Commonwealth Games Glasgow 2026

Athlete Nomination Policy

Introduction

1 This nomination policy has been agreed by Guernsey Athletics and Guernsey Commonwealth Games Association (GCGA). It provides detail on the process by which Guernsey Athletics will arrive at its nominations to GCGA for the selection of athletes within the Guernsey Team in Glasgow 2026 which will be submitted for consideration.

2 In all cases, the submission by Guernsey Athletics represents a nomination to GCGA for selection. The final decision in selection to the 2026 Games lies with GCGA. Achievement of the nomination criteria therefore represents eligibility for nomination, not selection. GCGA have been advised that some restriction in team numbers per country will occur by means of a maximum team number by travel grant quota. Thus there will be a maximum overall team size that GCGA must abide by.

3 Guernsey Athletics will nominate those athletes that have qualified under both the Guernsey Athletics nomination criteria stated below and the relevant eligibility criteria outlined in Form 1 of the GCGA Appendix A. In exceptional circumstances, Guernsey Athletics can nominate an athlete who has not strictly met the nomination criteria and will be required to write to the directors of the GCGA to support the exceptional nomination.

Nomination Policy Aim

4 To nominate a team of athletes capable of competing and representing Guernsey with genuine distinction at the 2026 Commonwealth Games, and the aim to drive up standards in the sport.

Athlete Eligibility

5 Prospective team members must fulfil the eligibility criteria which are outlined in full in Form 1 of the GCGA Appendix A.

6 Where prospective team members do not comply with the above they will only be nominated for final selection if they receive prior dispensation from the CGF.

Nomination criteria

7 The CGF has requested Commonwealth Games Associations (“CGA’s”) to increase the standard of athletes representing their country/nation at the Games. This is reported to be aimed at increasing elite athlete attendance, to attract higher media attention and sponsors, and improve athlete experience at the Games. The contents of this section are written to reflect and support this.

8 To be considered for nomination, Athletes must have achieved one valid “A” or “B” standard. Performances are counted as valid Guernsey Athletics “A” or “B” standards if they;

a. meet or exceed the performance shown in Table 1.0, and;

b. are achieved during the Qualification period (paragraph 9), and;

c. are achieved in an Eligible Competition (paragraph 10), and;

d. meet the additional criteria (paragraph 11);

Table 1.0:

Men		Event	Women	
A Standard	B Standard		A Standard	B Standard
10.25	10.50	100m	11.45	11.75
20.75	21.30	200m	23.40	24.10
46.10	47.25	400m	52.50	54.30
1:47.00	1:50.00	800m	2:02.00	2:06.00
3:38.35	3:44.25	Mile (Qualifying time set for 1500m)	4:10.00	4:17.85
13:45.50	13:55.00	5,000m	15:35.00	16:07.20
28:35.00	29:35.00	10,000m	32:40.00	34:00.00
8:57.10	9:13.20	3,000m SC	10:15.50	10:33.90
13.90	14.35	110mH / 100mH	13.40	14.10
50.65	52.35	400m H	58.20	60.35
2.20	2.10	High Jump	1.83	1.77
4.98	4.83	Pole Vault	4.10	3.93
7.60	7.40	Long Jump	6.30	6.05
16.00	15.50	Triple Jump	13.25	12.85
18.35	17.80	Shot Put	16.20	15.60
58.50	56.75	Discus	52.50	49.00
67.15	65.15	Hammer	61.00	58.50
71.00	69.00	Javelin	48.20	47.00
7100	6885	Decathlon / Heptathlon	5000	4850

9 Qualifying performances must be achieved within the “Qualification Period” which is defined as follows;

From: 1 January 2025

To: 5 March 2026

However, results attained in 2024 *may* be considered for nomination

10 Qualifying performances must be achieved at one of the following competitions;

a. Any event organised or sanctioned and certified by the World Athletics, its area associations or its member federations

b. Any event where a licence has been granted by British Athletics

c. In the case of Marathon events, performances must be achieved in events that have been permitted by Run Britain, or a higher accreditation

Any competitive performances outside of these events will only be given consideration if the validity of the performance is confirmed by the appropriate standard of officials and is accepted at the discretion of the Nomination Panel.

11 Qualifying performances must meet all of the following additional criteria;

a. Wind assisted performances will not be accepted

b. Hand timed performances will not be accepted for qualification purposes for events of 800m or below

c. Indoor/Short Track performances for all events will be accepted

d. Performances in mixed events between male and female participants, held completely in a stadium, may be accepted under specific circumstances

e. In all field events, only the single best trial from within a single competition series will be accepted

f. Multiple performances in official Championships, of County level or higher, achieved in the same discipline on a single day, will all be counted as separate qualifying marks. In all other cases only one performance per day will be counted as follows;

i. In track events only the fastest official result of the day will be counted

ii. In throwing events, only the result of the first competition of the day will be counted

iii. In horizontal jumping events only the results of the first competition of the day will be counted unless every mark achieved by the athlete was wind assisted in which case a second competition held under better conditions will count

iv. In vertical jumping events only the results of the first competition of the day will be counted unless the competition was abandoned for safety reasons in which case a second competition held under safer conditions will count

12 The minimum age of athletes permitted to compete at the 2026 Commonwealth Games is governed by World Athletics rules, as follows;

a. Junior Athletes: any athlete aged 18 or 19 on 31 December in the year of competition may compete in any event except the Marathon

b. Male Youth Athletes: any athlete aged 16 or 17 on 31 December in the year of competition may compete in any event except the throwing events, Decathlon, 10000m and Marathon

c. Female Youth Athletes: any athlete aged 16 or 17 on 31 December in the year of competition may compete in any event except the 10000m and Marathon

d. Athletes younger than 16: no athlete younger than 16 years of age on the 31 December in the year of competition may be entered

13 In making their nominations to the GCGA, the Guernsey Athletics nomination panel will use the following criteria;

Individual Events;

a. Any eligible athlete who has achieved a valid “A” standard performance (Table 1.0), within the qualification period (paragraph 9), in recognised competition (paragraph 10) and whose performances fulfil the criteria in paragraph 11, will automatically receive a nomination from Guernsey Athletics to the GCGA. Please note that this does not guarantee selection, as outlined in paragraph 2. Guernsey Athletics will include a strong recommendation of selection to GCGA to highlight the quality of the performance

b. Any eligible athlete who has achieved a valid “B” standard performance (Table 1.0), within the qualification period (paragraph 9), in recognised competition (paragraph 10) and whose performances fulfil the criteria in paragraph 11, will be strongly considered for a nomination from Guernsey Athletics to the GCGA. In the event that a nomination is made, GCGA will consider the nomination as a lower priority selection than athletes who have attained “A” standards

c. At its sole discretion, the nomination panel may consider nominating an athlete who has not achieved the relevant “A” or “B” standard, but who they strongly believe has the potential to represent Guernsey with distinction in 2026 and at the next Commonwealth Games in 2030

Relay Events;

a. A relay team may be formed comprised of athletes who are nominated and ultimately selected for individual events. If a member of the team is ultimately not selected following nomination, then the relay team will not be selected either

b. There will be no qualifying standards set for the relay events, with the decision to enter teams comprised of athletes already selected individually being the responsibility of the athletics team manager and Guernsey CGA management team

14 The onus of providing evidence of the achievement of a performance rests with the athlete / coach

15 An athlete will only be nominated for selection in events where they have achieved an “A” of “B” standard. At its sole discretion, the nomination panel may nominate an athlete for an additional event where they are close to the “B” standard, so long as it will not adversely affect the event for which they have achieved a standard