Toll		Guernsey	St. Peter Port	10-Jul-23	
3	57.84	Kate Bain	U20	Guernsey	St. Peter Port	30-Apr-23	
4	58.66	Hannah Lesbirel		Guernsey	St. Peter Port	25-Jun-23	
	59.50	Island Games A Standard					
	60.75	Island Games B Standard					

800 Women Guernsey 2023

1	02:09.72	Darcey Hodgson	U17	Guernsey	Birmingham	30-Jun-23	Gsy U17 Record
2	02:10.66	Kate Bain	U20	Guernsey	Sportcity	27-May-23	
	02:18.50	Island Games A Standard					
3	02:18.61	Emma Etheredge		Guernsey	Walton	03-Jun-23	
4	02:20.53	Nicole Petit		Guernsey	St. Peter Port	11-Jun-23	
	02:21.50	Island Games B Standard					
5	02:32.53	Orla Montgomery	U15	Guernsey	St. Peter Port	06-Aug-23	
6	02:33.27	Grace King	U13	Guernsey	St. Peter Port	28-May-23	
7	02:35.11	Penelope Freeman		Guernsey	St. Peter Port	20-Apr-23	
8	02:37.41	Theodora Murray	U15	Guernsey	Portsmouth	14-May-23	
9	02:39.12	Caitlin Tucker	U13	Guernsey	St. Peter Port	28-May-23	
10	02:40.09	Eleanor Jamieson	U17	Guernsey	St. Peter Port	03-Sep-23	
11	02:51.99	Indi Warren	U13	Guernsey	St. Peter Port	06-Aug-23	
12	03:01.15	Imogen Torode	U13	Guernsey	St. Peter Port	06-Aug-23	
13	03:08.90	Eden Smith	U13	Guernsey	St. Peter Port	28-May-23	
14	03:16.00	Sienna Le Poidevin	U13	Guernsey	St. Peter Port	06-Aug-23	
15	03:23.20	Jess Merrien	U13	Guernsey	St. Peter Port	06-Aug-23	

1500 Women Guernsey 2023

1	04:41.57	Nicole Petit		Guernsey	St. Peter Port	25-Jun-23
2	04:42.13	Emma Etheredge		Guernsey	Walton	04-Jun-23
	04:47.00	Island Games A Standard				
3	04:47.92	Darcey Hodgson	U17	Guernsey	St. Peter Port	21-May-23
	04:55.00	Island Games B Standard				
4	05:11.92	Helen Hadjam	V45	Jersey	St Clement	23-May-23
5	05:12.52	Grace King	U13	Guernsey	St. Peter Port	25-Jun-23
6	05:17.86	Theodora Murray	U15	Guernsey	Portsmouth	13-May-23
7	05:18.34	Orla Montgomery	U15	Guernsey	St. Peter Port	21-May-23
8	05:22.01	Penelope Freeman		Guernsey	St. Peter Port	21-May-23
9	05:32.24	Eleanor Jamieson	U17	Guernsey	St. Peter Port	30-Apr-23
10	05:38.13	Caitlin Tucker	U13	Guernsey	St. Peter Port	30-Apr-23
11	05:49.32	Indi Warren	U13	Guernsey	Portsmouth	14-May-23
12	05:58.85	Lara Veillard	U15	Guernsey	St. Peter Port	30-Apr-23
13	06:14.34	Taya Smit	U13	Guernsey	St. Peter Port	30-Apr-23
14	06:44.36	Jess Merrien	U13	Guernsey	St. Peter Port	25-Jun-23
15	06:51.54	Sienna Le Poidevin	U13	Guernsey	St. Peter Port	30-Apr-23

3000 Women 2022

1	10:56.75	Nicole Petit		Guernsey	St. Peter Port	03-Sep-23
2	11:14.20	Helen Hadjam	V45	Jersey	St. Clement	04-May-23
3	11:22.71	Rosie Williams		Guernsey	St. Peter Port	11-Jun-23

5000 Women Guernsey 2023

1	17:51.99	Nicole Petit		Guernsey	St. Peter Port	25-Aug-23
2	17:59.22	Natalie Whitty	V35	Guernsey	St. Peter Port	20-Apr-23
	18:10.00	Island Games A Standard				
3	18:11.75	Megan Chapple		Guernsey	St. Peter Port	12-Jul-23
	18:50.00	Island Games B Standard				
4	19:26.62	Rosie Williams		Guernsey	St. Peter Port	20-Apr-23
5	19:36.04	Abbie Swain		Guernsey	St. Peter Port	25-Aug-23
6	19:37.14	Vanessa King	V35	Guernsey	St. Peter Port	25-Aug-23
7	19:46.96	Mel Nicolle	V35	Guernsey	St. Peter Port	20-Apr-23
8	20:19.24	Vicky Carre	V45	Guernsey	St. Peter Port	25-Aug-23
9	29:32.93	Nina Mattinson	V40	Guernsey	St. Peter Port	25-Aug-23

5K Road Women Guernsey 2023

1	17:09	Sarah Roe		Guernsey	Easter	07-Apr-23
2	17:19	Megan Chapple		Guernsey	Battersea Park	17-Mar-23
3	17:45	Natalie Whitty	V35	Guernsey	Guernsey	19-May-23
	18:10.00	Island Games A Standard				
4	18:22	Ulrike Maisch		Guernsey	Easter	07-Apr-23
4	18:22	Emma Etheredge		Guernsey	Battersea Park	17-Mar-23
6	18:43	Nicole Petit		Guernsey	Easter	07-Apr-23
	18:50.00	Island Games B Standard				
7	19:01	Rosie Williams		Guernsey	Easter	07-Apr-23
8	19:17	Chloe Truffitt		Guernsey TC	Easter	07-Apr-23
9	19:53	Amy Critchlow	V40	Guernsey	Easter	07-Apr-23
10	19:54	Mel Nicolle	V35	Guernsey	Easter	07-Apr-23
11	20:06	Abbie Swain		Guernsey	Easter	07-Apr-23
12	20:31	Vanessa King	V35	Guernsey	Easter	07-Apr-23
13	20:54	Laura Quayle	V40	Guernsey	Easter	07-Apr-23
14	21:08	Kate Bain	U20	Guernsey	Easter	07-Apr-23
15	21:16	Penelope Freeman		Guernsey	Easter	07-Apr-23
15	21:16	Lindsay Sword		Guernsey	Saumarez Park	29-Sep-23

10000 Women Guernsey 2023

1	36:56.0	Sarah Roe		Guernsey	St. Peter Port	09-Jul-23
2	37:41.5	Megan Chapple		Guernsey	Parliament Hill	20-May-23
	38:35.00	Island Games A Standard				
	39:40.00	Island Games B Standard				
3	39:58.2	Ulrike Maisch	V45	Guernsey	St. Peter Port	09-Jul-23

10K Road Women Guernsey 2023

1	35:35	Sarah Roe			Castel	10-Apr-23
2	37:00	Megan Chapple			Kew	01-Apr-23
3	37:38	Nicole Petit			Eastleigh	19-Mar-23
4	38:34	Natalie Whitty	V35		Guernsey	29-May-23
	38:35	Island Games A Standard				
5	38:36	Ulrike Maisch	V45		Castel	10-Apr-23
6	39:23	Rosie Williams			Castel	10-Apr-23
	39:40	Island Games B Standard				
7	40:05	Vicky Carre	V45		Rye	04-Aug-23
8	40:16	Sarah Eagles	V40		Eastleigh	19-Mar-23
9	41:08	Mel Nicolle	V35		Castel	10-Apr-23
10	41:35	Abbie Swain			Castel	10-Apr-23
11	41:48	Amy Critchlow	V40		Castel	10-Apr-23
12	42:40	Vanessa King	V35		Castel	10-Apr-23
13	43:29	Laura Quayle	V40		Castel	10-Apr-23
14	45:34	Emma Beardsell	V45		Eastleigh	19-Mar-23
15	45:58	Michaela Gallienne	V55		Castel	10-Apr-23

HM Women Guernsey 2023

1	79:49	Sarah Roe			Woking	12-Mar-23
2	80:29	Megan Chapple			Paddock Wood	12-Mar-23
3	81:30	Natalie Whitty	V35		Wilmslow	26-Mar-23
4	82:37	Ulrike Maisch	V45		Paddock Wood	12-Mar-23
5	83:00	Jenny James	V40		Paddock Wood	12-Mar-23
	85:40	Island Games A Standard				
6	85:59	Rosie Williams			Barcelona, ESP	19-Feb-23
7	88:14	Vicky Carre	V45		Battersea Park	22-Oct-23
	89:00	Island Games B Standard				
8	89:11	Emma Etheredge			St. Peter Port	14-Jul-23
9	92:18	Susie Armstrong			Wilmslow	26-Mar-23
10	92:19	Caroline Barby			Barcelona, ESP	19-Feb-23
11	92:29	Vanessa King	V35		St. Peter Port	17-Sep-23
12	93:03	Abbie Swain			St. Peter Port	17-Sep-23
13	93:04	Nicole Petit			St. Peter Port	14-Jul-23
14	94:36	Sarah Eagles	V40		St. Peter Port	17-Sep-23
15	01:44:34	Katrina Rowe	V40		St. Peter Port	17-Sep-23

Mar Women Guernsey 2023

Rank	Perf	Name			Venue	Date
1	02:50:33	Megan Chapple			London	23-Apr-23
2	02:59:16	Vicky Carre	V45		London	23-Apr-23
3	03:19:36	Vanessa King	V35		London	23-Apr-23
4	03:25:05	Rosie Williams			Belfast	30-Apr-23
5	03:37:23	Vicki Joyce	V50		London	23-Apr-23
6	03:40:14	Karen Farman	V45		London	23-Apr-23
7	03:45:36	Katrina Rowe	V40		Valencia, ESP	03-Dec-23
8	03:58:36	Sabrina Amy	V40		London	23-Apr-23
9	04:00:18	Izzie Grierson			St Peters Port	02-Apr-23
10	04:05:29	Jeanne Svejstrup	V45		Brighton	02-Apr-23
11	04:16:37	Cynthia Munemo	V40		St Peters Port	02-Apr-23
12	04:48:36	Jayne Golborne	V50		St Peters Port	02-Apr-23
13	04:58:57	Sam Ingrouille	V55		St Peters Port	02-Apr-23

2000SCW Women Guernsey 2023

	07:30.00	Island Games A Standard				
	07:50.00	Island Games B Standard				

100HW Women Guernsey 2023

1	15.11	Rhiannon Dowinton	U23	Guernsey	St. Peter Port	13-Jul-23
2	15.51	Vicky Hancock	U20	Guernsey	St. Peter Port	25-Jun-23
	15.80	Island Games A Standard				
	16.40	Island Games B Standard				

400HW Women Guernsey 2023

	67.00	Island Games A Standard				
	69.00	Island Games B Standard				
1	73.88	Shannen Higgins		Guernsey	St. Peter Port	30-Apr-23

HJ Women Guernsey 2023

Rank	Perf	Name		Club	Venue	Date	
1	1.60	Alice Hunt	U23	Guernsey	St. Peter Port	14-Jul-23	
	1.56	Island Games A Standard					
2	1.52	Lauren Gilchrist	U17	Guernsey	St. Peter Port	28-May-23	
	1.52	Island Games B Standard					
3	1.40	Nikola Vagule	U15	Guernsey	St. Peter Port	21-May-23	
4	1.35	Shannen Higgins		Guernsey	St. Peter Port	30-Apr-23	
5	1.3	Caitlin Tucker	U13	Guernsey	St. Peter Port	21-May-23	
6	1.10	Chloe Wooldridge	U13	Guernsey	St. Peter Port	21-May-23	

PV Women Guernsey 2023

No performances found

LJ Women Guernsey 2023

1	5.39	Vicky Hancock	U20	Guernsey	St. Peter Port	12-Jul-23	Island Record
	5.15	Island Games A Standard					
	4.90	Island Games B Standard					
2	4.83	Holly Drake		Guernsey	St. Peter Port	03-Sep-23	
3	4.81	Amelie Carpentier	U20	Guernsey	St. Peter Port	03-Sep-23	
4	4.80	Sofia Mella	U23	Guernsey	St. Peter Port	12-Jul-23	
5	4.46	Emily Pike	U20	Guernsey	St. Peter Port	03-Sep-23	
6	4.30	Eleanor Jamieson	U17	Guernsey	St. Peter Port	25-Jun-23	
7	4.25	Caitlin Tucker	U13	Guernsey	St. Peter Port	20-Apr-23	
8	3.91	Orla Montgomery	U15	Guernsey	St. Peter Port	20-Jul-23	
9	3.86	Amelie Van Heerden	U13	Guernsey	St. Peter Port	25-Jun-23	
10	3.61	Imogen Torode	U13	Guernsey	St. Peter Port	25-Jun-23	
11	3.59	Taya Smit	U13	Guernsey	St. Peter Port	20-Apr-23	
12	3.41	Chloe Wooldridge	U13	Guernsey	St. Peter Port	21-May-23	
13	3.40	Rosie White	U13	Guernsey	St. Peter Port	21-May-23	
14	3.35	Lily Griffiths-Ali	U13	Guernsey	St. Peter Port	20-Jul-23	
15	3.29	Ava Worthington	U13	Guernsey	St. Peter Port	21-May-23	

TJ Women Guernsey 2023

1	10.86	Holly Drake		Guernsey	Portsmouth	13-May-23
2	10.72	Vicky Hancock	U20	Guernsey	St. Peter Port	28-May-23
	10.70	Island Games A Standard				
3	10.44	Sofia Mella	U23	Guernsey	St. Peter Port	03-Sep-23
	10.40	Island Games B Standard				
4	10.08	Amelie Carpentier	U20	Guernsey	St. Peter Port	03-Sep-23
5	8.99	Lauren Gilchrist	U17	Guernsey	St. Peter Port	11-Jun-23

SP4K Women Guernsey 2023

	10.50	Island Games A Standard				
	9.80	Island Games B Standard				
1	8.51	Jen Lindfield		Guernsey	St. Peter Port	20-Apr-23

DT1K Women Guernsey 2023

	32.00	Island Games A Standard				
	30.00	Island Games B Standard				
1	24.64	Jen Lindfield		Guernsey	St. Peter Port	20-Apr-23
2	20.22	Bethany Powell	U20	Guernsey	St. Peter Port	21-May-23

HT4K Women Guernsey 2023

1	44.69	Sia Banbury	U23	Guernsey	St. Peter Port	25-Jun-23
	36.00	Island Games A Standard				
	33.50	Island Games B Standard				

JT600 Women Guernsey 2023

Rank	Perf	Name		Club	Venue	Date
1	36.25	Ali Higgins		Guernsey	St. Peter Port	21-May-23
2	34.46	Rebecca Le Tissier		Guernsey	St. Peter Port	21-May-23
	32.00	Island Games A Standard				
	30.00	Island Games B Standard				
3	29.81	Ulrike Maisch	V45	Guernsey	St. Peter Port	21-May-23