Road and Cross Country Volunteer Roles

Role	Description	Requirements	Equipment
Bib collection	Register runners before the start of the race and hand out bibs and safety pins Respond to general questions or refer them to the Race Director	* No prior experience, but will be briefed by Race Director * Fast and accurate number recognition	Warm /waterproof clothing Hi viz vest will be provided
Canteen team	Working with another volunteer, set up and operate the hot water urn Make hot drinks for athletes and spectators Respond to general questions or refer them to the Race Director	* No prior experience, but will be briefed by Race Director and work as part of a team * Ensure safety and that hot urn is kept away from athletes and spectators, especially any children * Available 30- 45 minutes before the start of the race * Good organisational skills	Warm/waterproof clothing Tea, coffee ,milk, sugar and cups will be provided
Course set up team	Mark the course, set up signs and take down after the race	* No prior experience, but will be briefed by Race Director and work as part of an experienced team * Able to read a course map * Physically fit	Warm/waterproof clothing Mobile phone Ideally own transport
Finish line marshal	Assist with organising the finishing line funnel and supporting athletes at the end of the race Seek emergency assistance as necessary. Respond to general questions or refer them to the Race Director	* No prior experience, but will be briefed by Race Director and work as part of an experienced team * Good communicator	Warm /waterproof clothing Hi viz vest will be provided
First aider	Provide initial first aid to athletes and spectators at XC races (St Johns cover road races) Call ambulance if necessary	* First aid qualification/medical training * Able to operate an AED (automated external defibrillator)	Mobile phone Hi viz vest will be provided

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Marshal	Located around the course, you will guide runners around the course. Ensure everyone is safe and cheer them on Respond to general questions or refer them to the Race Director Seek emergency assistance as necessary	* No prior experience, but will be briefed by Race Director * Able to stand for the duration of the race	Warm /waterproof clothing Hi viz vest will be provided Mobile phone
Spotters	Working in pairs, record bib numbers in the order that runners cross the finishing line Seek emergency assistance as necessary Manage the finishing line funnel	* No prior experience, but will be briefed by Race Director and paired with an experienced volunteer * Able to stand for the duration of the race * Good eye sight	Warm /waterproof clothing Hi viz vest will be provided Clipboard will be provided
Sweeper bike	Follow behind the last runner and keep the Race Director, commentator and marshals informed of progress and any incidents Seek emergency assistance as necessary	* Ability to cycle slowly behind the race * Some first aid experience helpful	Warm /waterproof clothing Cycle and helmet Mobile phone
Timekeeper	Working in pairs, record finishing times as runners cross the finishing line Liaise with spotters during and at the end of the race to identify any finishers not recorded Ensure safety of runners and spectators in the finish line area Start large clock at beginning of race	* Some finish line experience useful, but you will be paired with an experienced volunteer * Ability to work quickly under pressure * Fast and accurate number recognition * Good eyesight * Good communicator * Able to stand for the duration of the race	Warm /waterproof clothing. Fingerless gloves useful Hi viz vest will be provided Stopwatch and clipboard will be provided
Van driver	Linked to course set up/take down as van carries equipment	Full driving licence	Hi viz vest will be provided

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	Drive van as directed be Race Director Transport athletes' bags between start and finish line		Mobile phone
Water station	Working as part of a team, hand out water to athletes during the race Collect any discarded bottles after the athletes have passed the water station	* No prior experience, but will be briefed by Race Director and paired with an experienced volunteer	Warm /waterproof clothing Hi viz vest will be provided